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THE FORGOTTEN LANDS

CAFDA



CAPE FLATS DISTRESS ASSOCIATION



TWELFTH ANNUAL REPORT

1955

"CAFDA IS CAPE TOWN'S CONSCIENCE"

Cape Flats Distress Association

CAFDA

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CAFDA Utility Company Board

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Adv. P. Charles (Chairman)
Mr. S. W. Coetzee
Mr. H. H. Esslinger
Mr. Jan H. S. Hofmeyr
Mr. Peter Leigh
Cllr. Norman Murray
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Mr. C. Pama
Cllr. W. H. Ross
Mr. J. A. V. Ruck
Mr. Gordon Searle
Mr. O. L. Turner
Dr. R. E. van der Ross

Warden

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*All Photographs in this Report by
Lewis Lewis*

PREFACE

For the first time CAFDA presents an illustrated report. We do this to fill in the cold language of statistics mentioned in last year's Preface. For the thousands of Cape Town's citizens who have never seen a real pondokkie, these two pictures should bring home to them the tremendous effort made by so many of their fellow-citizens to lead a life of dignity in the face of appalling circumstances. The other pictures give life to CAFDA's activities — the harassed face of the woman who has come for help; the children in the nursery; a clothing sale; men at work at the Training Centre—these are the human beings with whom we deal and whom we try to help; many of whom would otherwise lead broken and twisted lives, the bewildered rejects of society.

CAFDA has been visited by very many people, but for those who have not seen CAFDA at work, the pictures should be illuminating. However, do not forget that the stories behind these pictures do not finish with the click of the camera!

FOREWORD

By the Chairman, Bishop Wilfrid Parker

The past year has been memorable for the start of the building of the first houses of the CAFDA Rehabilitation Scheme, after a series of almost heart-breaking delays. As the Acting Warden will be dealing more fully with this I shall content myself by saying that it is my personal conviction that half the crime and misery in the Cape Peninsula would be eliminated if adequate housing were provided for all sections of our multi-racial population. In Pretoria, where I lived for some years, there was practically no crime in the excellent location for Africans, whilst in a neighbouring township where slum conditions prevailed, crime was only too prevalent.

Our Warden, Dr. Wollheim, has been honoured by the Carnegie Corporation of New York in being given a grant which will enable him to make an intensive study of social conditions and rehabilitative work in the United States; he also hopes to visit some other countries. The experience gained will be of great value to CAFDA when he returns to us later in the year. The Carnegie Grant, though a generous one, does not cover all expenses, and consequently some of the friends of CAFDA have made a special contribution towards these expenses, since obviously this could not be met from the ordinary income of CAFDA. During the Warden's absence his work will be in the capable and experienced hands of Mr. D. Findling, who, happily for CAFDA, has been a member of the staff for some eight years.

CAFDA's income is a chronic source of anxiety. A great emergency, such as a flood disaster, arouses generous emotions, and produces considerable support. But the last thing that we would wish for is another disaster. We need *regular* support for our day-to-day work, and I appeal to everyone who reads this Report to give us regular help, no matter how small, lest our work has to be restricted; for unless increased support is forthcoming that would be the lamentable and inevitable result.

Once again the Executive Committee thanks most warmly those who, in various ways, give such valuable help to CAFDA, both financially and by personal service in one form or another. We thank other Welfare Agencies, Government Departments, Municipal and Divisional Councils, and, last but not least, the Staff, whose enthusiasm for the work which CAFDA tries to do leads them to give much more of their time than "office hours" demand.



"From hovel . . .





... to home."

WARDEN'S REPORT

A PLACE TO LIVE . . .

We have long been aware that a cramped and crowded life in a pondokkie, subject to winter floods, has made final rehabilitation of many families an impossibility. The relief we have given has often been only a palliative; we have been unable, in a great number of cases, to set a family completely on its feet, to enable them to live a normal life. For this reason we embarked upon our rehabilitation scheme as long ago as 1952, when the Warden's Report was headed "Where Shall We Go . . . ?" The CAFDA Utility Company was then formed and transfer of 60 acres of land at Retreat was taken while an application for permission and funds to build the first 318 houses were completed. Little did we know at that time of the tremendous difficulties that awaited the Company, and little does the public know of these difficulties. It has been through no lack of effort on CAFDA's part that the building of these houses has been so long delayed, and there has been a time of continuous worry and anxiety for all concerned with the project. Many times the project was rejected by the authorities, and tribute must here be paid to the Directors, and especially to the Managing Director, of the CAFDA Utility Company for the perseverance and hard work in seeing this project through.

At the time of writing this report the first 200 letting units of the scheme are in the course of construction and the first group of 20 families will be moving in during the next few days. It is heartening

that, after all these years, the ideal so long envisaged is now coming to fruition, but unfortunately the loan from the National Housing Commission does not cover inside doors, electric light or showers, and for these we have to raise the money ourselves. A special appeal has been launched by the CAFDA Utility Company to provide these essentials for decent living.

The first 200 houses consist of a living room, two bedrooms, a kitchen and shower-room/future closet.

The rehabilitation scheme we have in mind has three phases: Phase A consists of housing the families who require complete social rehabilitation. There will be supervision, help, advice and encouragement by social workers. We hope that these families will be rehabilitated in a comparatively short time and then capable of entry into Phase B, where there will be much less supervision and they will largely be left to handle their own affairs. Phase C, as envisaged, will be some form of home ownership scheme.

Ample provision is made in the scheme for community and leisure time activities. Some presently existing buildings can easily be converted into future nurseries, hobby rooms, a clinic, community hall, etc. Space has been allotted for a church, a school and playing fields.

This, so far, is CAFDA's most ambitious scheme and one that should pay most valuable dividends in terms of human welfare and happiness. We still need much moral and financial support from the public to see it through.

ACTIVITIES AT CAFDA

SOCIAL WORK

"You cannot help men permanently by doing for them what they could, and should, do for themselves."

—Abraham Lincoln.

The activities of CAFDA come to the notice of the public about once a year, usually during severe winter rains. But our social welfare work is continuous all the year round.

Lincoln's quotation above has been the spirit behind our work for many years, and now that the housing and rehabilitation scheme is a reality our social workers are tremendously encouraged to feel that they will be in a position to rehabilitate many families fully, and will not have to continue with so much mere "patch-work" assistance.

However, we are seriously handicapped by the fact that the Welfare Staff consists only of the Welfare Officer and three social workers. The financial position of CAFDA is such that we cannot employ extra staff, and with the additional work entailed by investigating applications for houses in the new scheme the staff are finding it very difficult indeed to cope. A fund-raising appeal is planned, and we are calling for volunteers for the Fund Raising Committee to carry out these plans.

The following statistics give an indication of the amount of work carried out by the Welfare Department.



"Please tell me what to do."

WELFARE DEPARTMENT STATISTICS
for the Year Ending 31st December, 1955

	1954	1955
Cases handled: Coloured	1357	1430
African	368	251
European	8—1733	15—1696
Municipal area	1083	1056
Other areas	644	637
Cases with no fixed address	6—1733	3—1696
Cases carried forward	623	879
New cases	1110—1733	817—1696
Home visits	1263	1291
Visits to other agencies	46	51
Interviews recorded	3964	3683
Not recorded	385—4349	965—5990
Cases referred from other agencies:		
New cases	192	171
Old cases	(82)	(103)
New cases (direct approach)	918—1110	646—817
Cases referred to other agencies	191	214
No. of clinics attended at R.S.C.	54	44
No. of clinics attended at P.G.D. Clin.	—	48
No. of families supervised at Jersey		
Farm	14	8
Analysis of Relief Given		
Food rations	368	248
Clothing	183	108
Cash	60	34
Miscellaneous	25—636	6—396

Analysis of Case Problems

	1954		1955	
	Total No. of Problems	No. of cases in which relief was given	Total No. of Problems	No. of cases in which relief was given
Old-age Pensions	109	18	71	7
Blind Pensions	2	2	2	1
Disability Grants	44	16	46	11
Maintenance Grants	23	13	9	4
Ex Volunteer	6—184	4—53	2—130	2—25
Employment in open labour market	207	80	262	49
Sheltered Employ- ment (mostly ITC)	126—333	14—94	88—350	5—54
Medical	243	143	243	98
Mental	22	5	16	1
Admission to hospi- tals and homes	2—267	0—148	1—260	0—99
Housing advice and disputes	162	7	369	9
Ejectments	9	2	3	
Emergency accom- modation	19—190	5—14	2—374	1—10
CAFDA Nursery	122	3	90	1
Bloulei Nursery School			55	
Child neglect and juvenile delinq.	11	3	18	3
Marital and non- support	96—229	48—54	62—225	17—21
Criminal	28	14	10	6
Legal	13	2	13	1
Repatriation	4—45	1—17	4—27	1—8
Miscellaneous	147	36	237	37
Fire cases	71	54	88	73

Comparative Figures for 1954 and 1955

	Number of Problems		Percentage of Total Problems	
	1954	1955	1954	1955
Pensions and Grants	184	130	13	8
Employment	333	350	24	22
Medical	267	260	19	16
Housing	190	374	13½	23
Child welfare and marital	229	225	16½	14
Criminal, legal and repatriation	45	27	3½	2
Miscellaneous	147	237	10½	15

	1954	1955
Christmas food parcels, issued free	265	410*
Soup issued free	pints 2015	1047
Blankets issued free	70	168
Christmas parties (with gifts):		
Old People	251	250
Children under 6	150	100
Children 6—12	413	450

* This figure includes food parcels given to aged people at their Christmas party.

CASES HANDLED AND ANALYSIS OF CASE PROBLEMS

During 1955 the Department had to deal, as usual, with a wide variety of problems. A great deal of work has been done on housing investigations for the Rehabilitation Scheme, for which every application is thoroughly investigated, wherever possible a complete family history being taken. This enables the social worker to diagnose properly the basic problems in the family, to work out the prognosis and the plan of treatment. All this obviously takes time, and accounts for the slight drop in "Cases Handled."

Employment

In the open labour market and Training Centre: Two categories of employment are considered, the first being of persons who for a number of reasons cannot be placed in employment through the usual channels. Such people are those who have been out of work for a long time, the semi-fit, those who have just recovered from an illness, etc. The second category refers to persons disabled and who have made application to be retrained at the CAFDA Industrial Training Centre, jointly financed with the National Council for the Care of Cripples. This department works in very close collaboration with the Department of Labour, and our great thanks and appreciation are due to the Department of Labour for their continuing valuable assistance and co-operation.

Medical

Extremely useful co-operation exists between this department, the Retreat Students' Clinic and the Prince George Drive Clinic, all of the utmost value to the people we are trying to assist. Our social workers attend every clinic evening.

Relief

Relief is given in emergency cases and full investigations to find the reason for the need for relief are done as quickly as possible. It is sometimes necessary to give material relief to families for a considerable time, but the greatest efforts are made to put "relief families" on their own feet as quickly as possible. It should be understood that it is impossible to show the amount of relief given in the Balance Sheets as a large amount of foodstuffs, goods, etc., donated to CAFDA and handed out as relief cannot be entered in our books at their true value.

Marital and Non-support

Amongst the most difficult matters for the social worker to deal with are those of non-support. If the husband deserts, his family is usually left completely destitute and no Government grants are available for the first six months after desertion; the family is generally forced to live from relief given by welfare organisations. In our opinion a revision and tightening-up of the Government regulations to deal with cases of desertion and non-support are overdue.

WINDERMERE

As reported in 1954 Annual Report, the Students' Health and Welfare Centres Organisation (Shawco) has made tremendous strides in Windermere. By mutual agreement our activities in Windermere were handed over to Shawco on the 29th June, 1955, when CAFDA's property there was handed over to Shawco at cost price.

The need in Windermere is great and, with the larger resources behind them, we are convinced that Shawco will be able to do more in Windermere than has ever been done before.

CAFDA DAY NURSERY



"Lunch-time in the Nursery."



"Give us this day . . ."

DAY NURSERY		1954	1955
Total possible attendance	11031	10616
Actual attendance	8825	9111
Percentage of possible attendance	80	85.8
Average daily attendance	37.1	38.2
Number of days open	238	238
Age Distribution (December):			
1—2 years	6	
2—3 years	9	11
3—4 years	10	9
4—5 years	16	10
Over 5 years	6	17
Number of meals served	26475	27333
Costs:			
Provisions	£758	£895
Wages	364	328
Salaries	320	283
Other	33	18
		<hr/>	<hr/>
		£1475	£1524
Income:			
Paid by parents	164	207
Subsidy, Dept. of Social Welfare	331	342
Other		45
		<hr/>	<hr/>
		£495	£594
Cost per attendance	2/31d.	2/0½d.

Blouvlei Nursery School

On the 9th May, 1955, the Blouvlei Nursery School, financed by a grant from the Rag Fund and the Parent Teachers' Association of the Barkly House Nursery School, was opened. The Nursery School satisfies a tremendous need in the Blouvlei and Retreat areas. A combined Management Committee consisting of representatives of the Barkly House Nursery School, the Retreat Students' Clinic and CAFDA administered the school during the first difficult months, and now by general agreement the administration has been handed over to the Athlone Nursery School Management Committee.

CLOTHING AND MERCHANDISE

Sales:		1954	1955
Retreat, clothing and blankets	£8339	£1875
Windermere	302	49
Retreat, merchandise	1272	628
		<hr/>	<hr/>
		£9913	£2552
Purchases:			
Blankets	244	272
Mending, Clothing and Material	219	228
Merchandise	71	50
Wages and Sundries	62	446
		<hr/>	<hr/>
		£596	996

Note: The 1954 figures for Mending includes Clothing and Materials purchased.

The 1954 figure for Sundries does not include wages.



“To clothe the family.”

Merchandise

During the 1954 flood we experienced great difficulties in storing goods prior to distribution to flood victims, and the need for such a storage room at CAFDA became urgent. A new building costing approximately £630, of which £550 (£150 of which was received in 1956) kindly donated by the Cape Region of the S.A. Red Cross, has been erected. Apart from the emergency functions, this Store, during normal times, is used for the storage and distribution of general household merchandise donated to CAFDA by the public. The destitute are supplied free and the remainder are charged nominal sums at carefully controlled and fully recorded sales. Our grateful thanks are due to the Red Cross Society for their generous help, not only for this store, but at all times.

WATER SALES

	1954	1955
Vrygrond, January to December	Gallons 555,000	439,000

The water sales at Vrygrond were started a few years ago to counteract the black market in water selling in this area. CAFDA sells water at 1d. for 8 gallons instead of the black market figure of 3d. to 6d. for 4 gallons. The tap is provided by the Cape Town Municipality, and operated by a disabled person paid by CAFDA.

SOUP KITCHEN

	1955
Expenditure	£82
Receipts	£34
Period operated	Weeks 8
Total issue	Gallons 1148
Cost per gallon	9½d.

Note: A comparison between 1954 and 1955 figures is not practical as 1954 figures included soup issued during the flood.

PROVISION STORE		1954	1955
Total net purchases	£9251	£11678
Wages	1352	1263
Transport and sundries	255	356
		£10858	£13297
Sales	10732	13435
	Loss	£126	
	Gain		£138

INDUSTRIAL TRAINING CENTRE

In close co-operation with the Cape Cripple Care Association the rehabilitative work at our Training Centre was greatly intensified during the last year, when the number of trainees was increased to 53 from 31 (average) in 1954. During 1955, 21 men were successfully placed as semi-skilled workers in various industries, amongst them one man with two artificial legs. In 1956 it is hoped to start a training scheme for disabled women.

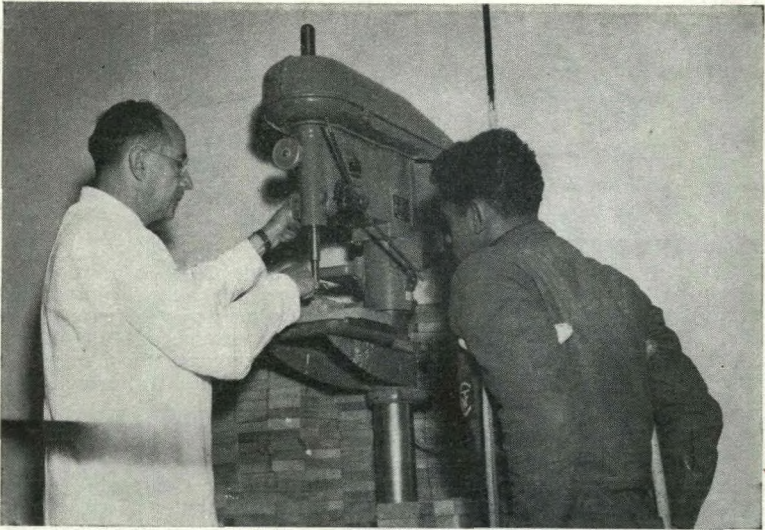
The work executed at the Centre consisted practically entirely of sub-contracts for other industries.

The official opening of the extended Training Centre in August, 1955, proved a most successful function and contributed largely to an increased public interest in our work.

We thank all members of the Management Committee for their fruitful work in directing the affairs of the Training Centre and wish particularly to record our appreciation of that which Mrs. Dr. Roux, Chairman of the Cape Cripple Care Association, has been doing, and continues to do. The close co-operation between the National Council



“Not disability but ABILITY counts.”



"This is how you do it . . ."

for the Care of Cripples, the Cape Cripple Care Association and CAFDA has been most pleasant and successful. The wages of the trainees are subsidised by the Department of Labour, and without this subsidy it would be impossible to carry on this rehabilitative work, which is of such demonstrable value to the community.

Our Management Committee is in close touch with developments and plans in the field of rehabilitative work promoted by various agencies, and it is to be expected that the integration of disabled workers into industry will be intensified in the near future.

Statistics

For financial statements see pages 18 to 23.

Average number of trainees, 47 (31 in 1954).

Average cost per trainee per month, £4 3s.

We give some interesting production figures illustrating the variety of activities at our Training Centre (comparative figures for 1954 are in parentheses):

Produced:	67,000 Switchblocks	(6,300)
	8,000 Blackboard dusters	(25,000)
	7,300 Drawing Boards	(6,200)
	6,000 Chairwashers	(nil)
	5,000 Vaccine cases	(4,500)
	4,530 Table tops	(3,150)
	2,000 Chair seats	(nil)
	2,000 Chair backs	(nil)
Assembled:	100 Work benches	(nil)
	8,610 Motor-car radiator tubes	(nil)
	1,010 Pairs Shoe-uppers	(nil)
	150 Blackboards	

COMMUNITY ACTIVITIES



"Training for the future."

Clubs

Community activities at CAFDA have gone ahead during 1955. In addition to the Girls' Club featured above, which has approximately 50 members, there are Boys' Clubs, Sewing Groups, an Art Class, a Soccer Football Club and Boxing Clubs. Saturday matinee and evening Cinema Shows are given and are extremely popular. Sunday School is held regularly and the Cape Non-European Night Schools Association holds regular classes for the Trainees of the CAFDA Industrial Training Centre.

Sports Ground

As reported in the 1954 Annual Report, some 8 acres of land for use as a sports field have been made free from inundation. The fields have been fenced and grassed, a Board of Control and a Management Committee have been set up; it is hoped that the fields will be in full use during 1956. The early initiative of Cape Town Round Table No. 9 and the valuable co-operation of the National War Memorial Health Foundation are very much appreciated.

"TIN FOR CAFDA" WEEK

During the year the "Tin for CAFDA" Week was organised by voluntary workers. This function proved a great success and the tins of foodstuffs collected were put to good use for food parcels for destitute families and old people at Christmas time. Here again voluntary workers have given invaluable service.

CHRISTMAS CELEBRATIONS

13th December, 1955: Approximately 100 children under the age of 6.

14th December, 1955: Approximately 450 children aged from 7-14 years. (Approximately 2,500 children of all ages turned up, and it is still a wonder to the CAFDA staff that they were able to supply each one of them with a toy or sweets!)

15th December, 1955: Approximately 250 aged people, each of whom received a food parcel and a gift.

Carols by Candlelight once again assisted with donations of toys, which helped considerably to make these parties a great success.

Approximately 260 destitute families were provided with food parcels of an average value of £3 per parcel, contents of which were donated by various firms in Cape Town, and the proceeds of the "Tin for CAFDA" Week were also used.

PUBLIC RELATIONS

During the year the Warden, Dr. O. D. Wollheim, addressed many meetings to publicise CAFDA'S work. The CAFDA Film has been shown to many groups of people and has proved most popular. We should be pleased to show the film to Clubs, Societies and Associations or any groups of interested people.

FUND RAISING COMMITTEE

This Committee, under the Chairmanship of Bishop Wilfrid Parker, has been active during the year and is planning fund-raising activities during 1956. A great deal of valuable work has been accomplished by this Committee, and our special thanks are due to those who have worked so hard to raise funds for CAFDA. More members are needed. If you feel you can help, please get in touch with CAFDA—we shall be delighted.

VOLUNTARY WORKERS

It would be impossible to carry on CAFDA'S work without the help of voluntary workers. These public-spirited people help to run our Clubs, serve on all CAFDA'S committees, organise sewing groups for the Clothing Store, help with the Soup Kitchen, provide transport and do a host of other jobs too numerous to mention. We are deeply indebted and sincerely grateful to them.

D. FINDLING,
Acting Warden.

FINANCE AND GENERAL PURPOSES COMMITTEE REPORT

During the year under review, the Finance and General Purposes Committee met once a month to consider financial statements, receive reports from heads of Departments and discuss recommendations to be made to the Executive Committee.

Balance Sheet

The figure for Land and Buildings now stands at £14,494, instead of £16,731 in 1954. Most of the difference is accounted for by the fact that CAFDA disposed of its entire interest in the Windermere Centre to the Students' Health and Welfare Organisation (Shawco), which is now solely responsible for its maintenance.

The figure for Sundry Creditors has increased by about £1,000 and the figure for Trade Debtors has decreased by about £1,200, as compared with 1954.

General Revenue and Expenditure Account

The figures show an excess of Expenditure over Income amounting to £1,976, compared with an excess of Income in 1954 amounting to £2,911.

This does not make pleasant reading, though in one sense it is gratifying; there were no floods in 1955.

Our Chairman has already mentioned in his foreword that CAFDA should not have to depend on disasters for its income, since its work has to go on, whatever the state of the weather.

An organisation of this nature, depending almost entirely on the generosity of the public, is inevitably faced by the paradox that as its costs rise under inflationary pressure, so does its income tend to fall. One can only hope that our regular donors will continue their generosity of the past and that their number will continue to grow.

Industrial Training Centre Revenue and Expenditure Account

After deducting the contribution from the National Council for the Care of Cripples, amounting to £1,000 for 1955 plus £750 for 1954, the accounts reveal a loss of £1,587 as compared with £1,025 in 1954.

This increased loss is largely due to the fact that during the year the number of trainees increased to 53 from 31 in 1954.

The loss is a heavy burden for Cafda to carry, though the amount itself will not seem a vast one to anybody who has witnessed the almost miraculous transformation of a useless human hulk into a happy, self-respecting and self-supporting member of society.

It should be pointed out that the figure of £265 for Car and Traveling Expenses includes travelling allowances made to trainees, many of whom live at a considerable distance from CAFDA and who find it well-nigh impossible to pay the whole of their fares out of their meagre earnings.

The cost of training each employee would appear to be higher than in 1954, but this is the result of a more realistic system of accounting. For example, the Secretarial Fee of £250, representing the time spent on Industrial Training Centre accounts by CAFDA office staff, was not charged at all in 1954.

The General Revenue Account is not in any way affected, but the Industrial Training Centre accounts show a more accurate picture.

It is to be hoped that lack of funds will not compel CAFDA to curtail any of the activities which are so necessary in the poverty-stricken areas it serves.

G. T. SEARLE,

Chairman, Finance and General Purposes Committee.

THE CAPE FLATS

BALANCE SHEET

LIABILITIES		£10937
Trust Creditor — University of Cape Town Rag Committee		177
Sundry Creditors		7036
Johannesburg Building Society		3724
(Loan Account secured by Mortgage Bonds over Land and Buildings as per Contra)		—
DEVELOPMENT FUND		43
TRUST FUNDS		1052
CAFDA Research Fund		420
Penny Bank		181
University of Cape Town Rag Committee		451
SPORTS GROUND		—
Grant received from Coloured Affairs Department		750
Less: Expenditure on developing Sports Ground (including Expenditure in previous years)		234
		516
Less: Amount handed over to Joint Board of Control with National War Memorial Health Foundation		516
REVENUE AND EXPENDITURE ACCOUNT		11632
Balance 1st January, 1955		13715
Add: Grants received or due		971
National Council for Cripple Care — for Industrial Training Centre Equipment	421	
Red Cross Society — for Extension to Merchandise Store	550	
Add: Amount realised on Sale of Windermere Equipment		279
		14965
Less: Adjustment on Sale of Windermere Land (Difference between Sworn Appraisal Value and Cost)	425	
Bloulevi Nursery Land and Buildings (Transfer of Land not proceeded with)	511	
Industrial Training Centre Equipment written off	421	
		1357
		13608
Less: Excess of Expenditure over Income for the Twelve Months ended 31st December, 1955		1976
		£23664

We have examined the Books and Accounts and Vouchers of the Association and have obtained all the information and explanations we have required. We have satisfied ourselves of the existence of the securities. Proper Books and Accounts have been kept. The Industrial Training Centre Stocks have been estimated. Subject to this remark, in our opinion, the above Balance Sheet is properly drawn up so as to exhibit a true and fair view of the state of the Association's affairs

DISTRESS ASSOCIATION

31st DECEMBER, 1955

ASSETS—		
CASH	1562
On Hand	53
At Bank	1043
On Savings Account	466
SUNDRY DEBTORS	2862
Grants and Subsidies Unpaid	1484
Trade Debtors and Sundries	1327
Loan Accounts	51
STOCKS ON HAND—As per Managerial Certificate	1513
Provisions	1013
Industrial Training Centre Stocks (Estimate)	500
DEVELOPMENT FUND INVESTMENTS	43
(Including Accrued Interest)		
Savings Bank Accounts		
TRUST INVESTMENTS	1052
CAFDA Research Fund	420
Penny Bank	181
University of Cape Town — Rag Committee	451
Savings Bank Accounts		
FURNITURE AND EQUIPMENT	1
At Nominal Value		
MOTOR VEHICLES	1706
At Cost, less Depreciation		
LAND AND BUILDINGS	14494
On Prince George's Drive, Retreat—At Cost, less Depreciation (Mortgaged as per Contra)	13244	
Land at Grassy Park—At Sworn Appraisalment Valuation	1250	
EXPENDITURE IN ADVANCE	431

 £23664

according to the best of our knowledge and the explanations given to us and as shown by the Books of the Association as at 31st December, 1955.

GURNEY, NOTCUTT & FISHER,
Chartered Accountants (S.A.)
Auditors.

Cape Town,
16th March, 1956.

THE CAPE FLATS
GENERAL REVENUE AND EXPENDITURE ACCOUNT

To	ADMINISTRATION EXPENSES		£6507
	Audit Fees	103	
	Bank Charges	11	
	Electricity and Water	308	
	Insurances	209	
	Interest on Overdraft	3	
	Maintenance, Caretaking, Repairs to Buildings, Cleaning, etc.	1133	
	Printing and Stationery	169	
	Publicity	36	
	Salaries	3476	
	Kitchen	207	
	Sundry Expenses	230	
	Superannuation Fund Contribution	335	
	Telephones, Telegrams and Postages	234	
	Unemployment Insurance	53	
	INTEREST ON BOND		231
	NET COST OF NURSERY ACTIVITIES		959
	Day Nursery		930
	Net Expenses	1272	
	Less: Subsidy from Social Welfare Department	342	
	Watersprites' Nursery		29
	NET RELIEF AND SOCIAL WELFARE EXPENSES		6026
	Club Activities		6
	Grants in Cash and Goods (Including Travelling Expenses)	676	
	Salaries	3030	
	Industrial Training Centre—As per Annexure "A"	1587	
	Soup Kitchen	48	
	Transport	614	
	Christmas Celebrations	46	
	Sundries	19	
	Blouville Nursery School		—
	Expenses	947	
	Less: Subsidy from University of Cape Town—Rag Committee	947	
	FURNITURE AND EQUIPMENT PURCHASED DURING THE YEAR—WRITTEN OFF		7
	AMOUNTS WRITTEN OFF		760
	Buildings	173	
	Vehicles	587	
			£14490

Stocks on hand of the Industrial Training Centre were estimated. Subject to this remark, we report that to the best of our knowledge and belief, and according to the information supplied to us, the above Accounts reflect a true statement of the Revenue and Expenditure for the twelve months ended 31st December, 1955.

DISTRESS ASSOCIATION**FOR THE TWELVE MONTHS ENDED 31st DECEMBER, 1955**

BY DONATIONS AND FUNCTIONS	£8595
Donations	6312
Bequests	516
Street Collection	614
Ideas and Functions	1153
" GRANTS	825
Corporation of the City of Cape Town	250
Divisional Council of the Cape	75
University of Cape Town—Rag Committee	250
Retreat Students Clinic	250
" NET PROCEEDS FROM COMMUNITY CENTRE'S ACTIVITIES	2007
Old Clothes, Blankets, Merchandise, etc.	1556
Cinema	438
Water Distribution	13
" ADMINISTRATION FEE—THE CAFDA UTILITY COMPANY	120
" SECRETARIAL FEE — INDUSTRIAL TRAINING CENTRE	250
" RENT — PROTOTYPE HOUSE	42
" INTEREST ON SAVINGS ACCOUNTS	7
" PROFIT ON SALE OF VEHICLES	530
" PROFIT ON PROVISION STORE TRADING	138
" EXCESS OF EXPENDITURE OVER INCOME FOR THE TWELVE MONTHS ENDED 31st DECEMBER, 1955	1976

 £14490

GURNEY, NOTCUTT & FISHER,
Chartered Accountants (S.A.),
Auditors.

Cape Town,
16th March, 1956.

ANNEXURE "A"

THE CAPE FLATS

INDUSTRIAL

REVENUE AND EXPENDITURE ACCOUNT FOR THE

To STOCKS ON HAND, 1st JANUARY, 1955	£596	
Add: MATERIALS PURCHASED	2270	
		2866
Less: STOCKS ON HAND, 31st DECEMBER, 1955 (Estimate)		500
" WAGES		2366
" PLANT MAINTENANCE		5311
" ELECTRICITY		104
" CAR AND TRAVELLING EXPENSES		73
" SECRETARIAL FEE		265
" WORKMEN'S COMPENSATION INSURANCE		250
" TELEPHONE AND POSTAGES		30
" SUNDRY EXPENSES		60
" AUDIT FEE		82
		5
		£8546
To WOODWORK SECTION—NET LOSS brought down		1593
" SHOE REPAIRING SECTION		157
Materials and Wages	322	
Less: Wages Subsidy	90	
Sales	75	
		165
" SALARIES		1233
Paid	1933	
Less: Grant received from the National Council for Cripple Care	800	
Less Overprovision 1954	100	
		700
" FEEDING SCHEME		354
Meals Charged	866	
Less: Grant ex University Rag Committee	90	
Meal Tickets sold	422	
		512
		£3337

DISTRESS ASSOCIATION

TRAINING CENTRE

ANNEXURE "A"

TWELVE MONTHS ENDED 31st DECEMBER, 1955

By SALES	£4352
" WAGES SUBSIDY	2601
" NET LOSS, carried down	1593

£8546

By CONTRIBUTION TO LOSS RECEIVED FROM THE NATIONAL COUNCIL FOR CRIPPLE CARE	1750
" NET LOSS, for the TWELVE MONTHS ended 31st DECEMBER, 1955	3337
Less: RECEIVED FROM THE NATIONAL COUNCIL FOR CRIPPLE CARE ON ACCOUNT OF CONTRIBUTION TOWARDS LOSS	1750
For 1954	750
For 1955	1000
	1587

£3337

MEMBERSHIP FORM

TO THE WARDEN,
CAFDA,
PRINCE GEORGE DRIVE,
RETREAT.

Dear Sir,

*I wish to become a member of the
Cape Flats Distress Association and enclose
herewith my cheque/postal order/cash for
£.....:.....:....., being 2/6 for member-
ship and the balance as a donation.*

(Signed).....

BLOCK LETTERS

Name.....

Address

.....

.....

EXEMPTION FROM DONATIONS TAX

CAFDA reports with pleasure that the Minister of Finance has exempted all donations made to and by this Association from the Donations Tax, under Section 54 quat (1) (i) and (j) of the Income Tax Act.

WARDEN.

CAFDA

(Cape Flats Distress Association)

IS A GENERAL WELFARE AGENCY AND COMMUNITY CENTRE;

OPERATES IN THE RETREAT/GRASSY PARK AND MOST OF THE CAPE FLATS AREAS;

PAYS SPECIAL ATTENTION TO PROBLEMS OF POVERTY.

WE CAN USE YOUR

Discarded clothes, shoes, furniture, crockery, utensils, tools, musical instruments, playing cards, games, toys, beds, prams., cots, mattresses, knitting and darning wool

IN FACT—ALMOST ANYTHING

Phone 7-9111 FOR LIST OF DEPOTS OR FOR VAN TO COLLECT

DONATIONS (which should be by crossed cheque, money order, postal order, or in a registered envelope) may be sent to

The Warden, CAFDA, Prince George Drive, Retreat,

When one works among people who live half-lives: in overcrowded homes, where children from early childhood live in a morbid atmosphere of orgies, deathbeds, and child-births, where they become acquainted in a shocking manner with the naked facts about the origin of the human being; in filthy streets, and insanitary conditions all round; in abject poverty, very often technically, if not actually, starving to death; having inadequate educational facilities and having very few opportunities of becoming anything but ordinary labourers; then one realises that the refinements of social work lose quite a bit of their usual fascination—they become as sounding brass, or a tinkling cymbal.—News Letter, Cape Town Social Workers' Association, December, 1948.



Within the last twenty years 150,000 Coloured and over 50,000 African people have come to the Cape Peninsula to provide labour for OUR factories.

They came from plain and simple or even primitive surroundings to this complicated and bustling city life.

Little or nothing has been done to house or help these particular people to make the change in this short time.

Most of them earn only half of what it costs them to live.

**THIS REPORT TELLS YOU HOW CAFDA TRIES TO
COPE WITH THIS PROBLEM.**

“Cape Town’s Conscience”

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SOUTH AFRICAN INSTITUTE OF RACE RELATIONS (SAIRR), 1892-1974

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