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Alexandra Health Centre

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REPORT

for 1937



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Second Avenue - - Alexandra Township

Alexandra Health Centre



# Alexandra Health Centre.

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## THE BOARD OF MANAGEMENT.

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Mr. Justice O. D. SCHREINER, Chairman.

Madame Dr. C. DE COTTENS.

Capt. H. L. SELIGSON.

Mrs. C. D. BRIDGMAN.

Mr. H. G. FALWASSER.

Mrs. R. W. DAVENPORT.

Mr. R. STRATFORD.

Rev. J. BRUCE GARDINER.

Mr. C. C. GOCH.

Rev. WILLIAM NICOL.

Dr. A. B. XUMA.

Rev. Dr. DEXTER TAYLOR.

Mr. T. D. NEL.

Dr. W. H. CRAIB.

Mr. R. G. BALOYL.

Mrs. MAURICE FREEMAN.

Mr. A. R. MOATSE.

Mr. C. S. RAMOHANOE.

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Nursing Superintendent: Miss RUTH COWLES.

# Alexandra Health Centre.

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## REPORT OF NURSING SUPERINTENDENT FOR 1937

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Figures only tell a part of the story of this year's work and adventure at the Alexandra Health Centre. As I look back now upon those last months of crowded days and quarters at the old Centre, I wonder how we accomplished even as much as we did, for we have already expanded to fill the new quarters.

One of the things that has helped to lighten the work this year, has been the co-operation of the Township people. A large number of them had a share, either small or large, in the building of the new Health Centre—individuals, schools, church groups, other societies and committees. It was really a triumphant moment when the little daughter of one of my first nurses handed to the Treasurer, on the day of the dedication, a cheque for over one hundred pounds, the contribution of the Township people towards the building fund. And after the opening, as well as before, came the work of the fine Women's Committee preparing for and then serving tea to hundreds of guests with the help of a number of the Township college students who were at home on holiday.

Soon after the opening of the new Centre we received a most unexpected and welcome gift, a beautiful radio, from the then Mayor of Johannesburg, Mr. Donald Mackay. A little later Mrs. Mackay most graciously spent a morning with us, gladdening the hearts of many proud mothers who had brought their chubby babies in their best "bibs and tuckers."

Early in the spring we held our Annual Health Parade. About three hundred school children and fifty mothers and babies on decorated trollies, took part in this parade, with two school bands and the King and Queen of Health with their attendants, Sunshine and Fresh Air, to lead the procession. The co-operation of the teachers of all the schools in this undertaking was splendid and to Mrs. Immelman, Miss Macfadyen, and Mrs. Fearnhead, credit was due for gorgeous costumes, decorations and the lettering of numerous banners with health slogans which all who ran could read!

In October, two health lectures each were given by Doctors Ordman and Anning respectively, to large groups of senior school children, and then to parents, a part of the

Health Week programme. To these doctors and to the Health Inspectors who interpreted for them so ably, we are deeply indebted.

December brought with it the smallpox scare, when we were called upon to help in protecting 27,000 persons from this disease. It was not until the noon of the day before Christmas that we dared lay down our tools for a little respite.

For the mothers and babies of the Baby Clinic the Christmas party is usually the crowning event of the year, and we had a lovely celebration planned. On account of the smallpox scare, however, and several complications in connection with it, it was decided to give up our mass meeting and to give out the Christmas gifts at the Health Centre as the mothers came to weigh their babies. So in spite of everything, a happy time was enjoyed by all.

I have not mentioned our daily parade of the milk brigade when "some in rags, and some in tags, and some in velvet gowns," bearing all manner of receptacles, come for milk or formulas for between forty and fifty babies, with two or three invalids in addition. Nor have I mentioned the ever-exciting possibilities of every night when emergency cases come in, stabs, burns, broken heads, and all manner of other accidents. Nobody living here would ever die of ennui!

And day by day, week in week out, the three district nurses plod up and down the streets of the Township in blazing heat or bitter cold, rain or shine, bringing comfort and health to their patients, and to their families, instruction as to healthier ways of living. It is for these nurses that we so badly need a cottage and towards this end we now bend our efforts, hoping that within a very short time the building may be ready for occupancy by those who so sorely need it.

In closing this report, may I thank all those who have given gifts in money or in kind, or in labour during the past year—Doctors David, Leibman and Altmann who have contributed so generously of their time and skill; Mr. David for laying out the garden and giving trees, shrubs and grass to beautify the place; and Mr. R. G. Baloyi, contractor for the building, through whose generosity an extra and most comfortable room was made possible at the Centre. It would take long to mention by name all those to whom we are indebted and who are ever ready to lend a helping hand.

—RUTH COWLES.

# Alexandra Health Centre.

## REPORT OF THE BOARD OF MANAGEMENT FOR THE YEAR ENDED 31st DECEMBER, 1937.

Audited Balance Sheets and Accounts covering the year January to December, 1937, are submitted herewith.

The Nursing Superintendent's report is also submitted.

From the latter it will be seen that there was a large increase in every phase of the Centre's work.

The opening, by the Hon. S. P. Bekker, Administrator of the Transvaal, of our new building was the great event of the year. On that occasion we were much heartened by the large number of Europeans, Natives and Coloured people who not only turned up at the ceremony but, in many cases, brought substantial donations to our funds, our Native and Coloured friends alone being responsible for donations amounting to no less than £105 18s. 4d. The possession of a new building and the additional financial support received, more fully referred to later on in this report, allowed the Centre to cope more efficiently with the increased work thrown upon it and we were able to increase our establishment of trained Native Nurses to three during the earlier part of the year and to four during the last six months of the period under report.

The following comparative table of work done during the past three years clearly reflects this increase:—

	1935	1936	1937.
New Cases for District Nursing ...	1,603	2,325	2,613
Nursing Visits ... ..	12,693	15,724	17,507
Baby Clinic Attendance ... ..	4,026	6,035	7,169
Immunisation (Enteric) ... ..	548	2,663	3,697
Dressing and Treatment at Clinic	2,539	2,304	12,183
Vaccinations ... ..	—	—	1,328

The following comparative table shows Revenue and Expenditure for the years 1936 and 1937:—

REVENUE.		1936.	1937.
Donations and Grants	... ..	£654 19 2	£837 4 0
Patients' Fees	... ..	116 5 10	269 2 11
Salaries Refund	... ..	121 11 8	177 19 2
		<hr/>	<hr/>
		£992 16 8	£1,284 6 1
		<hr/>	<hr/>
EXPENDITURE.		1936.	1937.
Salaries and Wages	... ..	£429 17 6	£613 8 6
Doctors' Honorarium	... ..	50 0 0	50 0 0
Medical and Surgical Supplies	... ..	258 8 10	443 10 11
Milk	... ..	46 18 0	89 8 2
Printing and Stationery	... ..	20 14 9	20 3 9
Sundry Expenses	... ..	40 16 0	60 17 11
		<hr/>	<hr/>
		£846 15 1	£1,277 9 3
		<hr/>	<hr/>

Detailed lists of donations are attached to the Revenue and Expenditure Account and the Board wishes to convey its sincere thanks to all these donors.

Mr. B. A. Key again accepted the office of Honorary Auditor and the Board would like to record its appreciation of his services in that capacity.

Collections on behalf of our special Building Fund were continued by Dr. J. Dexter Taylor from Europeans, and from non-Europeans by the non-European Campaign Committee with the result that an amount of £518 8s. 1d. was collected in 1937, bringing the total collections for the Building Fund to £1,808 6s. 10d. Appended to this report is a list of individual donors and the Balance Sheet of the Building Fund shows the present position of that fund.

As you were advised last year, the original tender for the new building was £1,000. Extras were estimated at £500, including hot water supply, garage, sanitary conveniences and fencing and, although the final payment to the Contractor has not been made owing to delay by the Contractor in making good certain omissions and consequent certifying of his account by the Architects, it is confidently anticipated that the actual cost will not exceed this estimate. We have on hand £668 5s. 5d. to meet this liability.

To turn to the future, officials of the Alexandra Health Committee estimate that the population of the Township is in the neighbourhood of 30,000 souls, an increase of some 10,000 within the last 18 months. It is believed that there will be a further increase to the population during the years to come, although the Health Committee is making every endeavour to restrict the influx and prevent overcrowding of stands and premises. It follows naturally that increased population requires increased health and medical services and the demands on our Centre are growing daily.

The Board feels that there is an urgent need for a Native Nurses' Home. At present we have four nurses who are boarded out in the Township, a most unsatisfactory arrangement from every point of view. The number of Nurses will have to be increased in the near future and may even require to be doubled at no distant date if the Centre is to meet all demands made upon it. We propose to build a self-contained cottage of living room, kitchen, five small bedrooms and necessary offices and from tenders already received it does not appear possible to complete this for less than £850. We have about £200 in hand and propose to launch an appeal for the balance at an early date.

At present the Board is paying £36 per annum for rent for its nurses housed in the Township and if quarters can be built, not only will this amount be saved but efficiency and contentment amongst the staff will be increased to an extent that can hardly be computed.

O. D. SCHREINER,  
Chairman of the Board.



# ALEXANDRA HEALTH CENTRE, JOHANNESBURG.

## MAINTENANCE FUND.

REVENUE AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31st DECEMBER, 1937.

	To Nurses' Salaries ... ..	£591 15 0		By <b>Donations and Grants—</b>	
	<b>Less</b> refund by Public Health Department ... ..	177 19 2	£413 15 10	Alexandra Health Committee	£360 0 0
01	„ Wages ... ..		21 13 6	Province of Transvaal ...	150 0 0
	„ Doctors' Honorarium ...		50 0 0	City of Johannesburg ...	150 0 0
	„ Medical and Surgical Supplies		443 10 11	Native Affairs Department, Pretoria ... ..	100 0 0
	„ Milk ... ..		89 8 2	Native Affairs Department, Johannesburg ... ..	60 0 0
	„ Printing and Stationery ...		20 3 9	Martha Washington Club— Milk Grant ... ..	12 0 0
	„ Ambulance Charges ... ..		13 0 0	Sundry Donations ... ..	5 4 0
	„ Telephone ... ..		3 17 0		£837 4 0
	„ Sundry Expenses ... ..		44 0 11	„ Patients' Fees ... ..	269 2 11
	„ Balance, carried to Balance Sheet ... ..		6 16 10		£1,106 6 11
			£1,106 6 11		

# ALEXANDRA HEALTH CENTRE, JOHANNESBURG.

## MAINTENANCE FUND.

BALANCE SHEET, 31st DECEMBER, 1937.

<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">Creditors ... ..</td> <td style="text-align: right; width: 20%;">£105 17 6</td> </tr> <tr> <td>Building Fund—Loan ... ..</td> <td style="text-align: right;">18 17 9</td> </tr> <tr> <td><b>Revenue and Expenditure A/c—</b></td> <td></td> </tr> <tr> <td>As per Balance Sheet, 31st December, 1936 ... ..</td> <td style="text-align: right;">£155 6 6</td> </tr> <tr> <td><b>Add</b> Excess of Revenue over Expenditure for the year ended 31st December, 1937</td> <td style="text-align: right; border-top: 1px solid black;">6 16 10</td> </tr> <tr> <td></td> <td style="text-align: right; border-top: 1px solid black;">162 3 4</td> </tr> <tr> <td></td> <td style="text-align: right; border-top: 1px solid black; border-bottom: 3px double black;">£286 18 7</td> </tr> </table>	Creditors ... ..	£105 17 6	Building Fund—Loan ... ..	18 17 9	<b>Revenue and Expenditure A/c—</b>		As per Balance Sheet, 31st December, 1936 ... ..	£155 6 6	<b>Add</b> Excess of Revenue over Expenditure for the year ended 31st December, 1937	6 16 10		162 3 4		£286 18 7	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">Office Furniture, at Cost ... ..</td> <td style="text-align: right; width: 20%;">£2 10 0</td> </tr> <tr> <td>Debtors ... ..</td> <td style="text-align: right;">265 15 4</td> </tr> <tr> <td><b>Cash Account—</b></td> <td></td> </tr> <tr> <td>At Bank ... ..</td> <td style="text-align: right;">£13 17 5</td> </tr> <tr> <td>On Hand ... ..</td> <td style="text-align: right;">4 15 10</td> </tr> <tr> <td></td> <td style="text-align: right; border-top: 1px solid black;">18 13 3</td> </tr> <tr> <td></td> <td style="text-align: right; border-top: 1px solid black; border-bottom: 3px double black;">£286 18 7</td> </tr> </table>	Office Furniture, at Cost ... ..	£2 10 0	Debtors ... ..	265 15 4	<b>Cash Account—</b>		At Bank ... ..	£13 17 5	On Hand ... ..	4 15 10		18 13 3		£286 18 7
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To the Members,

ALEXANDRA HEALTH CENTRE.

I have audited the Balance Sheet of the Alexandra Health Centre, above set forth, and have obtained all the information and explanations I have required and, in my opinion, the Balance Sheet is properly drawn up so as to exhibit a true and correct statement of the Centre's affairs at 31st December, 1937, according to the best of my information and the explanations given to me and as shown by the books of the Centre.

Johannesburg, 11th March, 1938.

B. A. KEY, Honorary Auditor,  
Incorporated Accountant.

# ALEXANDRA HEALTH CENTRE, JOHANNESBURG.

## LAND AND BUILDING FUND.

BALANCE SHEET, 31st DECEMBER, 1937.

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**Accumulated Funds—**

**Donations—**

As per Balance Sheet, 31st  
December, 1936 ... .. £1,289 18 9

Donations received during  
year ended 31st Decem-  
ber, 1937 ... .. 518 8 1

1,808 6 10

**Interest on Post Office Savings  
Account** ... ..

12 10 4

£1,820 17 2

£1,820 17 2

**Land—**

As per Balance Sheet, 31st

December, 1936 ... .. £103 11 6

Cost of Lot No. 115,  
Alexandra ... .. 25 0 0

Cost of Transfer of Lots  
Nos. 115-117 ... .. 7 3 6

£135 15 0

**Buildings—**

Paid on Account ... .. 850 0 0

Plumbing ... .. 55 5 0

905 5 0

**Furniture and Fittings, at Cost**

92 14 0

**Maintenance Fund—Advance** ...

18 17 9

**Cash Account—**

Post Office Savings Account ... .. 463 15 5

On Hand ... .. 204 10 0

£1,820 17 2

Johannesburg, 11th March, 1938.

Certified Correct,

B. A. KEY, Honorary Auditor,  
Incorporated Accountant.

# Alexandra Health Centre.

## DONATIONS AND GRANTS.

### LAND AND BUILDING FUND.

APRIL, 1935, TO DECEMBER, 1936.

Deferred Pay Interest Fund	...	...	...	£250	0	0
Mr. Wm. Anstey	...	...	...	50	0	0
Martha Washington Club	...	...	...	50	0	0
Alexandra Township Campaign Committee	...	...	...	50	0	0
Miss Ruth C. Cowles (Furniture)	...	...	...	50	0	0
Anglo American Corporation, Ltd.	...	...	...	50	0	0
Messrs. John Martin, No. 2 A/c.	...	...	...	50	0	0
General Mining & Finance Corporation, Ltd.	...	...	...	50	0	0
Barnato Group (J.C.I.)	...	...	...	50	0	0
Union Corporation, Ltd.	...	...	...	50	0	0
New Consolidated Goldfields, Ltd.	...	...	...	50	0	0
African & European Investment Co., Ltd.	...	...	...	50	0	0
Mr. O. D. Schreiner	...	...	...	36	5	0
Mr. J. H. S. Withycombe	...	...	...	25	0	0
Messrs. Fergusson Bros.	...	...	...	25	0	0
African German Investments, Ltd.	...	...	...	25	0	0
Mr. A. D. Viney	...	...	...	25	0	0
Messrs. Wm. Hosken & Co., Ltd.	...	...	...	25	0	0
African Explosives & Industries, Ltd.	...	...	...	25	0	0
Victoria Falls & Transvaal Power Co., Ltd.	...	...	...	25	0	0
Argus Printing & Publishing Co., Ltd.	...	...	...	25	0	0
Messrs. J. W. Jagger & Co. (Pty.) Ltd.	...	...	...	25	0	0
Messrs. Lennon, Ltd.	...	...	...	25	0	0
Messrs. W. M. Cuthbert & Co., Ltd.	...	...	...	20	0	0
Mr. Stanley Maynard	...	...	...	15	0	0
Transvaal & Delagoa Bay Investment Co., Ltd.	...	...	...	10	10	0
Union Flour Mills, Ltd.	...	...	...	10	10	0

Pretoria Portland Cement Co., Ltd. ... ..	10	10	0
Messrs. Hunt, Leuchars & Hepburn, Ltd. ...	10	10	0
Messrs. J. MacG. Love & Co., Ltd. ... ..	10	10	0
Haggie, Son & Love ... ..	10	10	0
Messrs. Williams, Hunt & Co. (Tvl. ) Ltd. ...	10	10	0
Messrs. John Orr & Co., Ltd. ... ..	10	0	0
Mr. J. Mason Gordon ... ..	10	0	0
Mr. Bernard Price ... ..	10	0	0
Messrs. Winder, Baxter & Abrahams ... ..	10	0	0
Central News Agency, Ltd. ... ..	10	0	0
Messrs. Rice & Diethelm ... ..	10	0	0
Alexandra Township Health Parade Committee	6	11	9
Mr. J. C. Wilson ... ..	5	5	0
Messrs. Sive Bros. & Karnovsky ... ..	5	5	0
Mr. R. Stratford ... ..	5	0	0
Mrs. O. D. Schreiner ... ..	5	0	0
Messrs. Hillman Bros. ... ..	5	0	0
Mr. J. D. Rheinallt Jones ... ..	5	0	0
Messrs. W. F. Johnstone & Co., Ltd. ... ..	5	0	0
Messrs. Randles Bro. & Hudson, Ltd. ... ..	5	0	0
Mr. S. C. Black ... ..	5	0	0
Messrs. W. S. Saunders & Co. ... ..	2	2	0
" A Supporter " ... ..	1	0	0

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AMOUNTS RECEIVED SINCE 31ST DECEMBER, 1936.

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Estate late E. W. Howard ... ..	£200	0	0
Non-European Campaign Committee ... ..	90	2	10
Mrs. L. M. Campbell ... ..	50	0	0
Miss Cowles (Overseas Friends) ... ..	35	0	4
Rotary Anns (per Mrs. E. A. Foote) ... ..	28	0	0
Premier Milling Co., Ltd. ... ..	20	0	0
Opening Ceremony (Collection) ... ..	13	12	6
Rand Daily Mail, Ltd. ... ..	10	10	0
Sunday Times Syndicate, Ltd. ... ..	10	10	0

Rand Provident Building Society	...	...	...	10	10	0
African Consolidated Investment Corp., Ltd.	...	...	...	5	5	0
P. Henwood, Son, Soutter & Co.	...	...	...	5	5	0
White's S.A. Portland Cement Co., Ltd.	...	...	...	5	5	0
Great North Transport	...	...	...	5	5	0
Jooste & Bryant, Ltd.	...	...	...	5	0	0
Zion Apostolic Faith Mission	...	...	...	5	0	0
Bantu Methodist Church	...	...	...	5	0	0
Frank A. Stokes, Esq.	...	...	...	2	2	0
Alexandra Township Protection and Vigilance Association	...	...	...	2	2	0
African Transvaal Bechuana Church	...	...	...	1	1	0
Mr. and Mrs. Nyovane	...	...	...	1	1	0
Mrs. M. E. Falwasser	...	...	...	19	11	
Mrs. Johnson	...	...	...	10	0	
Mr. and Mrs. Kumalo	...	...	...	10	0	
Swedish Church	...	...	...	6	6	
Seventh Day Adventist Native Church	...	...	...	1	0	

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### MAINTENANCE FUND.

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Alexandra Health Committee	...	...	...	£360	0	0
City of Johannesburg	...	...	...	150	0	0
Native Affairs Department	...	...	...	100	0	0
Director of Native Labour (Johannesburg)	...	...	...	60	0	0
Martha Washington Club	...	...	...	12	0	0
Mayors' Allowance Account	...	...	...	2	2	0
Frank A. Stokes	...	...	...	1	1	0
Professor Hoernle	...	...	...	1	1	0



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