

*Penal* *23* *90 91*  
ST. MARY'S HOSPITAL

(STATE REGISTERED)

KWAMAGWAZA

---

*18* *1930*  
CHARLES JOHNSON  
MEMORIAL HOSPITAL  
NQUTU

---

# Annual Report 1939

---

BISHOP ROACH  
MEMORIAL HOSPITAL  
ETALANENI

---

HOLY ROOD HOSPITAL  
ENDHLOZANA

---



# St. Mary's Hospital Kwamagwaza

## **Medical Officer :**

Dr. P. W. HATTINGH

## **Priest-in-Charge :**

Rev. F. E. OSBOURN, L.Th.

## **Matron :**

Miss MURIEL BALMAIN.

## **Sisters :**

Miss D. LEACEY, S.R.N.

Miss M. BARROW, S.R.N.

## **District Nurse :**

SYBIL MSIMANG

## **Native Probationers :**

NANCY KRAAI	(M) SOPHIA MASONGOA
HANNAH MKUTSHULWA	(M) GRACE TLALE
JULIET MNGADI	(M) ELLA MOHAPI
VERA NOMADOLO	(M) EDITH BUTELEZI
REGINA SIBIST	DORIS SILILO
EUGENIA NSIBANDE	REBECCA MNGADI
MARGARET PRICE	CLARENCE MNCHUNU
MARY MTETWA	MONICA NZUZA
OLGA GEORGE	VIOLET MFEKA
SARAH MCULWANE	MIRIAM MHLONGO
VICTORIA NTAKA	HARRIET MTEMBU
MONICA ZULU	

St. Mary's Hospital,  
Kwamagwaza,  
P.O. Melmoth, Zululand,  
South Africa.

February, 1940.

Bankers: The Standard Bank of South Africa, Ltd.,  
West Street, Durban.

Auditors : Messrs. TROTTER & HOUSTON,  
Chartered Accountants, Vryheid, Natal.

Hon. Secretary in England :  
Miss ESTHER PIERCE, Croft End, Tewin Wood,  
Welwyn, Herts.

### **Endowed Beds and Cots**

St. Joseph's, Martock	Stevenson
St. Anne's, Marnhill	Aldborough
Alice-in-Wonderland	Hilarê
Josephine and Nina	Ladds
Jean and Jack	Burney
Chingford Parish	Prynne

### **Examination Results 1939**

State Finals General Nursing Certificate :  
EVELYN DEMAS                      GLADYS MKIZE

St. Mary's Hospital Certificate :  
HILDA      MCANGYANGWA

State Registered Midwifery Certificate :  
FAITH MOTHIBI                      AMY SETLOGELO

State Preliminary Examination :  
VERA NOMADOLO, REGINA SIBISI,  
MARGARET PRICE, OLGA GEORGE,  
EUGENIE NSIBANDE, SARAH MNCULWANE.



## FOREWORD

---

A year of steady work and satisfactory progress would be the phrase I should choose to describe the work of our hospitals during 1939. There has been little out of the ordinary that has happened. All four establishments have functioned efficiently, with a satisfactory number of patients and a steady devotion to work on the part of the staffs. So soon do we lose the sense of adventure in our doings in the Mission Field. It is not so very many years since we looked forward with the utmost eagerness to the moment when we could possess our own hospitals. For a few years the sense of achievement and adventure holds its place in our minds. Then what was an achievement becomes a common-place to be accepted as part of the ordinary equipment of the diocese. That is the point at which we in Zululand have now arrived. Of course there are hospitals, and of course their staffs function efficiently, and equally of course sick Zulus go into them to be looked after. Yet twenty years ago none of these things was a matter of course. There was one hospital and that had been closed for the duration of the Kaiser's war. Its staff was occupied in Europe. Zulus were by no means convinced that a European hospital or doctor could help them. I mention these facts in order to shew what progress has really been made in medical work over the period named. A traveller can only judge the distance he has come by looking back over the road. As I do now, and thank God for the wide space that separates us from what we were twenty years ago and what now we are in the medical sense.

Let me close these few words of commendation of the medical cause in the diocese by mentioning an incident which occurred last week. I happened to say in the hearing of a prominent European lay-



man that I could probably place five more Native District Nurses if I had money to finance them. I also said that one of our four hospitals needed about £200 for a special reason. The next day he rang me up to say that he had secured two guarantors each of whom would give the money for a District Nurse, that he hoped to find three more, and that he was trying to collect the £200 needed for the hospital.

Such is the estimation in which our medical work is held by local people who are able to assess its value.

Once again I commend the whole cause to your prayers and to your liberality.



WILLIAM ZULULAND.

## MEDICAL OFFICER'S REPORT

---

We have again come to the end of another year, and if we look back we can view with satisfaction the work accomplished, in spite of various difficulties which had to be overcome. Quite a few times during the year we were understaffed, and Sisters were required for outside work ; somehow we were able to fill all requirements, and the work always proceeded. There has been a substantial increase in the number of in-patients treated during the year. This number is therefore steadily rising, as well as the out-patients treated, and the operations performed. These conditions have supplied excellent grounds for teaching the Native Nurses, and the examination results have proved the same.

We find, and observe therefore, that very definitely our work in the medical field increases. We ascribe this to the advancing realisation on the part of the Native, that the European medical service is to be preferred to that of the "nyanga" (Native medicine man).

With the thought in the back of our minds that the new additions to the hospital may materialise in the near future, we start the New Year with renewed hope and vigour.

P. W. HATTINGH.

## PROLOGUE

---

"And Time Marches on."

Mr. Robertson writing in 1887 says :

"It would be wrong to trust many medicines into the hands of a poor ignorant Zulu mother. I have been fighting their ignorance and prejudices for the last thirty years. There is great mortality among Zulu infants and the cause is not far to seek" vide "Soldiers of the Cross in Zululand," pages 91 and 92.

In 1940. A Zulu maiden carrying her maternity bag on her head, her hands free. Visiting daily the kraals around, sending the special cases\* to the hospital. Helping in a hundred ways. Thus we are in the days when "ignorance and prejudices" are being effectively dealt with. They are still there in places. The Zulu says "Ubude abupangwe" height (in growth) is not obtained by snatching. So, with a visit from the Bishop requiring eight such girls to be started at once in various places in the diocese, and looking to the St. Mary's Hospital to produce them. And that same hospital steadily producing these as you will see from these pages. History is being made "in our time." Here, in Mr. Robertson's station where he fought the battles that we are reaping the benefit of.

F. E. OSBOURN, Priest-in-Charge.  
February 11, 1940.



## REPORT 1939

---

“Keep closer to the Enemy.”—Beatty.

1939 may be said to be a year of progress, in many ways, and so statistics, dear to the heart of officialdom, show. In-patients during the year numbered 431, as against 359 in 1938, a substantial increase. Out-patients, 2605, as against 1863. Thirty major operations were performed in the theatre, and 95 minor operations under local anæsthetics.

The daily average of in-patients for the year was 19.42. Often we had up to 36 patients at a time; at other times with a number of discharges, our numbers dwindled to perhaps 14 or 15 for a few days. We can make up 40 beds and cots, so that we have never really been a full house.

The formation of a Local Board during the year has been another sign of progress, and growing interest in the hospital and its work. We have been fortunate in securing the kind services of a really representative body of people, and in having the Resident Magistrate as our President.

We are full of plans for the future, amongst which the erection of a new men's ward is first on the list. The Native Affairs Department have promised £100, as a start, and we are beginning in faith, that the necessary remainder, will come from somewhere, or somebody, as £100 does not go very far when you have a vision of a solid brick and concrete building, with plenty of doors and windows, and an iron roof, capable of accommodating 12 beds, with a bathroom and clinical room at one end. The present pair of rondavels, used as the men's ward, are in the state of “all fall down,” and like all wattle and daub buildings, when they arrive at a certain stage of decay, do not justify any further money being expended on their repair. Also, such buildings are highly unsatisfactory from a hygienic and aseptic point of view, their thatched roofs, though

most picturesque, being almost, if not quite impossible to disinfect. During the year we have nursed leprosy, anthrax, small pox and tetanus in these huts. This speaks for itself. Would anyone like to help ?

We have had a few anxious moments over finance during the year, as the grant-in-aid from the Native Affairs Department, usually paid in June at latest, did not arrive till November 1st. Rigid economy, and a kindly loan from the Zululand Diocesan Finance Board alone enabled us to tide over this crisis, and meet the monthly pay sheet and bills. The sterling maxim that "if you don't fuss something always happens," was a little difficult at one time to carry out.

Once again we owe our grateful thanks to the Native Affairs Department, the Natal Provincial Council, the Natal Tanning Extract Co., S.P.G. Medical Missions and the S.P.C.K. for their continued support without which it would be impossible to carry on. The Public Health Department also gave great assistance in contributing towards the fees of Native patients admitted suffering from notifiable and infectious diseases.

Of the generous overseas donors and subscribers it is difficult to write sufficiently gratefully. One fully understands and sympathises with those who have had to write and tell that "there is a War on," and that the usual help was not available ; but the great majority, as well as telling us about the war have enclosed their usual cheque, in some instances even increasing it, as they felt "our need must be greater owing to the increased price of all medical and surgical supplies." Such great hearts will meet their full reward, one day, and they can only be referred to anonymously in any report.

The District Nursing Service has also made a substantial advance in that in five districts in the diocese we now have a Resident District Nurse, and

it is only a case of funds, and available duly qualified Nurses, to place at least five more. They have proved to supply a very real need, and their patient daily visiting from kraal to kraal does more than anything to gain the confidence of the people.

We have been extremely fortunate during the year in the services of our medical officer, and we are very grateful to him for all the help he has given us. Dr. Watts was not able to continue his lectureship after April, and from that date Dr. Hattingh took over the lectures to the Nurses, as well as the clinical work of the hospital. He visits the hospital daily, whenever possible, two or three times a day, in cases of need, and is always ready to advise and help over the telephone, at any hour of the day or night. Few small mission hospitals, such as this, can have the privilege of such constant medical attention, and we may consider ourselves very fortunate to be in such good hands. The District Surgeons of the Union of South Africa are, if one may so describe them, an enthusiastic and sporting band. The diocesan mission hospitals owe much to them.

On the European staff side we have been short-handed throughout the year. Sister Thornton-Down owing to a breakdown in health, against which she had gallantly battled for months, had to go home on sick leave in March. That necessitated someone going to Holy Rood to take charge there. Sister Kendrick kindly stepped into the breach. That left Etalaneni without its Sister-in-Charge, Sister Coulson consented to take over there, and has more than proved her ability to lead. Sister Doble has carried on single handed at Ngutu the whole year, a centre that could well do with a second European on the staff. Sister Leacey has worked the year round, night and day here, and in August we had the pleasure of welcoming Sister Barrow as a member of the staff. We are now hoping someone will drop from the skies to "do" the furloughs of the Sisters,



which fall due in succession as from April 1940. The Home Zululand office regretfully informs us that Miss Margaret Blake whom we were definitely expecting to welcome in February is not able at present to carry out her promise; we were counting so much on her help as Relief Sister, for furloughs for the overworked staff already here.

Of the progress of the Probationers in their studies, examinations and practical work, there is nothing but good to report, we have had a remarkable series of successes once again in the State registered examinations of the S.A. Medical Council. Nurses Evelyn Demas and Gladys Mkize have both passed their State Finals General Nursing Examination, and are thus fully qualified State Registered Nurses. Nurses Faith Mothibi and Amy Setlogelo have both qualified in the State midwifery examination, and are thus fully qualified State registered midwives. Nurses Vera Nomadolo, Regina Sibisi, Margaret Price, Eugenia Nsibande, Olga George and Sarah Mnculwane have all passed the State preliminary examination, and are well on the way with their studies for their general nursing certificate. We are now able to take four pupil midwives at a time to train, and we are entering three of those now studying for the April 1940 examination. Nurse Hilda Mcunyangwa sat for the S. Mary's Hospital Certificate last April, and was successful, with a high percentage of marks, both in the written, oral and practical portions, and was awarded her certificate in general nursing. She went straight from here to take up a post as staff nurse at the Amatikulu Leper Institute, her own choice as to work and environment. Two of our St. Mary's nurses were already working there. It shows that even in this age, with the craze for book learning, examinations and results, the spirit of self sacrifice and the desire to relieve the suffering of others, is not altogether crushed out. The work in any Leper hospital must always call for self-sacrifice, and isolation, for the staff.

The prayer roll in the Chapel for those who have finished and gone out into the world has now grown to 29. The letters of those 29 Nurses are a constant interest, for without exception, they seem to keep (at their own desire), in touch with their training school. It is heartening, amongst much that must often be disappointing, to receive a letter from the Matron of one of the great Provincial hospitals of the Union, in which she says "I have had the pleasure of meeting Nurse Judith who trained at your Institution. She is in charge of Uitenhage Non-European Isolation Hospital, and doing splendid work. She is also Secretary of the newly formed Eastern Province Bantu Trained Nurses Association, and as I am the European T.N.A. representative on their Committee, I meet her every month at meetings." Nurse Judith has held this post at Uitenhage since November 1936, when she qualified from here. A more personal touch comes in a letter only this last week from one of those gone out from this hospital. "You are fit to be called a Good Shepherd, for you always remember your own sheep. I always wish you all the luck in your work."

And now we come to the patients, always the most interesting side of the work, and primarily the sole object of hospitals. First, let us record that in spite of the extraordinary variety of queer and infectious diseases that have gone through our hands in the year, no one has caught anything off anybody else, or developed their next door neighbour's disease ! This says much for the maxims which we try and instil into the probationers, who do the whole of the practical nursing, on the subject of infection, contagion, and disinfection. Besides leprosy, smallpox, tetanus, and anthrax, we have dealt with a raging epidemic of measles, puerperal fever, many specific cases, of both varieties; an epidemic of influenza, whooping cough, enteric, rheumatic fever. The outstanding feature of the



year's cases has been pneumonia, which is practically present in epidemic form the whole year round, and a very real danger, especially amongst the little children. It was really marvellous that during the year only 12 deaths were recorded in the hospital. Death still always leaves one with an utter sense of defeat. The men's ward has been busier than we have ever had it. Faction fights have been fashionable in the district, and battered skulls, fractured ribs, broken arms and legs, and stab wounds have been the order of the day. Faction fight patients are always delightful to nurse, their one desire being to recover and get out to "fight another day." In fact, to get their own back on the other chap. Bits of bone, and other odds and ends extracted out of their heads, or other portions of their anatomy, interest them immensely. A number of accidents also have accounted for damaged spines, broken arms and legs, and multiple injuries. The clearing and stripping of the wattle plantations, which surround us on all sides, is all done by Natives. The timber or bark as the case may be is all loaded on to motor lorries for transport to the factory or railhead. The Native boys climb on to the top of the load, with its European driver, to be ready to off-load at the factory; the lorry dashes along at a great speed, whisks round a corner or goes over a boulder, off shoots the boy from his very insecure perch on the load, a broken leg, a fractured skull, or multiple internal injuries is the next thing. There must be a very special Providence that watches over these very inexperienced "motor transport" passengers, that many more are not killed outright. One poor lad we have in hospital now has already had over two months in bed, and every prospect of another two months still to go. His patience is a lesson to us all. Burns, too, have been very prevalent during the year. Acid burns from the factory, a primus stove being lit with petrol instead of paraffin, five overturned pots of boiling porridge being



among the causes. Burns do extraordinarily well here, and the gradual pigmentation of the skin is most interesting to watch. First the little tiny black dots of the epidermis appearing on the pink surface, gradually growing together and increasing till the whole black outer skin is complete once more. Perhaps all our friends at home do not realise that it is only the outer skin of the African that is black, and that underneath he is just as pink as any European? Nature's thoughtfulness to mitigate the heat of the rays of the tropical sun.

The maternity department has been busy throughout the year, both in the hospital and the district. Nurse Sybil, who has made a worthy successor to Nurse Leta, who left to be married in May, has done much to gain the confidence of the people of the surrounding district, and by her daily visiting at the kraals, brings many cases to the hospital. She undertakes the ante-natal and post-natal visiting of the maternity cases, and by her careful reporting keeps us in touch with the mothers and babies. There is nothing sensational or spectacular in the work of a District Nurse, it calls rather for a special type of Nurse, imbued with eternal patience, tact, and with the real love of the work in her heart.

The value of the training of the pupil midwives is more than doubled by the experience that they gain on district. We have had more than 300 applications during the year from girls wishing to train as nurses, as we can only take 24 at a time we can but recommend the remainder to apply elsewhere.

"Tryphena," our triplet, is still with us, she is a splendid, sturdy little girl, and the mascot of the maternity ward, where she makes her home. On her first birthday her mother brought "Alpheus and Charlotte" to visit her, and they spent a happy birthday together. Mrs. Myandu also brought £2 as a thankoffering to the hospital for what it had done for her and the triplets. This had taken her the year

to collect. Such offerings are very touching, and represent much hard work as well as self denial. Tryphena has a generous little heart, and is always ready to offer any treasure she may possess to others, even to pushing into the hand of the doctor when on his daily round, her half-sucked sugar stick, surely the choicest offering she had, and which he was kind enough to accept, and then hand back to her again. Searching the Sister's (or Matron's) pockets too is a great game, and to extract a handkerchief or bunch of keys is a real triumph, causing her to run off with glee to give it to one of her devoted Native Nannies. She had a little apron for a Xmas present, and to have a small piece of soap and help with the washing is another of her daily joys. She cannot decide yet what language to talk, hearing as she does English, Afrikaans, Zulu, Sesuto, and various other dialects. Anyway there is one person that one is always sure of receiving a beaming welcome from at any hour of the day, in the hospital, and a pair of fat little brown legs that run as fast as they can to meet one, and two little arms held out, which can only mean "up."

Year by year we are able to grow more of our own food and become more self-supporting. With from 60 to 70 people to feed daily, and most of us have very good appetites, food disappears at an amazing rate. Throughout the year we have had a plentiful supply of home grown green mealies, beans, pumpkins, cabbages, etc., all so necessary as diet in their season.

We are now the possessors of three excellent milking cows, "Coffee," "Cocoa," and "Teapot," with young "Augusta," aged 3 last August, growing fast to join the herd. Deducting the initial outlay in buying the cows, we saved over £30 on the milk bill for the hospital last year. Our cows live a quiet, dignified life, and act as lawn mowers as well as milk providers. The kind farmer who supplied us with them trained them to wear leather halters and



be tied up with a nice long length of rope. Each day they graze on a new patch of ground. For Xmas presents each cow had a water bucket for her own personal use, which she much appreciated. The African cow is supposed to be a wild creature, which rushes madly about, battered to and fro by the small herd boys, and in return providing her owner with about a teacupful of milk. "Coffee," "Cocoa," and "Teapot" see that the two gallon milk bucket is filled twice a day, besides attending to the requirements of the calves. Feeling that "Peter" might feel a little "left out" we asked him to help with the planting and weeding of the crops, and though this is a task usually performed by mere oxen, he at once said he would be pleased to help in any way, and he and an elderly ox, the property of one of the Native boys, have patiently pulled the planter and weeder day by day. The pigs continue to be very profitable, and as well as providing us with a good supply of bacon and hams, prevent any possibility of waste of cooked food left over, or the scrapings of the pots going begging. The fowls flourish amazingly, and we often give out 100 eggs a day, so that everyone can have two each, all round, with their rice and cabbage, for their midday meal.

Having a home farm, as it were attached to the hospital not only adds greatly to the pleasure and interest of our country home, but is also an immense saving and economy on the food bills.

During the year we have had the most beautiful series of gifts and presents, in kind; a list of the kind donors will be found elsewhere in the report.

During the measles epidemic, when we had anything up to 20 little children with pneumonia as well as measles, all living practically on milk, the Mission House sent us down quite a bucket of milk a day, which was greatly instrumental in saving the babies lives. Condensed milk can never be the same as the real article, and 20 children drink a lot of milk in 24 hours.



So there is a wonderful amount to be thankful for, in all quarters, in the last year, and it gives one the courage and the strength to carry on, and not to let the daily worries, inevitable in any work, outnumber or dim the happiness and the joy of the work itself.

## EPILOGUE

"Grow old, along with me,  
The best is yet to be,  
The last of life, for which the first was made,  
Our times are in His hand,  
Who saith, a whole, I planned,  
Youth shows but half; trust God, see all, nor  
be afraid."

—Browning

Fear. To be afraid. Apprehensiveness. What is it? Purely a lack of faith. Fear of what others think or say about us, or our work. Fear that the wherewithal will not be found to meet the daily expenses, fear lest the staff should not be forthcoming in sufficient numbers to keep the work going. Such fear should never be allowed a place in our lives, or in our work, it is merely a lack of faith in God, who will never allow the work of the day to be greater than the power to see it through. So fear, to be afraid, of anything or anybody must be ruled out of our lives, and directly that is done all the little bitter criticisms of our life and our work that hurt so because they hurt our pride, will cease to have their power to hurt, or to attempt to destroy our happiness. In the place of fear, rather let the old cardinal virtues of Faith, Hope and Love rule in our hearts, and be our watchwords "new every morning" as we go forth to the work of the day.

"They sin, who tell us love can die,  
With life, all other passions fly,  
All others are but vanity . . . ,  
But love is indestructible,  
Its holy flame, for ever burneth,  
From Heaven it came, to Heaven returneth,  
It soweth here, in toil and care,  
But the harvest time of love is there."

—Southey.

MURIEL BALMAIN.

January 21, 1940.



"Tryphena" our adopted triplet

## GIFTS IN KIND

---

The generosity and kindness shown during the year by our many friends has been greater than ever before, ranging from the hospitality and welcome accorded by the Proprietor of one of Durban's leading Hotels, to tired workers needing a rest; to gifts in kind, of every variety, from a Turkey, to a Box of Corks; with parcels of linen and clothing to rejoice the heart, and fill the shelves of the linen cupboard. Our grateful thanks are due to the following kind donors :

Rev. F. E. and Mrs. Osbourn, Mr. Kelly, Miss Quentrall, Mrs. Eddy, Miss Wyvill, Mrs. John Gray, Miss Stobart, Mrs. Newbatt, Mrs. Lewin, Mr. M. J. Lipscomb, Miss D. Kennedy, Miss Stamer, Miss O'Brien, Mrs. Robinson, Miss Kiddle, Rev. A. Bergland, Mrs. Harris, Miss Mary Lindsay, Miss Hogg, Miss Paul (Bath Z.M.A.), Mrs. Boast, per Mrs. Cumming, S. Saviour's Working Party (2 parcels), per Mrs. Davenport, Headington Quarry, M.U., Miss Milly Henley, Dr. and Mrs. Holland, Canon George Gosling, Miss Prynne (Torquay), Mrs. Chance, Miss Swabey, Miss Power (Marnhull Teachers' Association), Mrs. Wigram (Chingford Working Party), Miss Gibbs, Miss G. Last, Mrs. Charman, Mr. and Mrs. F. Calverley, Messrs. Allen & Hanbury, Mrs. Kearns (2 parcels), Mrs. Ladds, Mr. and Mrs. J. Cohn, Resident Magistrate (Melmoth).



“IN MEMORIAM”

---

Since going to Press, the sad news has reached us of the death of Sister Katharine Thornton Down. Our hearts and deepest sympathy go out to her brothers and sister in their bereavement. For her, we can but rejoice that her gallant soul has been called to the Paradise of God. We, in this Diocese, shall always be grateful to her for her wonderful work at Holy Rood Hospital, where in spite of indifferent health, which would have daunted many a less courageous soul, she initiated and carried out the management of the hospital and gave her whole strength to its welfare. Of her, may it truly be said, “She fought the good fight to the last, and her good works do follow her.”

May her gallant soul, Rest in Peace.

27/2/40.

M.B.

## DONATIONS AND SUBSCRIPTIONS 1939

	£	s.	d.		£	s.	d.
Natal Tanning Extract Co.	50	0	0	Mrs. Vyvyan for 1940 ...	2	2	0
The Rev. W. Stevenson £10,				Miss L. Vink ... ..	2	0	0
£21, £10/10/- ... ..	41	10	0	Headington Quarry Mother's			
Mrs. Robinson, Ringmer				Union ... ..	1	11	7
£17, £13/10/- ... ..	30	10	0	Miss Paul, Bath, Z.M.A. £1,			
Per Miss Pierce, Overseas				£1/10/-, ... ..	2	10	0
Secretary ... ..	10	16	4	Mrs. Spink ... ..	1	10	0
Per Miss Atkin, Wolver-				Mr. and Mrs. A. Leitch ...	1	1	0
hampton ... ..	6	14	6	Mr. and Mrs. Holland, Mrs.			
Per Mrs. Eddy, Aldborough				Stewart £1/1/-, £1 ...	2	1	0
(bed) ... ..	6	2	5	Christ Church Girls Club,			
Jean and Jock Knight (bed)	5	0	0	Clapham ... ..	1	5	0
Mrs. Hart ... ..	5	0	0	Messrs. Lennon & Co. Ltd.	1	1	0
Chingford Parish (bed) ...	5	0	0	Messrs. Morrison & Co. Ltd.	1	1	0
Hilarè (cot) ... ..	5	0	0	The Rev. C. Howard Knight	1	0	0
Hilarè (cot) Etalaneni				Sneyd Church, Burslem ...	1	0	0
Earmarked ... ..	5	0	0	Miss H. V. Williams ...	1	0	0
Hilarè (cot) Holy Rood				Mrs. Rice ... ..	1	0	0
Earmarked ... ..	5	0	0	Mrs. Ladds ... ..	1	0	0
Mrs. Chance, Scholarship	5	0	0	Miss Knill per S.P.G. ...		16	0
St. Joseph's, Martock (cot)	5	0	0	Per Miss Atkin, Z.M.A. ...		12	7
Josephine and Nina (cot) ...	5	0	0	Miss E. D. Munro ... ..		10	0
St. Anne's, Marnhull (cot)	5	0	0	Miss Lee, Bovey Tracey ...		10	0
Miss Prynne (bed) ... ..	5	0	0	Miss Winnington Ingram ...		10	0
Miss Burney (bed) ... ..	5	0	0	St. Mary's Sturminster			
"Alice in Wonderland" (bed)	5	0	0	Newton ... ..		10	0
Miss Ida Powell, Holy Rood				Miss Iris Tower ... ..		10	0
(bed) Earmarked ... ..	5	0	0	Mrs. Tonkin ... ..		10	0
Mrs. Ladds (bed) ... ..	5	0	0	Miss Quentrall ... ..		7	6
Per Mrs. H. Offer, Mtunzini				Miss Louisa Plumptree ...		9	0
Harvest Festival ... ..	3	15	0	Mrs. Hughes ... ..		5	0
Per Mrs. Eddy, Aldborough	2	18	6	Per Miss Dunn, Mrs.			
Mrs. Vyvyan ... ..	2	6	6	Ashwell ... ..		2	6
Miss Meiklejohn ... ..	2	2	0				

£258 4 0



Native Nurse and little tubercular patient



District Nurses and patient outside Native hut



# ST. MARY'S HOSPITAL KWAMAGWAZA

## STATEMENT OF RECEIPTS AND PAYMENTS

	£	s.	d.	£	s.	d.
TO BALANCE, 1st January, 1939				271	15	0
At Standard Bank ...	270	15	6			
Cash in Hand ...		19	6			
FEES :				353	6	1
European ...	56	13	6			
Natives ...	271	3	0			
Out Patients...	25	9	7			
GRANTS :				1149	18	4
Native Affairs Department	575	0	0			
Natal Prov. Administration ...	200	0	0			
S.P.G. Medical Missions ...	135	0	0			
S.P.G. (District Nurses) ...	100	0	0			
S.P.C.K. (District Nurses) ...	50	0	0			
P.H.D. (District Nurses) ...	73	8	4			
Kambula Women's Institute (District Nurses) ...	16	10	0			
DONATIONS :				258	4	5
Natal Tanning Extract Co., Ltd.	50	0	0			
Various...	208	4	5			
SUNDRY RECEIPTS :				57	5	6
Refunds Exam. Fees ...	31	6	6			
Sales ...	25	19	0			
LOAN :						
Zululand Diocesan Finance Board				50	0	0
				£2140	9	4

We have examined the records and vouchers of St. Mary's Hospital, Kwamagwaza, and subject to the correctness of cash in hand, certify that the foregoing Statement of Receipts and Payments correctly summarises the cash transactions during the year ended 31st December, 1939, according to the records and to the best of our information.

TROTTER & HOUSTON,  
Chartered Accountants (S.A.), Auditors.

Vryheid, 20th January, 1940.

## FOR THE YEAR ENDED 31st DECEMBER, 1939.

	£	s.	d.	£	s.	d.
SALARIES and WAGES				679	14	2
Medical Officers ...	200	0	0			
Matron and European Nurses ...	143	6	8			
Native Nursing Staff ...	171	15	0			
Outdoor Men ...	123	5	0			
Domestic Servants ...	41	7	6			
PROVISIONS and STORES				414	16	4
Groceries and Foodstuffs ...	258	7	6			
Dairy Produce ...	16	6	0			
Meat and Poultry ...	65	2	10			
Maize ...	75	0	0			
DRUGS and DRESSINGS				70	3	2
DISTRICT NURSES				218	7	6
(Salaries and Expenses)						
MAINTENANCE and GENERAL CHARGES				289	0	6
Electric Lighting Plant Upkeep ...	102	6	4			
Transport and Freight ...	40	16	10			
Livestock ...	25	6	4			
Repairs and Renewals of Stock ...	52	19	4			
Earmarked Payments ...	55	0	0			
Customs Duty ...	10	2	5			
Petty Expenses ...	2	9	3			
REPAYMENT LOAN, Z.D.F.B.				50	0	0
ADMINISTRATION CHARGES				94	18	10
Telephones, Stamps, Telegrams	20	13	1			
Printing Hospital Reports ...	25	0	0			
Examination Fees, Books, etc. ...	33	8	2			
Audit Fees...	8	8	0			
Bank Charges and Insurances ...	7	9	7			
BALANCE 31st December, 1939				323	8	10
At Standard Bank of S.A., Ltd.						
Hospital ...	215	3	3			
District Nurses ...	105	14	1			
Cash in Hand ...	370	15	4			
	2	11	6			

£2140 9 4

# Charles Johnson Memorial Hospital

---

## MEDICAL OFFICER'S REPORT 1939

The progress so noticeable in 1938, has been maintained throughout 1939. A gratifying feature has been the fact quite a number of our new patients have been recommended by Natives who have been hospital patients themselves.

The hospital has been particularly valuable for me because of the number of maternity cases I have been able to save. Formerly, after being called to a case who had been in labour for one to three days, I had to attempt an accouchement in a filthy hut, with the patient on a mud floor, and the only illumination usually a 3d. paraffin lamp. The infant and maternal mortality was very high. Now, they are carried to my car, taken to hospital, and there in the great majority of cases, a satisfactory result has ensued. I visit our District Nurse twice a month. She is doing excellent work at Hlazakazi, and the Natives have taken very kindly to her.

I would like to pay tribute to our Sister-in-Charge, Miss Doble. The increasing work, the many make shifts in instruments and splints, and the hardness and disappointments that must occur in our daily round have not made her one whit less cheerful or efficient in her work.

B. BESSARABIA,  
District Surgeon.

January 5, 1940



## REPORT

---

I write these few remarks for the annual report of the hospital on the eve of the Epiphany. It seems to me that the message of this glorious Feast of the Church can give us just that message that is wanted, not only for our own hospital, but for all hospitals and Institutions for the year 1940.

Engaged in such a war as we are, difficulties are bound to occur. It is the difficulties which prove the character of an institution as they do of individuals.

What then is the message that the Epiphany brings us ?

(1) THE MESSAGE OF FAITH. The Wise Men had no doubt whatsoever in the guidance of their star. We have no doubt as to our Lord's ministry to the sick and suffering and His intention that His Church should carry on His work. Whatever difficulties 1940 may place in the way, we intend by God's help to overcome them.

(2) THE MESSAGE OF PERSEVERANCE. The hindrances of even a Herod could not daunt the Wise Men in their difficulties. Neither shall we be daunted in carrying out the Divine will. During 1940 it will be necessary for us to do certain building operations at the hospital. This will include extra accommodation for the nurses and releasing their present quarters for a hospital ward. Will our readers please pray that this may be accomplished.

(3) THE MESSAGE OF CONTENTMENT. What ever the Wise Men expected to find at Bethlehem they were contented to place themselves and all their learning at the feet of the Divine Infant. Our hospitals for the most part are small, often without what are considered essentials for the running of hospitals, often sadly understaffed. They do indeed express the poverty of Bethlehem. We are contented that they should be such, just because we know that our Lord accomplished all in His divine poverty.



(4) THE MESSAGE OF THE GIFTS. We shall not have to go far to seek for the myrrh of suffering. Thank God the people are realising that they can bring their suffering to us. For our part we shall do our best to ease their suffering by our own self sacrifice. We trust that in the future as in the past our many friends will send their offering of gold, to-day represented by our bank notes, in as generous a way as the Wise Men of old placed theirs at the feet of the Saviour of the world.

V. A. HODDINOTT, Priest-in-Charge.  
January 5, 1940.

## ANNUAL REPORT 1939

Medical Officer : Dr. B. Bessarabia

Priest-in-Charge : Rev. V. Hoddinott

Sister-in-Charge: Miss Alice Doble, S.R.N., S.C.M.

District Nurse (Hlazakazi): Lena Bhengu

Native Probationers: Rebecca Tshazibane, Legina Mkize, Gertrude Ntshangase, Rachel Phuthane, Josephine Ndwandwe, Lessiah Mayise.

Number of In-Patients admittel for the year : 140  
(this includes 35 maternity cases.)

Number of Beds: 19 ; Number of Cots : 5.

Once again we are on the threshold of another year. Regarding actual hospital work, our number of admissions for the year are slightly less (the previous year 147 patients were admitted, including 47 maternity cases). I think one reason to account for this is that for quite a time in the year there seemed an absence of serious illnesses, and accidents. Everything has proceeded as usual in the hospital. The Native probationers are getting on quite well in their training. Two nurses completed their training this year and were placed in good posts. The Native District Nurse continues to carry on well at Hlazakazi. Regarding the patients, general cases have consisted of several fractures, chest cases (including several T.B. ones), one or two badly cut faces, sores and various minor injuries. Maternity cases have all been quite normal, excepting two, which came in too late to save their babies. Regarding domestic workers, I have been very fortunate. Judith Mathe, the house girl who also cooks for me, is very faithful and conscientious having been here several years. I have a new garden boy and herd boy, and they are working just as well as their forerunners. Additions to the hospital have been a most welcome gift of a second-hand theatre table and stretcher trolley in good condition from

Printer's Error -

Reverse Line 11 & 12.

the Newcastle hospital. This was a much-needed item and I wish to express my grateful thanks to the Matron, and the members of the Dundee T.O.C.H. and the Provincial Administration, who also helped a great deal in obtaining these articles. The ends of the verandah have been built in and have made very airy, attractive wards. They take one bed each and are used for isolation purposes. We are intending to build Native Nurses quarters some time this year, which are badly needed, and use their present X which I appeal, is a skeleton either new or second-bedroom as a children's ward. Another need, for hand, for teaching purposes, the cost is round about £30 for a new one, which we cannot yet afford, but I am determined to get one somehow.

In conclusion, I wish to express my very grateful thanks to our Medical Officer, Dr. Bessarabia, for his services rendered to this hospital. He has been extremely generous in giving medical examinations and treatments without which the hospital could not have carried on. I also wish to express my very grateful thanks to all who have helped this hospital both in South Africa and Overseas, particularly our Chairman (Rev. V. Hoddinott), and members of the Hospital Committee.

Alice Caroline Doble, S.R.N., S.C.M.



## DONATIONS AND GIFTS IN KIND

South Africa—Matron of Newcastle Hospital, Mr. Bawden, Mr. Donkin and other members of Dundee Toc H., and Provincial Administration (theatre table and stretcher trolley), Mtunzini Parish (Gingindhlovu Harvest Festival collections £3 15/-), Mr. and Mrs. Willmott, Mrs. du Plessis, Mr. Ben Channel (plants and flowers).

Overseas—Miss Hawse, Upper Norwood, London (chalice and paten); Mrs. Clegg, South Bank, Yorkshire (standing electro-plate crucifix); Mrs. Jackson, Bromley-By-Bow, London (old linen); Knitting Party, Aldwich, Bognor Regis (various knitted articles); Miss Stobart, Eastbourne (various garments, bed linen, old linen); Mrs. Wigram, Chingford (old linen); S.P.G. (12 nurses dresses); Overseas Association of Church Union (scrapbooks); Mrs. T. Doble (scrapbooks).

COT AND BED CONTRIBUTIONS (England)  
—Per Mrs. French, Middleton Cheyney, £5 10/-; Miss Debenham, Cheshunt, £12; Mrs. Jacobs, Edgewood, Sussex, £4 18/7; Miss Day, £2; Miss Cicely Gibbs, £5; Darbey, 3/-.



Nurses and Patients on verandah Bishop Roach Hospital,  
Etalaneni

Statement of Receipts and Payments for the year ended 31st December, 1939

[illegible]

We have examined the records and vouchers of the Charles Johnson Memorial Hospital and certify that subject to the correctness of the cash in hand, the foregoing Statement correctly summarises the cash transactions of the Institution during the year ended 31st December, 1939, according to the records and to the best of our information.

Vryheid, 26th January, 1940.

TROTTER & HOUSTON,  
Chartered Accountants (S.A.) Auditors.



# Bishop Roach Memorial Hospital Etalaneni

---

## FOREWORD

Our Lord, Jesus Christ has redeemed the **whole** man, body, mind, and spirit, so that the mission of His Redemptive Society, the Church, is likewise to the **whole** man, body, mind, and spirit.

It is perhaps, a little easier to realise this truth in the comparative isolation of a mission station consisting in the Mission Hospital, the Mission School, and the Mission Church, in a country where the only other institutions for the service of the people are the Magistracy, centre of the ramifications of civil life, and the local prison.

Some account of the progress and potentialities of the medical work here at Etalaneni is offered by Dr. C. A. H. Watts and Dr. B. M. Watts, the Medical Officers, and Miss M. C. Coulson, the Sister-in-Charge, reports of life in the hospital.

I need only, to endorse their gratitude to all of you who have supported their work and to that work commend it to your prayers.

PATRICK BROWN, Priest-in-Charge.

Priest-in-Charge : Rev. P. W. Brown

Resident Medical Officers: Dr. Arthur Watts,  
Dr. B. Watts

Sister-in-Charge: Miss M. C. Coulson, S.R.N., S.C.M.

Native Probationers: Agrinette Zwane, Florence Mtshali, Agnes Zulu, Grace Mnareng, Betukile Mate, Rachel Nxumalo.

Overseas Hon. Secretary : Miss E. Mertens, The Vicarage, Shamley Green, Surrey, England.



## REPORT FOR 1939

There is truly a thrilling story of further progress to relate this year. On my arrival from Kwamagmaza in March, I had the happy advantage of taking over a steadily growing hospital and a staff of seven jolly probationers excellently started off on their careers by Sister Kendrick and the Doctors. It was a disappointment when the most promising one of them all, left for health reasons, but the remaining six have carried on faithfully and undaunted through the difficult times that are bound to come to a hospital, when sometimes it is a struggle to get all the necessary jobs done in a day, and times when death seems to predominate and casts an earthly gloom around our walls.. The quiet and unfailing ability of the Native probationers, to rise to any occasion whatever its graveness, or urgency, is immensely encouraging, and the increase of demands made upon them this year to deal with emergency admissions of accidents and labour cases have gone much towards the growth of this efficiency. Though daily lecture and study periods have sometimes been difficult to keep they have stuck like trojans to their bookwork, which is their hardest task and the "end of year" examinations showed satisfactory progress.

True nursing value has lain chiefly with T.B. patients and babies with pneumonia. It is gratifying to note that this year there have been fewer babies brought suffering from serious malnutrition and enteritis or poisoned by Native "umuti." Last year 15 were nursed, this year 8. This we sincerely hope to be due to the fact that more mothers are taking heed of the feeding instructions given them, especially those who leave the hospital after confinement. The great incidence of T.B. amongst these people is distressing and means long periods of care in the hospital, so that it became necessary to enlarge the verandah recently in order to accommodate the beds more satisfactorily for these cases. Maternity work apart from occasional tragedies of gross mismanage-

ment before admission, has been very happily successful, and ever on the increase. Over 60 waiting mothers were admitted and over 50 cases completed, two of which were by Cesarean section. Two sets of twins have been included. The last pair born were so minute that their mother admitted she was afraid of them. Baby Lycia was only 3 lbs. 3 ozs. and alas! succumbed on the second day after birth, but our great pride and joy is her brother Nicholas who weighed 2 lbs. 15 ozs. at birth, and at three weeks old still promises to grow up into a healthy little boy. His mother is no longer afraid of him because now he can kick his wee legs in defiance of her. Tembenkosi Butelezi was 3 lbs. 12 ozs. at birth—was born at his home six miles away, but brought to us without delay by a very charming and trusting young mother. After a stay of six weeks, during which he became beloved by all the Nurses as they gave of their best and most faithful attention to keep him warm and fed, he went home weighing 6 lbs. with a rejoicing mother. How far she trusted our instructions, and how well she subsequently cared for him was plainly shown on Christmas Day when she proudly brought him to see us and join in the patients' Xmas Tree and party.

The new enlarged out-patient dispensary and surgery, and its subsequent increase of useful work is a great tribute to the unfailing energy and resource of Dr. Watts. To him also we owe thanks for many thoughtful deeds in the improvement of the facilities for working. The enlarged women's ward is a great boon and its 8 beds and 4 cots are nearly always filled, whilst no less a boon is the new confinement bed, which is doing so much to facilitate the conduction of labours.

It is a privilege to note that not only the christian Zulus avail themselves of the services we try to give in our Heavenly Father's name, but a large number of heathen men, women and children come from long distances of 5 to 40 miles away, to seek



aid. Is this not an inspiration and a challenge, Yet still many in this thickly populated area are untouched. The value of the weekly out-station clinics at Qwezi and Lemgo on Tuesdays and Thursdays attended by Dr. Watts and two Native Nurses cannot be overestimated and when we have found the means and ways of establishing a District Nurse to help in serving these outlying parts we shall be happy indeed.

I should here like to mention that much valuable and loving care has been given to the hospital patients by our Priest-in-Charge, whose unceasing interest adds strength and confidence to staff and patients alike. We are also thankful for the good recovery of Dr. Watts after an appendix operation in August, and to Dr. Abel we are grateful for his willing help given during that time.

As we pass on into 1940, we can but hope and pray that the tragedy of war having fallen over the world again may not affect this interesting work which has steadily gained so much ground during the past ten years. The great extent to which this "gained ground" is due to the ready and faithful help of donors and contributors, and to the great help and recognition given by the Native Affairs Department, and Native Recruiting Corporation, cannot be truly expressed in words, but with hearts full of thanks we hope that despite present odds due to war, their valuable help may continue to uphold us.

MARGARET COULSON, Sister-in-Charge.



## MEDICAL OFFICER'S REPORT

This year has shown a steady increase in the amount of work performed in all departments, but that increase has not been spectacular or overwhelming, and there is still insufficient medical work to keep one Medical Officer really busy. There have been rush periods, but such are rare. At no time has the in-patient department been full to capacity or overcrowded. Maternity work has made most progress, and as can be seen from the figures the number of admissions was almost twice the figure for 1938. Only two out-stations were visited during the year, namely Cwezi, and the Lutheran Mission at Lemgo. These clinics have supplied a steady flow of patients. There have always been plenty of patients to be seen at Cwezi, and many were brought along to the hospital for treatment.

A good supply of the new drug M and B 693 has been most useful. Twenty-two cases of pneumonia were treated and twenty-two made good recovery. most of the patients were babies and small children, the recovery rate was very satisfactory. Two cases of acute meningitis also made a good recovery, thanks to the same drug.

Structural alterations in the hospital buildings have made room for more patients: and the new O.P. department with a separate dispensary and consulting room, has made the work easier and less congested. The hospital now has 16 beds for adults, three cots, and an indefinite number of soap boxes for babies. A new verandah is under construction so that male patients will now have a verandah of their own, and the old one will be kept for females. The operating theatre, which was rarely used as such, has been turned into a labour ward, and a large window has been let into the wall to make the room lighter. The hospital equipment has been increased by the addition of various instruments, including an accurate weighing machine for babies.

Sister Kendrick left early in the year to take up work in Swaziland. Her departure was a great loss to this Mission, because she was well known, and trusted by the local Zulu population. Her place has been taken by Sister M. C. Coulson who is a very enthusiastic worker. The Nurses are now in two grades. Both have done a good year's work, and all the Nurses passed their examinations. The seniors worked particularly well, and they will make very capable Nurses.

Once more we have a long list of people to whom we are grateful for gifts in kind and money. In spite of the difficulties of the times, we continue to have a long list of benefactors.

We are grateful to the Native Affairs Department for the grant-in-aid; and also to the Native Recruiting Corporation for their donation.

As the report must go to Press without delay, a note will be added later about the financial position of the hospital, when the official audit has been seen.

#### DETAILS OF WORK DONE IN 1939 COMPARED WITH 1938

IN-PATIENTS :	1939	1938
Admissions .....	220	131
Average per diem .....	6.9	4.8
Greatest Number .....	17	14
Maternity Cases .....	61	32
RESULTS TREATMENT 1939 :		
Recovered .....		72
Improved .....		17
To Await Results .....		1
In Status Quo .....		7
Went Home Against Advice .....		7
Sent Home To Die .....		1
Deaths .....		12
Maternity Cases Discharged All Well .....		52
Stillbirths .....		5

There were no maternal deaths		
Major Operations	.....	3
Minor Operations (Including O.P.s)	.....	37
OUT-PATIENTS	1939	1938
New Patients	565	439
Second Consultation	124	128
Antenatal Examinations	203	46
Dressings	200	384
Teeth Extracted	669	899
Bought Medicine Only	24	
Minor Operations	38	
Total	1711	1896
CLINICS :		
New Patients	351	367
Second Consultations	116	409
Total	467	776

The fall in the number of out-patients is only apparent, because it occurs in dressings, and among those people who come to buy an ounce of Epsom Salts. There is a rise in the departments of importance. The numbers in the clinics are smaller too, but in 1938 there were five centres and in 1939 only two.

#### EUROPEAN PATIENTS—

There were three European in-patients during the year, two of which were maternity cases. The accommodation for Europeans was very inadequate and rarely used. It was therefore decided to use the room for sick babies, and to try and build a new European block somewhere else. Since that time the Roman Catholics have built a hospital in Nkandhla with accommodation for Europeans. There is therefore no need for such accommodation at Etala-



neni, especially as the new hospital has promised to allow the Medical Officers here to use their European accommodation.

C. A. H. WATTS,

B. M. WATTS,

February 24, 1940.

Medical Officers

### NOTE OF THE FINANCE OF ETALANENI HOSPITAL

When I came out to Zululand, I hoped to be able to build up a medical unit which would be financially self-supporting. The second year of work has shown good progress towards that objective. The hospital earned income has risen from £404 17/6 to £620 0/3. Should there be a similar increase of £205 2/9 in 1940, that objective will have been achieved.

The importance of self-support cannot be over-emphasised in these days. We are extremely grateful to all those who have helped so generously by their subscriptions, many of them year by year. Not unnaturally, owing to the stress and strain of war, there has been a big fall in donations during 1939, and I am afraid we must expect less and less help from home as long as the hostilities last.

C. A. H. WATTS,

February 28, 1940.

Medical Officer.

## GIFTS IN MONEY AND KIND

We acknowledge with gratitude gifts from the following :—Miss E. Mertens, Miss L. Parmitter, Miss Hilaré Napier, Mrs. Hallowes, Tewin Wood M.U. Branch (per Miss Egerton), Miss Graham, Miss Swabey, Miss Stobart, Mrs. A. W. Lee, Miss L. M. Jackson, Miss K. Vickers, Miss H. Greenwood, Mr. W. Greenwood, Miss M. Hoyle, S. P. G. Norton (per Mr. D. E. A. Sanderson), Miss E. M. Seebohm, Mrs. C. MacDonald, Rev. R. B. Davies, Miss M. Butterworth, St. Peter's Parish Sunday School, Pietermaritzburg, Victoria League, Pietermaritzburg, Mrs. Ferriera, Miss E. B. I. Prynne, St. Barnabas, Peterborough, Holy Trinity, Coventry, St. Nicholas' Work Party, Norton, Mrs. Coole, Mrs. Carr, Mrs. Wigram, Mrs. G. Coulson, Mrs. Harman, Mrs. A. Bryant, Mrs. Offer, Sunday Schools, Empangeni, A. W. Lee, Z.D.F.B., Native Affairs Department, Native Recruiting Corporation, Rev. Joshua Africander, P. Mkize, Mrs. Axton, Mrs. Chapple, All Saints, Wailstone.

# BISHOP ROACH MEMORIAL HOSPITAL ETALANENI

*Statement of Receipts and Payments for the year ended 31st December, 1939.*

	£	s.	d.	£	s.	d.
To BALANCE : 1st January, 1939				181	18	4
Post Office Savings Bank	78	5	5			
Standard Bank of S.A. Ltd.	44	4	8			
Cash in Hand ... ..	59	8	3			
„ GRANTS : ... ..				235	0	0
Native Affairs Department						
„ DONATIONS : ... ..				82	17	1
Native Recruiting Corporation	25	0	0			
Various ... ..	57	17	1			
„ HOSPITAL FEES : ... ..				604	5	3
Out Patients ... ..	129	10	6			
Clinics ... ..	97	4	6			
In Patients ... ..	181	18	5			
European ... ..	195	11	10			
„ INTEREST and DIVIDENDS : ... ..				4	7	0
„ SUNDRY RECEIPTS : ... ..				66	0	8
Locum Fees ... ..	15	15	0			
Z D.F.B. Doctors Fees ... ..	33	6	4			
Refunds—Insurance ... ..	1	1	0			
Refunds—Sundry ... ..	15	18	4			

£1174    8    4

We have examined the records and available vouchers of the Bishop Roach Memorial Hospital and certify that subject to the correctness of the cash in hand, the foregoing statement correctly summarises the cash transactions during the year ended 31st December, 1939, according to the best of our information and as shown by the books.

Vryheid, TROTTER & HOUTSON  
21st February, 1940 Chartered Accountants (S.A.) Auditors.

	£	s.	d.	£	s.	d.
By SALARIES and WAGES				208	8	8
Sister-in-Charge ... ..	120	0	0			
Probationers and Nurses ... ..	63	11	6			
Various ... ..	24	17	2			
„ Z.D.F.B. per Dr. C. A. H. Watts				200	0	0
„ Z.D. TRUSTEES : TRUST ACCOUNT ... ..				78	5	5
„ PROVISIONS and STORES				139	19	1
„ DRUGS and DRESSINGS :				132	5	2
„ EQUIPMENT & REPLACEMENTS :				22	3	2
„ REPAIRS and IMPROVEMENTS :				23	5	6
„ MOTOR CAR ACCOUNT :				67	13	6
Repayment of Loan						
„ SUNDRY EXPENDITURE :				190	10	8
Transport ... ..	12	13	7			
Postages and Telephones	2	2	0			
Audit Fees ... ..	4	6	0			
Stationery and Reports ... ..	6	8	9			
Insurance ... ..	1	5	10			
Car Upkeep and Petrol ... ..	132	10	7			
Refund, C. A. H. Watts Sisters Salaries ... ..	15	0	0			
Refunds, Sundry ... ..	1	6	4			
Locum Fees ... ..	5	0	0			
Nurses Registration Fee ... ..	5	0	0			
Bank Charges ... ..		16	7			
Various ... ..	4	1	0			
„ BALANCE ... ..				111	17	2
Standard Bank of S.A. Ltd.	109	16	7			
Cash in Hand ... ..	2	0	7			

£1174    8    4



# Holy Rood Hospital Endhlozana

---

## FOREWORD

The chief event of the past year has been the departure of Miss Thornton Down after two years of untiring and devoted work, and the arrival of Miss Kendrick as Matron in her place. Miss Kendrick is from Etalaneni and has therefore had some years experience in Mission Hospitals, and we wish her happiness and success in her life at Endhlozana.

The hospital still fills a very real need in this district not only in the curing of disease but in the giving to a people, many of whom are still very backward, a greater understanding of the importance of cleanliness and health.

W. H. BROOKE, Priest-in-Charge.

---

District Surgeon : Dr. M. Peskin.

Priest-in-Charge : Rev. W. H. Brooke, M.A.

Sister-in-Charge : Miss W. M. Kendrick.  
S.R.N., S.C.M.

Native Probationers:—Eunice Kumalo, Gladys Ntshangase, Christina Masondo, Juliet Mnchunu, Gertrude Ngwenya.

## ENDOWED BEDS AND COTS

Hilare Cot	-	Alice-in-Wonderland Bed
Bakewell Bed	-	Frances Bed
Ringmer Cot	-	St. Michael's Seavington Bed
Eustace Chance Bed		

In-Patients—87 (daily average 5).

Out-Patients—2060.

District Visits—341.

## REPORT

The year has seen the inevitable change of staff which was brought about by the ill-health of Sister Thorton Down. She had been here long enough for the people of the district to become accustomed to her, and had endeared herself to them; so much so, that the numbers of in-patients were definitely increasing. To her, the hospital owes much, as equipment, buildings and numerous minor touches everywhere, proclaim daily. The Sister's house and garden which were put up by her are a great asset to the hospital buildings, and provide comfort and pleasure for whoever happens to be in charge. To her our very grateful thanks are due, and we wish her better health and happiness in her work wherever she may be in the future.

As always happens, a stranger coming among these people who are conservative and superstitious, is held under observation for a while, as we say of patients when we are not sure of what they, and we, are in for. Then comes a period of being weighed up, as it were, and following this, one is either accepted, or ignored. After nine months on trial I venture to hope that the first and second stages are past. The first stage was one of living in the reflected glory of my predecessor; now I hope, the weighing up is almost complete, and one waits to see what the result will be. Nothing is done in a hurry by the Zulu or Swazi, and so patience is the virtue most needed, hand in hand with perseverance.

There is little to write home about. The Nurses in training receive their daily lectures from the Sister-in-Charge, and they are very keen to learn all they can, and to carry out their knowledge on patients.

We do not want for out-patients. They come from all parts for medicines and various treatments, teeth extraction, wounds of all kinds to be stitched



and dressed, usually a few days or even weeks old, only occasionally do they come at once, so that the wound has a fair chance of healing. In this way the Nurses get ample opportunity in dressing and bandaging.

In-patients have averaged about the same as in previous years, but nothing really exciting has been our good fortune to nurse. Malaria brought us a few patients at the beginning of the year—one cerebral malaria case died, another complicated form, was sent to the Government Hospital at Piet Retief, and was cured; the rest all recovered. Pneumonia has been nursed successfully, and many specific cases, while the ever present problem of neglect, dirt and over-feeding of babies always keeps us guessing with in-patients as well as out. One or two gory wounds, the result of knobkerries, knives and beer, have given us a foretaste of what it might be in a busy hospital; but most promising we have had two maternity cases in the hospital which were not easy, but successful, much to our delight. So now we hope that the ball has been set rolling, and that many more will be encouraged to come to us.

Our District Nurse came and stayed five months. She proved not altogether suitable, and left at her own wish. We are hoping to try again with a fully qualified Nurse later on who will really help to convince the people in their own homes that prevention is better than cure and that hospitals are not really as 'takati' (unlucky) as they imagine them to be.

Of the Nurses that Sister Thornton Down left, two have gone elsewhere to study for Government Certificates, and one on holiday is not returning, being unable to take in the rather difficult medical lectures. Two more are on their way now, so we start 1940 with four Nurses in training, confident that work done in the Name of and to the Glory of God will succeed in the end.



To our District Surgeon we owe our very grateful thanks for his monthly visits which never fail and for his ever ready advice over the telephone at all times. We wish that there were a sufficient number of patients at his clinic to justify his coming weekly. Then I'm sure we should go ahead with our nursing training, because the Doctor is the deciding factor with these people. And so we trust that the time will come when we have a much busier out-patient department on Doctor's day.

W. M. KENDRICK, Sister-in-Charge.

To those who have helped us in the past we here give our very grateful thanks.

GRANTS—The Provincial Secretary, £30 ; The Native Recruiting Corporation, £50.

#### DONATIONS AND SUBSCRIPTIONS

Ringmer Cot (per Miss Stobart), £2 10/6; Hilare Cot (per Mrs. Walter Napier), £5; St. Michaels Bed (per Miss Kiddle), £10; Eustace Chance Bed (per Miss Chance), £5; Alice-in-Wonderland Bed (per Miss Powell), £5; Miss Balleine, £6; Miss Hoyle, £2 2/-; Miss Buckland, £10; Mrs. H. Offer, £3 15/-; Miss Margerison, £2; Miss Stuart, £1; Rev. E. R. Tarbuck, £1; Miss E. M. Horton, £1; Mrs. Brooke (proceeds of rummage sale), £1; Miss E. M. Scott, 10/-; Mrs. Garbers, £1; Miss Rix, 5/-; M. W. Wickham, 2/6;; Mrs. Graham, 2/6; Miss Mertens, 5/-; Miss Bulman, 5/-.

#### GIFTS IN KIND

Swaziland Government, Drugs, £50; Miss Watts, Johannesburg Hospital; Mr. Landman, Mrs. Botha, Mr. von Alften, Mrs. Ashton Nigel, Mr. du Plessis, Mr. Joubert, Mrs. Garbers, Rev. and Mrs. Brooke, Mrs. Moolman, Miss K. Bigg (England), Miss Buckland (England), Holy Trinity Church (Coventry, England).

# HOLY ROOD MISSION HOSPITAL, ENDLHLOZANA

Statement of Receipts and Payments for the year ended 31st December, 1939.

	£	s.	d.	£	s.	d.		£	s.	d.	£	s.	d.
TO BALANCE : 1st January, 1939				117	3	10	By SALARIES and WAGES : ...				170	13	9
Cash in Hand ... ..	3	14	6				Sister-in-Charge ... ..	100	0	0			
At Barclays Bank D.C. and O.	113	9	4				Native Staff ... ..	50	13	6			
							District Nurse ... ..	20	0	0			
„ CRANTS : ... ..				22	10	0	„ MEDICAL REQUISITES,						
Transvaal Pro. Administration							DRUGS and DRESSINGS :				12	0	6
— 3 Quarterly Payments							„ PROVISIONS and STORES :				91	3	10
„ DONATIONS : ... ..				115	17	0	„ EQUIPMENT and UNIFORMS :				7	14	1
Native Recruiting Corporation	50	0	0				„ REPAIRS and RENOVATIONS :				35	5	4
Native Affairs Department	5	10	0				„ GENERAL EXPENSES : ...				8	9	4
Various ... ..	60	7	0				Stationery, Postages and						
							General ... ..	4	2	4			
„ FEES : ... ..				39	17	1	Audit Fees ... ..	2	2	0			
In Patients ... ..	10	12	9				Reports and Accounts ...	2	5	0			
Out Patients ... ..	29	4	4										
							„ BALANCES : ... ..				90	16	5
„ DIVIDENDS : ... ..				64	0	8	Cash in Hand ... ..	1	4	6			
St. Andrew's Building Society	22	10	0				Barclays Bank (D C. and O )	89	11	11			
Imperial Chemical Industries	41	10	8										
„ SALARY : ... ..				15	0	0							
Postal Agency—10 months													
„ DISTRICT NURSE : ...				27	10	0							
Salary—5 months ...	20	0	0										
Board—5 months ...	7	10	0										
„ SALES and REFUNDS : ...				14	6	5							
				£416	5	0					£416	5	0

We have examined the records and Vouchers of the Holy Rood Hospital and certify that subject to the correctness of the cash in hand the foregoing Statement correctly summarises the cash transactions of the Institution during the year ended 31st December, 1939, according to the records and to the best of our information.

Vryheid, 23rd February, 1940,

TROTTER & HOUTSON,  
Chartered Accountants (S.A.) Auditors

**Collection Number: AD1715**

**SOUTH AFRICAN INSTITUTE OF RACE RELATIONS (SAIRR), 1892-1974**

**PUBLISHER:**

*Collection Funder:- Atlantic Philanthropies Foundation*

*Publisher:- Historical Papers Research Archive*

*Location:- Johannesburg*

©2013

**LEGAL NOTICES:**

**Copyright Notice:** All materials on the Historical Papers website are protected by South African copyright law and may not be reproduced, distributed, transmitted, displayed, or otherwise published in any format, without the prior written permission of the copyright owner.

**Disclaimer and Terms of Use:** Provided that you maintain all copyright and other notices contained therein, you may download material (one machine readable copy and one print copy per page) for your personal and/or educational non-commercial use only.

People using these records relating to the archives of Historical Papers, The Library, University of the Witwatersrand, Johannesburg, are reminded that such records sometimes contain material which is uncorroborated, inaccurate, distorted or untrue. While these digital records are true facsimiles of paper documents and the information contained herein is obtained from sources believed to be accurate and reliable, Historical Papers, University of the Witwatersrand has not independently verified their content. Consequently, the University is not responsible for any errors or omissions and excludes any and all liability for any errors in or omissions from the information on the website or any related information on third party websites accessible from this website.

This document forms part of the archive of the South African Institute of Race Relations (SAIRR), held at the Historical Papers Research Archive at The University of the Witwatersrand, Johannesburg, South Africa.