

# PUBLIC HEALTH DEPARTMENT

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PIETERMARITZBURG

20/10/33.

Dear Mr. Rheinallt Jones,

We were disappointed not to see you and Mrs Rheinallt Jones last Sunday at the 'Assembly', but the fault was ours, for we overslept in the morning, and you had gone when next we were back in the hotel. One of these days we will go up to Johannesburg, and the chance that will be a chance to see you.

I'm enclosing, for your information, the preliminary draft of the course I am hoping to start here in December 1934 ("Estimates" being agreeable). The plan of lectures, etc. will probably be re-arranged and amended, but I send it up now merely to let you know that we really are getting on with the task I promised to do.

If the first six months' course is a success, a new batch will be taken every half year.

Yours sincerely,  
C. C. P. Anning.

(1) 107.2

NON-EUROPEAN HEALTH ASSISTANTS

COURSE OF TRAINING.

The following is a tentative outline for the proposed course to be instituted by the Public Health Department of the City and Borough of Pietermaritzburg .

Each Course to last for six months, and to be limited to 2 Indian and 6 Native Students. Only persons who have reached the Junior Certificate standard of preliminary education will be eligible for admission to the Course.

SYLLABUS.

- (1) ELEMENTARY ANATOMY and PHYSIOLOGY- 10 Lectures. Circulation, Respiration, Digestion, Metabolism, Locomotion, Reproduction, Excretion, and the Nervous System.
- (2) ELEMENTARY HYGIENE -
  - (a) Infection - 2 Lectures. Bacteria, Inflammation, Disease.
  - (b) Personal Hygiene - 2 Lectures. Dirt and Cleanliness, Rest and Exercise, Clothing.
  - (c) Food - 6 Lectures. Composition, Diet, Cooking and Preservation, Milk, Meat etc. Disease due to faulty food.
  - (d) Water - 4 Lectures. Composition, Sources, Purification and Storage, Water borne disease.
  - (e) Ventilation - 4 Lectures. Air, Natural and Artificial Ventilation, Overcrowding.
  - (f) The House- 8 Lectures. Site, Structure, Drainage, House Refuse, Surroundings.
  - (g) Vermin - 4 Lectures. Rats, Fleas, Lice, Bugs, Flies, Mosquitoes etc. Life histories, relationship to disease, methods of destruction and prevention.
  - (h) Infectious Diseases -6 Lectures. Methods of spread; Signs and Symptoms; Isolation; Disinfection. Including Smallpox, Typhus, Enteric, Tuberculosis etc.etc.
- (3) FIRST AID AND NURSING.
  - (a) Practical training at Grey's Hospital.
  - (b) Lectures - Cuts, Burns, Drowning, Poisoning, etc. etc.
- (4) PRACTICAL WORK, including
  - Building construction, Surface drainage, **Condemned Buildings.**
  - House Refuse - collection and removal.
  - Sanitation - Water Closets, Earth Closets, **Removal** and disposal of excreta.
  - Purification of Water.
  - Anti-Larval and Anti-Mosquito work.
  - Destruction of Flies - Deverminisation - Disinfection.

During the Six Months of training, students will work in pairs. One pair will attend daily at Grey's Hospital for one month's practical training in Nursing (3) (a) during each of the first four months of the course. Practical Work in Sanitation (4), under the supervision of the Medical Officer of Health and his Inspectors, will continue throughout...../

throughout the Six months - this work will include Spraying, with the Malaria Gangs, etc. etc.

Lectures, each of one hour in duration, will be given on two or three days each week by the Medical Officer of Health or his deputy. These Lectures will total 56, will be couched in simple language, and the Students will be expected to take careful notes and to answer written questions every week on the subjects discussed. The Lectures will be open to other Non-Europeans who wish to attend, but only the 2 Indians and 6 Natives selected for training will be eligible to sit for the examination to be held towards the end of the sixth month of the Course. The Lectures will be held in the Offices of the Public Health Department, or other suitable centre, and will be free.

The Course will be under the direct supervision and control of the Medical Officer of Health, and persons undertaking the Course must agree to accept his instructions at all times during the training period of six months, and to do such work as he may require. This work will only be of a nature that is considered essential to give the students a full and practical knowledge of Hygiene and Sanitation.

No fee will be charged for the Course, and no payment will be made to the Students, but lodging and rations will be provided free of charge subject to the student attending regularly for instruction and to his carrying out the duties allotted to him by the Medical Officer of Health.

C. C. P. ANNING

MEDICAL OFFICER OF HEALTH.

17th OCTOBER, 1933.

**Collection Number: AD1715**

**SOUTH AFRICAN INSTITUTE OF RACE RELATIONS (SAIRR), 1892-1974**

**PUBLISHER:**

*Collection Funder:- Atlantic Philanthropies Foundation*

*Publisher:- Historical Papers Research Archive*

*Location:- Johannesburg*

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