Darling how badly I miss you ... as I have graving closer Than ever before. This could not herve herpened to us at a worse trine. On darling, how I worry about you, and the ghastly strain you must be order. Breaks my heart to have brought it on you! What times we live in, to do this to people. Just know my darling that what I want is for you to be safe, and if possible now - happy. Dail histate to do what you can to achieve that even if it means prowing my suggestion about Arnord. Dail please sainfiles yourself ... for me now darling. There's been enough sawifice in ow family for all time. (2) My last was withen under impression B was freed only to find out later That he was only in JB temporarily. Was so sure you wouldn't get it ... That to day you took me unawaves, not prepared for reply Want happen again - but That was my 3rd try, 2 others came back reatly laundered! Statement idea was prepared when Stightly inicidal after typical other weekend not this one, When were briked up locked up from gam Sat tru gam Mon. Do not now intend to go ahead with it, but will hold everything to see what happens to B [Timing Kantar?]. If released soon, Then he can discuss Bob theple? my idea with you, and give it a bit more Thought. He knows are about it, as I knew and approved main gist of his. The real test is whether he gets art now a not. (3) No longer Suicedal, but this is definitely very grim.

2)... regime indeed. 15 nins ont morning + afternoon, which includes showeving, shaving + smoking trave! No tacking at all except an these, one alternate "horiday" Sundays: Only communication by muttered words at rare intervals, and now somewhat anxiously?) exchanged.

I am not allowed for or paper, though others have by 5 Recial consent of God or sinat (?) or someone. All making us all vather heurstie and a gubject to mad spans, like the one of any statement which you must please make allowances for - These viv probably get worse as time goes on. Dan't for God's sake take any chances. Procedure is That clothes are searched loning in againg at all seams: vun between fringer + thumb, + anas ditto, All avappings, chorolate pages ex. removed, Bread broken, chieken broken open, butter thied through etc. [num - worked hard to get Then flat to fix nits concar]. Today's gift only possible on these alternate Sundays. Other times, be careful! Orelse, if herersony, or Thinner cloth than you used, NO FOLDS, and if possible at full leight of collar. Try ... lest for yourseif. Thanks for all gifts. Couldn't be bester. (4) he pod. Dait bother too much with this I manage well enough on vations plus peanut batter and + ... ex canteen . others seem were ford conscious than I am. Rations much as 1960, only No MACADAMES thank god, fish twice a week and better cooked and tastier Than 1966: My needs only really charolate, of which I carnot get enough. This is duite psychological, not physical, a bit of print, would dearly lone some sauce, But must be in tube or pashe. No bestles or tins allowed for myself And leaters from time to time are mie. We must be telepatric. The night kepre you brought bruser arote H another of my selected jail Outes - "Tomorrow + tomorrow + tomorrow... when I counder That my light is 5 kent ene 2 my days etc

Darling, do want so much to know a little about the kids.

Am unable to think of them and possible torments they might be heaving at school, because of me. I trope they are happy,

Ther kids can be marsters over things they do not understand.

My love to all of them Please, and my wishes for their happiness.

On God har I wish I did not suffer so from locked jaw,

and had talked to you more of things that I want you so

to know and understand. Perhaps

CONT FROM OVER

in my test I wish write same of what you oright to know. Thest a few more Mings before I end all this. O Did you find the mut + both plan? And if so, hope you stradied it carefully before finally dispatching O Miriale (?) should be asked to thoroughly clear cotage, esp. burning all dosureunts.

If is still there, it is being saight. Someone with gloves should run down to a buiet street and abandar.

(3) I tas anyone untside got contact with NES..., especially They I'm cheeps, and if so have good? I have some thoughts for the buthe. (3) Muss end. Lecklessness.

Other peoples mainly I trink, is costing me enough.

Must not encourage more. Lead the love of soloman of up haven't, + know that I wish I had written it for you. All my love: + hope with me please!

5) TUESDAY.

unat? If orners I know the answer to that I could stop tornenting myself. Ist Business @ fews are showing signs of and age. Expring would be the last straw. They are Mastic Evershap 20. Ink sticks are marked 'o Evershap E'. Could you get 2 repills. I think it should be possible to force them into a banama from the bettom up. Would you repeniment. As long as there is no come osce, + preferably if banamas are an stalk, so little chance of their being picked up danger and forward. If macticable, don't wait for weekend but send in with hext caller please. To either

B or me . (8) he carditions here is it possible to get D+A to countly a case by best methods admised by lawyers, to challenge various regulations. The position is, as stated to us by colonel t by cops, that all regulations about our conditions are laid down by commissioner of Police, to whom all resuests for variation have to be addressed. I do not think the negulations care in writing, because I have twice asked to see them, t 2ce been repused. On a reading of the Section of the Act, the C of P is only given discretion an conditions of "access" to detainess. It seems to me, and to relevant caused that in all they respects, "awaiting trial" conditions should apply. This is expectably relevant to looks, worth writing material, possibly to letters in warting they by correspondence is not "access". If we could beak

6) The book ban, it would help merale, and west prospect of Reorle Cracking + beginning to talk. Books could be either in mison library, or burght on prisoner att a/c by prison, or even from antide. I think a wrife or relative should try an application to court, of There is any thance of encies, especially also in new of of publicity value. (9) Yourself. My view is very strongly that if overtwied about Ag; you Should NoT stand an principle, but answer exactly that the date was made by me, who was There, + most will was for AAM in Landar. Arso, be prepared for conestrais of your with Phoeb for purpose of material on for WIDF. Dan't make an issue j'it. (1) 14 Intre levers contain case, will use the "Quick brown" law?, numbering lotters 1 to 36. If (my own) letter more all humbers are place to light. PS. Should end have but cannot bear to. This is life forme!

- trying to put an argument. It failed totally. I Think perhaps Jan, too in a slightly different way and for different reasons was also uneary, but whether he really understood my position, I don't know. Did you know that A, the inglit before he left - I think it was a Saturday , and you were ant, came round and had a last tremendous argument with me because I had omposed his going - The Mission, not his personal departure - which I trought then and still trunk now was hay-baked, adventions, recklers. Ivorine isn't it. That I should be here and he there. It fills me with sey-pity when I think of it, which is one of the worst of emotions, and one I am very prone to I don't know the wangs and inghts of it . Perhaps I am getting too old, too Conservature for these times lestamytoo old for the game of cops and where, which is for the young, the ainch and the daring. I don't know nearly what all thus preams to you now . But sanchan I want to say it . For it
- 8) It adds to my fears and womes for the future. If There is a case in which all are joined, (se me accusation is against them all together, not individually I do we Aid all talk one language, Elek one vood? Conscience doth make cowards of us all , and especially of me . For I Jean to have to defend things which my conscience tous me are wrong. Verhayos this, as much as my personal compar and safety is what makes one hope so desperately for some happy turn-whatever it is - to avert a really dreadful devision for me. You know Hilda, being in prison is pretty awful; but therable for a man like me. I would stand it diete early 1 Think for a long time; The discampants and privationshie wery little to me. The worst of it is the were Separation from you and The kids, and the knowing that while I am here they

In the case, when overfixed by Yutar, must have given impressed that was ag. mil. action, .: got a suitted.

V. loyal communist, unwilling to go ag convades, v. diff live to tread.]

[Aways said he will never be forced to leave S. A., but year 90

days experience, just wanted to go - had previously underved these for during that].

one growing out of childhood - the years in which I lone them best - and I can never recapture that. But being imprisoned even for a long time does not weekly shatter he but it is The thought of being for ever afterwards placed in a false position, saddled with smeething are did not want, limable in fact to Justify, or take any proble in the cause for which one goes to jail -

9) This is what "shatlers me and frightens me silly.

If all that makes no sense to you darling,

I many I would be able to explain it if we had a

while to ourselves, but cannot do better under

those aircumstances. It is anyway with this sort

of theights that I prepared Signal. B is now being

[poss Timmy Kuntor]

[signal was to do with his planned escape from SA

if he was released when Changed, not stay to face mal]

messed about, and I have decided cultimately that,
if he is not out by next Thes, I will send Signal Pair I
on wed. or whenever you come, t part Z on Sunday.

>21, 24, 23, 28, 3 & To. PART TWO 19, 6, 21, 21, 2(?), 13, 33
NOTE THAT PART ONE IS 12, 11, 10, 33, 21 - 15, 13, 3 - 14, 15, 5, 10-

5 2, 22, 25, 33, 14, 6, 10, 21, 1 - 1 must how

to give you my bail assument + 10) grounds for hope : bail will depend on : i) Proving we intend to leave the country and 2) NOT allowing count to be stampeded by atmosphere in cautry, trial by newspapers etc. First (is 1956 Minister annunced same 200 to be arrested + Cherged as sympathus... COP (Cargness of the people. Had good reason to suspect I was one of because had been active in early stages of campaign, and b) had believed series of barning orders in Audst of campaign. When arrests took place of approx? Or people was not among them. It was frethy remained in movement and I think in mess, It that more airests were coming. Stayed at home, and a week or so later was duly arrested. (2) During 1960 Emergency. On hight of 1st awests, was triped off by Widlek that arrests were due that night went back to bed. was not arrested. Again about a week later, visited by WK at about 10 pm + again tripped of. Had good beasan to suspect my own armest as almost all TT [Theason Trial] fearle glassedy in jail, and had seen that WK's higormation was authentic. Event to bed and was arreted at

Was me of last 3 released, thus indicating that Gort.

Negarded me as some sort of Public Themey No. 1 (other 2 L.

Levy, J. Slovo). Could have left country with case

1960/61 or 62, as for almost whose of this preside every

Member of my family except myself had valid passport.

Was repeatedly vaided, + becoming devicous that I was

becoming a target by fact that vaids intensified in

1962 (culminating in 2 vaids within 10 days) and

withdrawal of wife's pp [passport] and later Seizune

of daughters, Then by Time 63 according to priess

Leparts was one of only 2 HAs [House Amesters] left

in Transvard. Finally, Came the 90 Day arct, in Which

[]. Cont.

The Minister stated in fartigment That I was just the sort of Chap it was designed to deal with, a words to that effect. At That stage, was asked by Harsed compte forcibly to leave country- refused. Later, visited by family deputation, urging + Thering money, look after kids etc. Represed. Since that date have reported at marshaul square daily, hever knowing whether I would walk out again! Public knowledge that frontier was being closed on Tuly 1st, + of Ceft by then. Note: Glassman could testify that in 1966 I contacted him me day to take oner of my briggest Job, Stating that I felt Sure I was about to be americal. And I think the same right was americal! On this basis I claim that I have not only shown that I have no likelihood of leaving, but have shown pessistently positively that law NOT GOING TO! Sary to Unload this on you darling, but I am bursting. Rease necord This basic strest for use one day, hosting forward madly to Seeing you tomorrow, I hope. All my love to you to all the kids. Look after yourself. (This seen Jimmy! Good God .).

7

TUESDAY

This letter is also headed SIGNAL PART 1 and has a message in code.

Pen seems to be keeping its end up, thank God. So just to complete nuts and bolts. I have been rather a lone voice among my friends for several months on this I'm afraid. When I was younger I would have been utterly certain I was right and they wrong. Now I'm rather more humble. I just feel they must be wrong. But perhaps the truth is that I have grown too old, slow and cautious for these times & too weighted down with family, property & business to keep the quick daring needed in these days. I don't really know. All I know is that a lot of this development has made me very unhappy for some months. I have tried desperately to make

2/ myself understood & have failed to convince anyone. So there it is an unhappy position at any time and most of all when I face the sort of situation I face now. I just wish I felt now the feeling of complete certainty that anything and everything that will come out in my case I can defend fully, openly and with my whole conscience, knowing that it is utterly correct, defensible and that if I had my time over I would do it all again - which I constantly felt in 1956 at the TT (Treason Trial), and which carried me through that rather awful ordeal without any of the fears &

3/ neuroses of today. Or is this just the effect of 7 and a half years added on?

But to return to H for a moment. I don't think I made it clear to you that I passed your reply to him. Bur except for about 20 words on Sunday - a real feast of conversation - have not had any opportunity to discuss or question, so do not know whether what you say will change his mind, though I did add my opinion that you are probably right. I don't think he has got the assurances yet he is angling for, but if he does he may still make the statement, so

4/ Perhaps some sort of indefinite warning should be given to the lad, just in case. Will continue when I can, but don't expect that to be before 15th, the way things are here. 10 days already since I saw you. It is a funny thing - the hours of each day seem to drag by slower & slower as time goes on, and yet the days & weeks seem to go past quicker. The first time I waited 3 weeks between your visits, it seemed an eternity that would never pass, and already I am asking myself whether you will get

Rusty Bernstein Prison letters

another permit from God about 3 weeks from the last, 10 days +/- from now. When the count of days will be 65-25, which seems to be almost the end of a road, not THE road, perhaps, but a lap of some sort. I have found these past 10 days the easiest, most tranquil of the whole

5/ thing so far, less tense & neurotic, probably because I have now completed a number of things - SIGNAL which has been on my mind in all the details - those stated and those not stated - for a long time (I would like your views & comments when you have it all). And also the case for my bail now in my prejudiced eyes a very formidable case indeed. Hope someday the courts think so. So now, those things are behind me, I don't beat my brains - or whatever's left of them - over every detail any longer. They are done, I can do no more on either of them, so now I have almost reconciled myself to waiting to see what happens - ALMOST! Not without the most expectant hopes for the book case, for the 90th day & perhaps a charge, for the possibility that the habeas corpus thing might be reversed in the Transvaal or on appeal. Any such chances? I have set your music poem to music - corny tin pan

6/ alley type music, and added it to my repertoire. You know it almost reduced me to tears the first time I read it - HERE I mean, not in Italy when it said far less to me than it does now. Afraid I'm getting reduced to tears rather easily these days. And I sometimes wonder whether that's a good or a bad sign for my peculiar personality. Any time you have space on the back of a letter, & time, you can fill in with the words of songs for my (affection?). Would like your APRON STRINGS one, and also Barbara Allen, & the one that goes: Believe me, if all those endearing young charmers - Raleigh? Thos Moore? Someone like that. Space running out now. But darling I really meant what I said in my last - don't beat yourself into a frazzle writing to me if the strain tells, once a fortnight will keep me alive. It is the writing to you, knowing that somehow we are in touch thinking of each other that keeps me sane. I can really manage without letters too frequently. My love to you all, to all the kids, and to you darling, now and always.

Rusty Bernstein Prison letters

SUNDAY

God bless you for the bananas today darling. You really are telepathic. Today am trying to stay very () and to write very carefully, to explain some of the things I must explain to you. First, the nuts and bolts thing was NOT on me, though it was supposed to be. But I was so uneasy about that day that even after I got into the car to leave, I had second thoughts and just shoved it away where you found it. Do you know that I had absolutely refused to go there again. But it was a (number codes.....). I had been trying desperately to argue my nuts and bolts case without any success. It was well after 1 and I had to dash to report and home. () - just the once - &

2/ because I could offer no alternative on the spur of the moment I agreed. On such judgements a man's fate can hang. But anyway, I left the bolts & nuts behind. I had nothing of significance to a case on me when arrested. Bob () were together in a sort of guest house place when they raided, and Gov () and Kathy were outside. I understand the police claim they hopped through the window of the cottage. Den, I gather, was in the lounge of the house proper. DG only arrived home at about 6pm, long after the raid. Exactly what was in the () or the house I do not know, except that I did see

3/ and handle some papers which were on the table there. I gather some of these, one of these at least, is very damaging, but I think that if my prints are on it at all, they can only be on front and back, not on inner pages, as I did not read it, merely picked it up and put it down again. I think therefore that any case against me must be based on fingerprints or documents found, or on my association with the house and people who frequented it, which does not seem, to my mind, a very firm basis, but the legal eagles may disagree. As to a case itself, as I see it, if they want to (join?) even all the July 11th people, let alone others, they will have really very

4/ formidable difficulties with the indictment, as in the Treason Trial, which makes me fear that if this is their idea they may hope to keep us here till next year when Parliament sits so that they can reintroduce an amendment to cover this difficulty which Vorster passed this year and then withdrew. What a bloody grim thought! But I realise too that public pressure may move them into some

5/ other, and I hope earlier action, sitting here like this, I would frankly welcome any steps which bring me back amongst people, where I can talk - even a charge of any sort. You say you hope I can hang on. Of course I can, of that I have no doubt. But it is hell, not just the loneliness and solitude & tedium, but the devilish neurotic fears, anxieties and tensions that one can work up with only ones own mind for company and nothing to move it to think except one's own troubles. I think that while Hs idea was not agreed on, you should not be too hard on him. You can't imagine what this life does to you, in which you become not just the centre but the whole of your universe, your own fate, your own future, even your own food and bowel movements are important, because they affect your life. But nothing you do - or say - can possibly alter the life of anyone else - or so it

6/ seems. You become the completely non-social, I suppose really antisocial monster. I have been thinking for some time that if I ever get to write articles again, this is one I would do for Amnesty - the breeding of egocentric monsters. You ask are you right or wrong about H's message. Frankly I don't know, I no longer trust my judgement on these things, as I told you. I think you're more likely to be right, however, than any of us here are on these things. I had my doubts about it, which is why I said "H's idea!".

And now, just to finish () my old hobby horse - bail - which I will try () to raise again. But a further thought. Fuzzy could testify that in 1960, after the first arrests, we saw her together, told her that we both expected arrest, that we were not going to take any steps to avoid it, and would she look after kids. I raise it now because, if she is

7/ going to leave SA, will you see that she puts these facts down in paper form, in front of lawyer or whatever is necessary for court use before she goes. Not a big thing, but just another of these little things which come to mind as I beat my brains on the problem, and which may just be enough - MAYBE, but I daren't discount the possibility! I realise that all this escape business makes the chances even slimmer, but I keep hoping!

MONDAY

Don't know where to start and so much I want to say. Somewhere in your screeds you doubt whether you were the right wife for me. I have been doing a lot of thinking about us, darling, and about me especially. I think that somewhere in my life something went wrong. It seems to me that I never really became a <u>complete</u> adult, if that makes any sense - not

8/ at least till very recently. Why, I don't know. But it seems to me that there really was never a time in my life when I didn't have some sort of emotional blockage of sorts. And in that state, I don't think there was a "right" wife for me. You are as right as anyone could have been. But I feel that it is really only now, recently, that we have really been the couple we should have been if I wasn't such a mess.

PS Re pen. The above starts with an old one, & changes to latest model midway through. As you see, if you compare it with yours, its bloody awful. Do definitely want a better make for my sake & yours. But as long as you can read this, don't send it till weekend 15th approx unless I send desperate call. This one manages well on paper, but not on this!. Stick to () transport. Not biscuits!

THURSDAY

[This letter also contains a coded message entitled SIGNAL PART 2 which is written in capital letters.]

Had your apples and things today (......) getting very emotional about things very easily. First, the nuts and bolts. I think I have now put it of you as simply and clearly as I am able under these conditions - except to say that my piece you read was NOT the start of a controversy, but my <u>last</u> attempt after some

2/ months of argument, to state a case, and try and get some understanding or support for it. I must say that in my view, the reason why all political activity worth talking about has come to an end - amongst whites, Indians and Africans, - or of any open, legal, mass type - is because there is in fact NO lead of any sort possible to be given in this way if your objective is not a negotiated settlement.

3/ Off that topic now, () I suppose you will know Sean () who I imagine must have the story. But Clindt is right. He did try to escape, at Vereniging, and got caught by some mischance or other just about at the last wall or barrier. Not very clear on the details myself as conversation is down almost

4/ to zero. Since the search, warder (?) now appears to have been inspired by the finding of a note from one of us in JK's bible - silly clot - vigilance is at its height and even muttering in the yard is very difficult. The position is - we exercise in a dreary enclosed yard, slate floor, cells all round 3 sides, open stairs, WCs and tap in centre, we are not allowed to talk at all, must take turns for WC (though there are 2 side by side, only 1 may be used at a time). So we pace up and down, not talking - really rather grim, except that now at least there is sun on one side, so we stick to the narrow sunny strip. When we first got here, we could only just get our heads this sun by hugging the wall. But sometimes when I really look at us all, I am reminded of the ghastly Van Gogh picture, of the men going round the

5/ exercise yard at some grim French jail. Quite chilling, and utterly inhuman. Did E know that D is in chains? Both ankles joined by a long clanging chain day and night- which is standard treatment for escapees. I think the day he was brought back here, I nearly wept! This is really the

saddest sight I have ever seen, made me feel sick for a day and still disturbs me. Really the saddest sight ever. From that moment on, darling, I knew that I have really only one ambition left in life - that is to 35, 28,1 - 30,12,30,32 - 44,10,11,14 - 26,37,6,21 - 29,30,13,33 - 14,15,25 - 29,23,28,25. I am dead serious about that! I suppose it is an accumulation of things - and those chains were the finish! I will never forget that sight. I feel now so utterly sad at the mess I seem to have made

6/ of both our lives. If only I had been able to talk, perhaps I would have really known how you felt, and not just have gone knowing my own feelings and not really knowing yours - suspecting, yes, but not being able to talk openly about them, think them over. To have to try to do it like this! Let's hope we get another chance, and that I manage to do things a little better, for both of us. You ask me about an exit visa. I don't believe anyone is going to be offered any such thing. If it was offered me now, I would turn it

7/ down, because I would regard it as a trap which would be used against me on bail application when the time comes. When I had been here about 8 weeks, Lt Swanepoel of the SB asked me when I was returning to answer questions, whether I was interested in an exit visa. I said no. But if that was an offer, as a man with family I would feel obliged to put the matter to you. He quickly said "No offer, just asking". I still intend to use even that fact in my bail application if and when. Just before I run out of space - can you please try and get for me a full picture of what happened to Mosie and the others when their 90 days were up eg were their families told anything in advance? If so, were they told day, time of their "release". How did release in fact take place - how far

8/ were they allowed to go? Where were the cops? Were they themselves told they were being released just in order to be rearrested? Was their release in fact exactly 90 days after their arrest? To the day, or also the hour? These questions are beginning to loom fairly large on our horizons, now that 60 days are almost over and the (?) of this crisis (?) is almost within thinking distance. Personally, do not believe that after all this escaping, we will get out of jail at all, except to be charged. Bu if not charged by 90th day, does the CT habeas corpus judgement have any significance. Does it for example, make the point that you MUST be outside a jail to be properly released. And if so for how long? Also, are any Tvl. Habeaus corpus cases pending, and do the

9/ legal wizards think the CT judgement was well founded - that there is no chance of getting a different ruling in the Tvl? About myself here. My cell is approx 15ft x 8ft. It has a table - the size of that little blue one we use in the garden only normal height, and a hard wooden stool, backless. In one corner is a raised platform, on which is enthroned the 'sanitary pot' so-called. That is all. There is a square window about 8/9 feet up, barred, with wire mesh over that. Partly glassed with glass so heavily crusted in dust that you really see 'through a glass darkly'. Through it I can see sky, and just the tip of a brick gable at the jail hospital. Blanket and the felt mat on which we sleep must be kept neatly rolled and folded against the table from 6am till supper. Clothes, food, toilet articles etc are either neatly laid out on table or kept in paper carrier bags. For some reason known only to the (......) no suitcases or bags of any sort are allowed, only paper carrier bags! Or topless cardboard boxes! At

10/ Supper time, shoes must be placed outside cell doors - for some especially obscure reason and remain there till breakfast. So in these cheery surroundings I spend the day. Can only write at night, when surveillance, interruption etc are reduced. The light is (.......), recessed onto the wall behind some mesh so as to throw a beam of light across the cell, and leave everything below 4' high in shadow. If I come out of this blind, it will be partly the result of writing in this gloom, but mainly of my needlework efforts, which I hope you will agree have improved since white cotton was received, (More sent in a pocket on Sunday 15th would be appreciated!) This gloom led me to think seriously about this problem of threading needles! And my latest invention is a needle threading gadget, which I think will work but won't know till I try, and if it does should earn me the nobel prize. How women have been prepared to put up with this nonsense for so many years I don't know - in the machine age too! Personally, have recently been feeling great - ever since your last visit in fact - we're relaxed, less tense, depressed, neurotic, in fact I think I

11/ have now just really adapted myself to the life. If it wasn't for the periodic traumatic events (....) and the fearful heart strain I go through every time my clothes go out or in here, it would be fine. Forget the idea of anything in the food (...........) all the awaiting trial people would get it, and in any case putting NOTHING in your cell is more effective than something in your food!

Personally I am finding the nights worse than the days, lights out at 8pm, Try to find exercises etc to keep me up till about 8.30. But then I wake at dawn, and the next period till 5.30 is spent tossing and turning, having fearful nightmarish dreams etc. Quite awful, and I often contemplate getting up and pacing. But NO SHOES! So I just stay and suffer. Must get it stitched up so just a few odd thoughts. My last note must have mixed you up with the dates (.....) so long delayed. Anyway, I tried, I think, to cross out the suggestion about the pad. In any case, scrap the whole idea. Can't hide it, and have found after last search would be too awkward to be worth while in any case. Please note next GOOD time is approx 15th. For some reason am not getting (.....) but have a wonderful title if ever I do write notes from here. Barbarians at the Gate. Which just about says it I think. Finally, now that you have signal, you may understand the (.....) which I decided on when I first dreamed up signal, and am going to keep until used or useless, although I am finding it altogether a nuisance, prickly, uncomfortable and a (....) in the face. Will carry on check here tomorrow or Sat.

Friday 13 Darling, my needlework must be improving! For it passed eagle eyes going out, passed your eyes, and again eagle eyes coming in. This was last Sunday's message to you, in my pyjama cuff, and it was only when I got it back after your visit that I could understand those furtive looks you kept darting at the warder. I knew you were trying to ask me something, but I did not know what. This is the whole story - & also all that was in the note you missed. On the previous Thursday, when they took my dirties away, they gave them a thorough going over that made me panic. Then they went, and I expected your clean stuff. Nothing came, for almost two hours. I died a thousand deaths in that time, and my heart beat as though I was about to have a stroke. No reason for the delay. Some silly ass put the clothes in the wrong place, so everything was OK, except me. I was as shakey as I've ever been in my life, quite irrational panic, I

2/ suppose, but there it was. I felt sick for about 24 hours. And then, on the Friday, was just recovering when they did another search of our cells etc, down to unrolling the toilet roll to the end! Again, quite irrationally this upset my nerves so horribly I could not eat all day. On Saturday, still shaking mentally, I decided I just could not bear to go through with this strain any more, much as our correspondence has meant and still means to me. But this panic & heart strain I really cannot stand. So on Saturday I removed all messages except for a short one saying this. I suppose you found the traces of my needlework right where this is, and wondered what happened. Well there's the story. And darling, I really mean this, I will not send again until today fortnight,

3/ and I beg you, please don't you either. If you could only <u>see</u> the searches now; they get more & more serious, like the FISI looking for atomic secrets. Partly the reason is that they <u>know</u> there is a pen somewhere, and they suspect S or I. Partly, it is that this has now become a personal matter, in which the warder seems to think his standing is at stake if he does not succeed in tracking us down. Anyway, its all getting quite silly, and your last message only just came through. So please, hold everything until 29th. My message also said to tell S that B says please DON'T

[All cotton taken in raid. Please put in book SEE PYJAMA COLLAR]

Rusty Bernstein

Prison Letters

4/ for much the same reason. I also told you that about a week ago the doctor came around, looked down my throat, put a stethoscope over my chest, looked at my ankles (? Beri beri or what?), asked about my nerves, appetite etc, got the standard reply - all right - and then at the end, said he had a statement from headquarters alleging that I was in a state of complete nervous and physical collapse. Darling, if this came from you, believe me it isn't true. Physically, I am I think in order. My nerves are really playing up, and I feel almost all the time as though I am just about to make a speech at the City Hall steps. Am very very fluttery internally for no special reason, and feel as though I am as old as father time, and shaky as a leaf.

5/ I now really worry about what will happen to me if I am not charged by the 90th day, but put back in here for another stay. I know that whatever hell it plays on my nerves, I will see this 90 days out; but if it goes on after that, well, I don't know how long I will survive it without being reduced to complete jelly. I am only now, I think, beginning to realise what a beating my nervous system has taken over the last 4 years - ceaseless tension, made worse by the strain of house arrest when everyone who set foot in the house caused me to tighten up. And finally the weeks, so awful I cannot even now think of them too

6/ calmly, when every day I had to screw myself up to go in to Marshall Square, expecting to be kept there for 90 days! And now I know that I am pretty close to the end of my nervous tether. I am at my worst at breakfast & a few hours thereafter, then pick up during the day. If diet can do anything to help me here, please feed appropriately. I did once think that, if it got to this stage and I seemed likely to be held for another stretch, that I would try & bargain for an exit permit against a statement of the kind I once sent you. But now I know that even here there is no hope. They will agree – as with B - & give nothing. So there is a really bleak prospect – unless charged which is what I hope for now – just to be able to talk to people!

7/ Cillah is a great friend of Yutar's, perhaps she's caught some line of information on when charges are likely. D is told by cops that there are, at present, 5 groups of 5 people, to be charged separately, and that he is the only white definitely tied up with Umkhonto. I get the impression from Dirker that in my case they will rely entirely on my supposed "executive position" in the movement - his phrase - and my association

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with the AG house. But whatever it is, if only they would DO it, & stop torturing us. Cannot wait for news of book's case. Re slide rule, if he can spare the time, Izzy is the chap to get model finished. a) he has technical knowledge, and b) Dorking (?) was introduced to me by I's African Stan, & D I was near Izzy's shop (?). Would you ask him? Finally, Pat's present. Don't know what you tell the kids of our correspondence, but leave it to you to tell him whatever story you think fit - perhaps say it was brought out by someone? Pen obviously failing now, but DON'T send refill until 29th. All my love to you, my darling. Hold thumbs for me!

Rusty Bernstein

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PART 2

Still Monday. Going on to the nuts and bolts thing. Rather tricky to explain, but I'll try. Do you remember about the end of 1961, when Umkhonto issued a proclamation of sorts - I think its first? It said in that, that although it had resorted to a course of violent struggle, it hoped that its actions would lead, even at that late hour, to reconsideration of their position by both whites & govt and lead them to see the need for a peaceful settlement before events reach a state of war. (My memory - not very accurate). That statement stuck in my mind, because it seemed to me the most important part of the whole thing. I have a fear of military men. I fear them especially when they turn to politics. Some politicians make reasonable military leaders, but the converse I fear is seldom true. Military minds tend naturally to military solutions

2/ of every campaign. Which may be good military strategy - I wouldn't know - but it isn't good politics. So looking at this Umkhonto statement I thought from a non military point of view - a political act for a peaceful settlement - not for military victory even though the way to that settlement had to be prepared, opened by military means. That was a most encouraging sign to me in an otherwise bleak & grim portent for the country's future. (Am very much afraid this pen is giving up. If I change to pencil please take that as asking for another.)

3/ But as time has gone on, I have noticed in discussions with many people that gradually the <u>politics</u> of the thing have receded and gradually - especially as the government has turned increasingly to military rule in preparation for a military showdown, the militarists' ideas have begun to gain ground and the resort by eg Umkhonto to violence is no longer seen as paving or helping to pave the way for a peaceful negotiated settlement, but rather as the exact corollary to the Govt's

4/ idea of military showdown for the purpose of military victory. Thus, by what I can only say is wrong, dangerous thinking, a school of thought grows up which no longer seeks a negotiated settlement. It argues - and with good reason - that the white SAs have shown that they will not negotiate - are not prepared to talk or to concede anything. That therefore people should forget ideas of settlement by negotiation & think rather of victory & conquest. That to campaign for a negotiated

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settlement is just to sew false illusions. I understand their bitterness, and the justification for their

5/ bitterness and pessimism. But that is not to say I approve the political reasoning: I don't. I think that to visualise a successful campaign for this govt to seek a settlement with the non-white people through negotiation, one must visualise extraordinary conditions - NOT the conditions of today. Therefore people in politics should set out A) to bring those extraordinary conditions into being and B) must campaign ceaselessly here and now for a neg. settlement even though now your words fall on deaf ears. For thus you prepare the way for peaceful settlement tomorrow when either THIS govt may negotiate - or it will have to give way to another which will. The only alternative I see to this is the slow and steady drift towards civil war, which is already under way. and that, if it takes place in an atmosphere where both sides have decided that the only end can be through military victory, is a prospect of such long, ghastly & unnecessary suffering that I cannot contemplate it with anything except horror, thus the nuts and bolts argument. All my love for now darling, may go on tomorrow if space permits!

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FRIDAY Darling, will try to write as calmly as I can. But after a break that seems to have lasted so long, I have so much to say that I GET ALL WORKED UP AT THE PROSPECT. First, let me tell you that all the signs point to a charge being formally brought against us in this coming week. Yutar's statements to people are that charges will be laid approx 1st Oct-sabotage, alternatively unlawful organisations - and a summary trial without P.E. will be started if possible about 15th Oct. It may sound odd, but I sincerely hope that this is true, just so as to bring our uncertainty to an end, and also to save us from the prospect of another 90 days like this - a prospect which frankly fills me with such awful depression and fear that I cannot bear to contemplate it. Right now, taking the Yutar statement as true-though it may well turn out otherwise - I feel almost excited at the prospect of enjoying - GOOD GOD, ENJOYING! - the conditions of a normal awaiting trial prisoner - company, conversation, books, sounds like heaven. I have to adjust (......) the future

2/ with a charge like this ahead. I try to prepare myself mentally, to accept the fact that I may be imprisoned for a long time to come, and believe me, I have become fairly philosophical about that prospect. But still my obsession - BAIL - just remains. I have worked over and over my case for bail, spent 77 days on it in fact, and I know that a stronger case is virtually impossible. If on this case, bail is refused, well I think it means that bail on such a charge has been abolished. I know well what a slender chance there is, but yet I clutch at this straw. Darling - for the last time - I beg of you. Don't let the lawyers tell you there is no chance, or treat it casually because they don't believe. For this, please please, whatever it costs, the very best man to argue ONLY AFTER CONSULTING ME! To me this is, in many ways, more important than the case itself! I know it will probably fail - but the chance alone is worth so much to me, and gives me some hope in

3/ these conditions where what little courage I have gradually erodes in loneliness, with no one near to sustain me. THAT'S BAIL! FOREVER, I WILL NEVER MENTION IT AGAIN DARLING.

Sometimes, in this place, I hear Benny's voice, and I find myself envying him - 3 year sentence and all, because he is in the land of the living, at least, while I feel as though here I am down amongst the dead - the walking dead. But really my main feeling here is a vast love for you and the children which is slowly breaking my heart, because involved in it is a tremendous sorrow for the awful mess I have made of all your lives. There should (PTO)

4/ be heroic and noble thoughts in a time like this to sustain me, but there are not. Just a great pitying for the utter mess I have made of life, with little to look back on with any real satisfaction except the knowledge that I have lived my life with some measure of integrity to my own principles and beliefs. Sometimes when I look at this mess and wonder what I would do if I had my time over, I still think I would tread much the same path again - in its essentials anyway, I must have been born for trouble. So darling when I say that all I want of life now is your happiness - all of you at home - I really mean it. I want more than anything else that you all should seek your happiness as best you can, regardless of me, my troubles, my mess. I just don't want any of

5/ you to carry my mess like a millstone around your own lives, I really don't. Please remember that - it is utterly serious - if the worst happens in the weeks ahead of us.

If things happen as I expect, and we are charged, I will NOT write again in this way. This may be our last (............) letter. For once we have proper opportunity to write and to visit, I will <u>not</u> put my nerves or yours through this gruelling business any more! So darling, I want now to say something that may not be easy to say through the wire! It is this. Nothing has given me worse torments here than the fear that something might happen to you, or that you may get dragged into this nightmare situation. This tortures me almost to distraction. On days when I expect you - for example

6/ I expected you on the Wednesday before your game reserve trip. And every hour that passed, I aged a year. I kept telling myself it was madness - as it was - but reasoning doesn't help against an unreasonable fear. Then the next day I said well she will come early, on her way North. Again sweat and panic, until you came. Yesterday clothes arrived as usual in the morning, but no food till afternoon - left in some office I suppose. I spent the morning worrying: where are you? Why did someone else have to bring the clothes? And then when food came, somehow it looked more like Shirley's style than yours. For a while this too gave me ulcers. Darling, I know this is utterly crazy of me, destroying what little courage I have. Please

7/ Please don't do anything that carries these risks. Not now, please. The strain of sitting here, not knowing from day to day whether you are safe & sound or not, is breaking me up. I tell you this now because - when we know our future - I will want to talk about it to you. If bail is granted,

then we can really talk. But if it is refused - or worse, if nothing happens this week and I have to face a further period like this, please I beg of you think of this. I know it probably sounds rather cowardly, snivelling. Maybe it is. But darling I can't help it. I am not a very brave man, and it is the fears of the imagination rather than real threats that I am not fit to stand. Please think of this. Don't let both of us make the same mistake of going on and on with a course of action out of sheer doggedness, and both finish in the same mess! Oh God, how I wish I could have an hour alone with you, to talk.

8/ Personally, I feel now somewhat better than I did when I saw you, and when I last wrote. My nerves are still pretty jumpy, but much better than that awful period, 60/70 days, when I really thought I would not be able to see this through. Perhaps it is the news that charges are likely soon that has helped recovery. I don't know. But I am not now in the position I was 10 days ago, when really, Hilda, especially at breakfast time, I used to sit on my stool so utterly broken and beaten that it took me all my strength to get myself to stand up

9/ and face another day. I feel easier, less tense, but sleep less, wake earlier, and pace the floor more & more. Most days I am up and pacing half an hour or more before the 5.30 bell and lights go on. And today, for instance, have been pacing almost all day except for time of writing. But still, relatively slow, controlled pacing, not the frenzied speed-gathering pacing of my worst days.

News from outside does <u>NOT</u> help me, I'm afraid, or at least not the kind I get here. From cops, I learn of Dennis Brutus awful business. Which just reinforces my ambition. I cannot stand to think of these things any more. After Dirker one day had given me a half hour summary of the news as he remembered it, I felt like the chap in the comic strip I once saw, who was rescued from a desert island. Did you see it? He is taken aboard the rescue boat, lies at ease in his cabin, turns on the radio for the news, opens the paper, and then jumps overboard & starts swimming back to the island again. Me too. I've had enough of this bloody heartbreaking world for a while.

Darling, that's all unless I write again tomorrow and place elsewhere. All my love to you, now & always, whatever happens. Just hold thumbs for me please. And love to all the kids, big and small. How I long to see them. But not here. Please look after yourself for your sake, theirs and mine. Please! PS If still detained, will continue once a fortnight with this correspondence.

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