# ANNUAL REPORT

# 1939.

108936

# S. LUCY'S HOSPITAL KAFFRARIA.

# THE HON. SECRETARY'S LETTER.

February 22nd, 1940.

# DEAR FRIENDS OF ST. LUCY'S.

At long last the Report and Jottings have come from St. Cuthbert's Mission and I add a very brief line to thank you for all your splendid efforts last year and to ask you to go on, in spite of our present troubles, trying to get more subscribers, or at least not to let the funds drop still further.

There was only one Sale of Work, Miss Sharpe's, and no meetings in 1939 and I should be so very glad to try and arrange for a meeting wherever possible this year.

The Accounts speak for themselves and the news from St. Lucy's shows a steady advance, and is full of interest.

Yours very gratefully,

FRANCES TUFNELL.

#### ANNUAL REPORT FOR 1939.

The are several events to record in 1939.

Firstly, the Opening of the Nursing Home, which took place on the 24th of May. There had been great activity beforehand in preparation :—carpenter apprentices, painting, colour washing and staining; women polishing and cleaning, till at last the great day dawned. The Chief Magistrate of the Transkei performed the Opening Ceremony, and the Bishop and the Chief of the Pondomisi were among the other speakers. It was a day of lovely sunshine and Europeans and Africans came in great numbers to rejoice with us at what we believe to be a forward step in the Training of the Native Nurses. The Home was thrown open for inspection and all were delighted with what they saw, and Mr. Davies and Mr. Wilder who were responsible for the building, received many well-deserved congratulations.

Another building which we long to have in use is the gift (from a former worker on the mission) of a room in which to hold our Mothers' and Babies' Clinic. It is roofed, but awaits finishing touches such as doors and ceiling. It is sunny, with a stoep, and it will be a great joy to have a permanent place set aside for the Clinic. At present it is held in the Isolation Hut when available, or under the trees in favourable weather. The Clinics retains its popularity with both Christian and heathen mothers, and many walk from four to eight miles and back again, fortnightly, to have their babies weighed, and get advice. The mothers enjoy the social side too, and have friendly chats over their cups of tea, and much merriment is caused when a few mechanical toys are wound up on the floor. We owe very sincere thanks to the Mothers' Union for its Grant, which enables us to carry on this work.

In July we had a brief visit from the Governor General and Lady Duncan. They went over the Hospital and Nurses' Home, and expressed much interest in both.

The Archbishop of Cape Town and Miss Darbyshire spent a few days on the Mission in September. The patients were charmed by their chatting to many of them individually when they visited the Hospital.

#### STATISTICS.

1000

The second second second second				1999.	1939.
Admitted as	In-patie	ents		462	486
Average No.	in Hosp	oital per day	y	25	31)
Out-Patient	Attenda	nces		2693	2920
Births				13	17
Deaths				27	28
Operations.	Genera	l anaestheti		57	86
	Local			92	110
Baby Clinic.	No. or	Register			116

#### The numbers show a slight increase in all departments.

Of the in-patients, 45 had pulmonary tuberculosis, which always stalks abroad in our midst. Only about one third of the number came in time to be benefited by treatment. It is a tragedy that "a cough" is regarded as normal, and not till more serious symptoms develop does the sufferer seek treatment.

In February and September we had epidemics of pneumonia of a virulent type: 47 cases in all. They filled the Hospital to its utmost capacity, and kept the Nursing Staff's hands full. The Hospital seems to have won a reputation for the treatment of children. One father voiced the feelings of many when his baby was refused admission because the cots were full and the child well enough to be nursed at home, "We feel the children are so safe when they are here," said he wistfully.

We are never without our full complement of childrenwhen one goes arother one turns up to take his place, and they soon settle down and regard Hospital as home. Several cases of osteomyelitis have been interesting. Zweledingo is one of these -he lay for months, his leg suspended from an erection like a ship's rigging over his bed-as several inches of his femur had to be removed. Then there was the crutch stage and now he has discarded even a stick, and gets about with marvellous agility with his short leg. His time of enforced rest was not wasted, for he was under instruction for Confirmation, and was able to go to Church to be confirmed in November. His neighbour in bed was "Doctor" Nkala, a poor little skeleton, aged 7, with tuberculosis of chest and spine, and multiple abcesses. At last he responded to treatment, and progress, if slow, was steady. Gradually he learned to walk with two

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sticks. He was eager to join in games with the convalescent children, and it was not long before his thin legs could be seen skipping along the verandah, sticks quite forgotten. His father came to see him in December and was told Doctor could go home any time, "Yes, I have been speaking to him about it," he said; "but he is refusing to come home till after Christmas." So Doctor stayed, and a contented little boy went home with his pockets bulging with Christmas presents at the end of the year.

The Report began with a Building completed, it must end with Buildings urgently needed. We dream of the day when there will be a Ward for children—at present they are mixed up with the adults, to the inconvenience of both—and after that a proper Maternity Ward in place of the hot little iron and asbestos room, in size like a cupboard. But, what must come first, to enable us to deal with these, is a brick wash-house and laundry, so that the washing can go on in all weathers. At present the washing is done out of doors, the water heated in three-legged pots like a witch's cauldron. So in wet weather the soiled linen accumulates, and the wards suffer from a shortage of clothing, sheets, and so on.

"Building in War Time?" perhaps you say. Lack of funds may prevent it, but disease does not stay its hand even for War. Tuberculosis, Typhoid and Typhus constantly take their toll of lives and we must continue our struggle against them. The more complete we can make the Hospital, the more efficient will be our defences against the enemies--dirt, germs and flies. Who will help us in the fight?

#### JOTTINGS.

GIFTS.

We would like to acknowledge with our best thanks the continued kindness of many friends. The S.P.G. sent us two splendid bales of house-linen and patients' clothing, two other bales that were very much appreciated were sent by the C.W.A.S. Missionary Association. From Scotland, per the Church Women's Missionary Association came £27 towards furnishing the Nurses Home. A friend kindly furnished the Nurses Recreation Room, and the girls in the Housecraft School made seven stools and painted them in attractive colours for the Babies' Clinic.

#### NOZIGIGABA.

You will be glad to hear that we have at last heard once more of your little God-daughter. We feared we had lost sight of her altogether, her bome is far off the beaten track and no-one seems to pass that way. But in the Christmas holidays her other Godmother, Francina Dubha, made an expedition to her kraal, and to her joy found Nozigigaba alive, but "still coughing." Her father had died the week before, and Francina was so full of this piece of news that we could not get much out of her about Nozigigaba. I don't think we are likely to get her back to hospital now that the father is dead, as it was he who approved of us and used to bring her; the red mother "didn't hold with those white doctors."

#### A NIGHT IN A KRAAL.

Jessie was having her first baby and as it was a slow process we settled down to rest. A spotless mattress of grass was laid on the floor for the doctor, the patient lay on another, the rest stretched themselves on mats. It was a stormy night and granny grumbled that she was cold, why couldn't they have a fire in the middle of the floor as was their custom? A tactful neighbour tried to hish her-"the doctor couldn't see if the hut were filled with smoke. These white folk seened to have very weak eyes." People came and went, but the old hen on a nest of eggs never stirred. She gave a gentle cluck occasionally as if to encourage the expectant mother. Finally, with women and children, 11 of us settled down in the hut. There given a little air was stuffed up with rags.

Some slept, and at midnight there was a pretty picture when a young mother roused her three year old child, thrust a candle in her hands, and by its light fed her infant. Poor little candle bearer, she nodded sleepily over her task, but took it so much as a matter of course that it must have been a nightly occurrence. At 4 a.m. a som was born to Jessie, and immediately the whole hut was astir, even the old hen rushed out into the rain to tell the world that a child was born.

#### "WHAT'S IN A NAME?"

Here are some we have had on the books—Bicycle, Somebody, Sweetness and Property. Some parents have a fondness for the calendar, and Monday, Saturday and November are all known to us. But we were slightly disconcerted when we found one little boy had been baptised Abigail, and another Olive.

> MONICA MARY, c.s.m.v., R.M.O.

# The Hon. Secretary :

# THE LADY FRANCES TUFNELL,

# 21, Avenue Road, St. Alban's.

# Subscriptions.

	6	s.	d.		£	s.	d.	
Miss Brewster		10	0	Miss Barclay		10	0	
Mrs. Coles		5	0	Miss A. Belcher		2	6	
The Misses Burrell,				Dame Sidney Browne		10	0	
St. Francis Bed	10	0	0	Mrs. Elliott		10	0	
Per Miss Polehampton				Mrs. Fisher		5	0	
G.G.S., Good Shep-				Mrs. Greene	1	0		
herd Cot	12	0	0	Miss Gretton	1	0	0	
Per Miss Lucy, in				Miss W. A. Hall		12	6	
memory of "Frank,"				Miss Hanson	2	2	0	
		0	0	Miss Archer Houblon		0	0	
Miss C. Majendie	10	0	0	Miss Hudson	1	0	0	
Per C.S.M.V., Anon., in				Lady Evelyn Parker		5	0	
memory of "F.B."				Mrs. Wooilatt		10	0	
All Saints' Bed	9	12	6	Miss Western (Bed)	10	0	0	
Per C.S.M.V	20	0	0					
Per C.S.M.V., Miss				6	598	17	0	
Chenevix Trench	1	0	0					
Miss Ball		2	6					

# Donations.

Anon Miss Arcl									s. 10 0	0
St. Colum	nb, Corny	wall (5)	- too la	ate for	1939 A	ccount)	)			
								64	10	0

# By Sales of Work, Church Collections, etc.

			æ	S.	d.	
Per S. Florence Emily (Rug Sold)		 		16	0	
" Miss Sharpe (by Work sold)		 	5	5	6	
By St. Lucy's Day Collection, St. Margaret's,	Oxford	 	2	8	9	
Per Miss Archer Houblon (Collecting Box)	•••	 		19	0	
				0		

# Statement of Accounts, 1939.

£426 3 3

# RECEIPTS.

			£	s.	d.
January	y 1st		 217	2	1
	••••		 94	17	0
		•••	 4	10	0
nd Coll	ections		 9	9	3
s with	St. Luc	cy's "	 98	6	6
1 7s. 1	d, and	11/4d.	 1	18	5
	 nd Coll is with	nd Collections as with St. Luc	  nd Collections as with St. Lucy's "	January 1st  217     94     94     94     94   and Collections  9   as with St. Lucy's "  98	94 17      4 10   nd Collections  9 9   as with St. Lucy's "  98 6

# EXPENDITURE.

		¢	S.	a.
To Hickmott & Co., Printers		4	1	8
" Miss Rumsey— £	s. d.			
For Hospital Maintenance 217	4 6			
" Outstation Work 2	15 6			
		220	0	0
" Bank Balances, Dec. 31st-				
Deposit Account 195	10 9			1.4
Current " 6	10 10			
-	erene er	202	1	7
		<b>£</b> 426	3	3
			and the second	

# Audited and found correct-

S. GOODWIN (A.C.I.S.)

(Barclays Bank).

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10/1/40.

# League of Links with St. Lucy's.

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#### ABINGDON BRANCH.

Secretary : Mrs. MAINWARING, 24, Park Road, Abingdon, Berks. No. of Members—33. Total collected \$4 12 6

#### AINSWORTH BRANCH.

Secretary : Mrs. AINSWORTH, Westacre Vicarage, King's Lynn. No. of Members-6. Total collected \$1 12 0

#### BATH BRANCH.

Secretary: Miss E. H. COOPER, 25, Partis College. No. of Members-28. Total collected £2 1 0

#### BOURNEMOUTH BRANCH.

Secretary : Miss E. COCKS, 1, Richmond Park Avenue. No. of Members—13. Total collected £6 13 0

### BRIDGWATER AND WEMBDON BRANCH.

Secretary : Miss CROKAT, Kirkdale, Wembdon, Bridgwater, No. of Members—24. Total collected £2 10 0

#### CHURN VALLEY BRANCH.

Secretary : Mrs. HARRIS, The Limes, S. Cerney, Glos. No. of Members—40. Total collected £1 0 0

## CLAPHAM St. PAUL'S FARTHING BRANCH.

Secretary : Miss GARDNER, 37, Rozel Road, Clapham, S.W. 4. Sent straight to C.W.A. Office 12 6

#### CLEVEDON BRANCH.

Secretary : Miss BARRETT, Lavender Cottage. No. of Members—11. Total collected 18 6 11

#### CLIFTON AND REDLAND BRANCH.

Secretary : Miss NEVILLE, 7, Belmont Road, St. Andrews, Bristol 6. Collectors—Miss HERAPATH, Miss LEWIS, Miss LIVINGSTONE, Miss BAKER, Miss SMART, Miss NEVILLE. No. of Members—67. Total collected £8 17 0

BRANCH OF SCATTERED MEMBERS.

Secretary : Miss Lucy, 17, Westfield Park, Bristol 6. No. of Members—18. Total collected £8 2 0

#### COWLEY St. JOHN'S BRANCH.

Secretary : Miss LAZENBY, St. John's Home, Oxford. No. of Members-20. Total collected £4 5 0

#### EDINBURGH BRANCH.

Secretary : Miss ARNOTT, Kirkton, North Berwick. No. of Members—18. Total collected £3 3 6

#### ERSKINE BRANCH.

Secretary : Lady FRANCES TUFNELL, 21, Avenue Road, St. Albans. No. of Members-35. Subscriptions ... 10 5 0 By Hire of Garage ... 15 0 0

By	Hire of Garage	15	0	0
11	Collecting Farthings		1	6
			Stand La	Sec.

\$25 6 6

#### KIRKHAM BRANCH.

Secretary : Miss HULLEY, The Moor, Kirkham. No. of Members—5. Total collected 11/6

#### MANCHESTER BRANCH.

Secretary : Miss D. HEYWOOD, 216, Chorley Road, Swinton. No. of Members—7. Total collected £2 17 0

#### SCATTERED BRANCH.

Secretary : Miss D. HEYWOOD.

No. of Members-3.

Total collected 12/-

#### READING BRANCH.

Secretary : Miss Guy, St. John's Home, Oxford.

Total collected £1 17 0

t

# S. ALBAN'S BRANCH.

Secretary : Mrs. MILLER.

No. of Members-26.

Subscriptions £2 14 6

# S. MARY'S, ILFORD BRANCH.

Secretary : Mrs. WINHALL, 68, Park Road.

No. of Members-59. Total collected £3 18 6

# CHRIST CHURCH AND St. MARGARET'S OXFORD BRANCH.

Secretary : Miss E. MORLAND, Staverton House, Oxford. No. of Members-15. Total collected £4 4 6

## STEWART BRANCH.

Secretary : Miss K. CHICHESTER, Red House, South Minns, Herts. No. of Members—13. Total collected £2 14 6

# STIRLING BRANCH.

Secretary : Miss PITT-TAYLOR, 4, Allen Park. No. of Members—24. Total collected £5 0 0

# TORQUAY BRANCH.

Per Miss LUCY.

Total collected 10/0

# WESTON-SUPER-MARE BRANCH.

Secretary : Miss M. E. WARDEN. St. Anthony, Bristol Road. No. of Members-17. Total collected £2 7 0

# WATCHERS' AND WORKERS' BRANCH.

Secretary : Mrs. COOPER, 46, Sturges Road, Wokingham.

Total collected £2 0 0

Hickmott & Co Camberley.

In March, the Laundry to which we looked forward last year, was begun. Now it is in full working order, & already we wonder how we endured the years of washing in the open, which meant that in bad weather laundry operations came to a stand still, & dirty linen accumulated until the clouds rolled away. The scene is changed, instead of three legged pots under the trees there is a well built double storey building-" one house on the top of another", as the Natives who have never been to a town call it. It contains a wash-house, with tubs which have hot & cold water laid on, & two large boilers for boiling the clothes. The adjoining ironing-room has a staircase which leads to the open air drying room. This is just under the roof, & is open at two sides. Wire lines run the length of the building, & here in wet weather the clothes can be hung, & as there is a good draught they do not take long to dry. It all helps to make for efficiency & cleanliness. The cost was nearly £300 more than the £500 given us by the Native Affairs Department, which, with building materials at their present high price, is not surprising. We were able to meet this with the help of a few friends Overseas, & by drawing on our reserve account. To complete it, the Laundry needs guttering. Its large roof forms an excellent catchment area for rain; but that expense was beyond the Hospital's purse, so we have to watch much precious water being wasted, & incidentally plough about ankle-deep in mud round the building in wet weather.

The old ironing-room has been requisitioned for another purpose. Resplendent in green & white paint, it has changed its name & is now the "School Clinic". Here the children from the Primary School come to have minor ailments & injuries attended to. An important part of the nurses' training is carried on here, for we try to train them in the Clinic to do without the equipment to which they are accustomed in the Hospital. Biscuit tins & potted meat jars play a prominent part, in fact we are trying to teach that it is quite possible to do surgical dressings with articles that can be found in any kraal, so that they may not feel baffled if they are appointd as District Nurses in country areas when their training is completed.

Which leads on to a very real difficulty:- the lack of staying power of the type of probationer we get at present. Nursing is practically the only field open at present in which a girl is paid while she is in training. This attracts some, & they come. only to find that nursing is a more serious occupation than they fancied. Others, after working for a few months, announce that they have now made enough money to help them to go to College, & off they go. Matrimony is another difficulty; parents do not take the wide view, & realise that a girl who has trained as a nurse will have something that will always stand her in good stead in her married life. & thereforelet her complete her training. No, as soon as the prospective son-in-law has paid the "lobola", the girl is sent for; "a marriage has been arranged & will shortly take place." And so we keep on beginning again & again, rather disheartening work, & it is not easy to provide for the adequate care of the patients, when only one of the probationers has been here more than 18 months.

The Baby Clinic is more popular than ever, the high-water mark in attendances was reached when we had 71 in one afternoon. It was a very hot day, & the Staff nearly collapsed as a result.

Help both in money & kind has continued to come from home; a splendid bale of Hospital clothing from S.P.G. & most generous donations from many friends. It is a cause of great thankfulness & encouragement that our friends though in the midst of great dangers & deprivations still give to us of their best in prayer, in work & in alms.

Site monica Mary.

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