in ruzal areas.

In discussing this question, therefore, we shall draw from personal observations and the experience of others as well as the Union Public Health reports.

WHAT ARE THE CAUSES OF DISEASE? They are many and varied. The cause may be (1) BIOLOGICAL (a) Bacterial and (b) Parasitic.

(2) ENDOCRINAL AND PHYSIOCHEMICAL DISTURBANCES.

- (3) NUTRITIONAL DISTURBANCES AND DIETETIC DEFICIENCES.
- (4) CHEMICAL POISONS AND IRRITANTS INDUSTRIAL DISEASES.
- (5) PSYCHOPATHOLOGICAL CONDITIONS.

However, of interest to our discussion are factors which predispose as to disease, prepare the soil for infection to take place or for disease to develop.

Some of these factors are:- (1) Income-levels which influence (a) Food supply and nutrition; (b) Fuel and clothing; (2) Housing conditions; (3) Overcrowding; (4) General economic and social conditions; (7) Level of intelligence or education.

Income-levels/

VENEREAL DISEASES

The incidence varies between rural and urban areas. It is less in rural than in urban areas. However, our labour system of seperating the men from their wives tends to importation of more venereal diseases into rural areas. The incidence is on the increase but it is not as high as certain sentimentalists, politicians and racialists would have us believe. According to newspaper reports it is highest were the author of the statistics quoted knows the least about the actual conditions. Medical men though aware that the

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