

JAN H. HOFMEYR SCHOOL OF SOCIAL WORK

COURSES OF STUDY - FIRST YEAR (1941).

I. CAREERS AND SOCIAL AGENCIES: One Hour per Week.

Change in attitude towards Social Work. Privileges and obligations of individual as member of a society. Factors determining types of social agencies required in modern social order. Rural and urban communities in general and their social needs.

History and extent of social welfare work in Johannesburg and in the Union.

African social workers in (1) Reformatories and Hostels, (2) Child Welfare and Children's Aid Societies, (3) Probation Offices, and (4) Y.M.C.A. and allied bodies.

Social conditions of Africans on Reserves, Farms, in Urban Areas, and in Industry.

Lecturers: Mrs. J. D. Rheinallt Jones, M.Sc., and specialists.

II. INTRODUCTORY SOCIOLOGY: Two hours per week.

Objectives of Social Science. Individual motivations and adequate social controls. Make-up of population in South Africa. Problems of stabilising socially acceptable behaviour patterns in each population group.

Bantu folkways: their functions in tribal life and present status. Modern social institutions: Home, School, Church, Industry, Hospital, the Court, the Correctional institutions, Leisure Time Organisations, Inter-racial societies. The creation, adaptation, and extension of these social institutions to the requirements of Non-European society in the Union.

Lecturer: Dr. Ray E. Phillips.

III. INTRODUCTION TO SOUTH AFRICAN ECONOMIC PROBLEMS. 2 Hours.

The feudal and domestic economic systems in England. The Industrial Revolution. Growth of towns, application of power to machinery. Attempts at Reform. Importance. Transport developments. Division of labour. International trade. State services.

South Africa: Population. Drift to towns. Occupational and place mobility of labour. Employment open to Africans. Differential wages for skilled and unskilled labour.

Factors determining prices. Laws of supply and demand. Buyers and sellers' considerations. Cost of production. State control of agriculture. Methods of dealing with surpluses in U.S.A. and in the Union.

Determining facts in high and low incomes.

Lecturers: Dr. John N. Reedman, Dr. Paul H. Guenault.

IV. LAW AND SOCIAL LEGISLATION. Two Hours.

The Urban Areas Act, 1923.

Origin and development of European Law. The legal profession. Criminal courts of law. Stages in the development of a criminal case. Civil law.

Sources of Native law. Marriage laws, lobola, succession and inheritance. Application of European and Native law.

Native representation. The Senate and House of Assembly. Native Representative Council.

Local Government. Transkeian and Ciskeian Councils.

Local Councils in Transvaal and Natal.

Indirect Rule. The protectorates.

Industrial and Social Legislation affecting Africans.

Lecturer: Advocate Julius Lewin.

V. PROBLEMS OF FAMILY LIFE.

One Hour.

The Home a basic necessity. Choice of mate. Courtship, the Wedding, Problems of early married life, wife's and husband's responsibilities. The Children. Activities in which young people should unite. Sex education.

Lecturer: Mrs. Ray E. Phillips, B.Sc.

VI. SOCIAL PATHOLOGY.

Two hours, second half year.

The field.

Poverty and Dependency. Causes: (1) Deductive studies such as Karl Marx, Henry George, Malthus, the Theologians; (2) Inductive - the method of 1890 and 1900; and (3) Present study of multiple conditioning factors.

Theories of Poor Relief.

History of Poor Relief. Greece, Rome, Western Europe, America. The English Poor Laws.

Finance of Poor Relief. Social Insurance. Community Chests. Endowments.

Child Labour.

Mental Diseases. Groupings. Home and Institutional Care and Treatment.

Juvenile Delinquency. Origin, ages, and residence. Types of offences. Parent-child relationships. Education and Employment. Recreation. Mentality of Delinquents. Punishment, prevention and cure.

Crime. Cost and extent of. Recidivism, habitat, education, intelligence, marital condition, earnings, effect of climate, physical characteristics, physical and mental diseases.

Lecturer: Dr. Ray E. Phillips.

VII. CHRISTIAN SOCIAL TEACHINGS AND BIBLICAL INTRODUCTION. 2 Hrs.

Rights and duties in family. Education in home.

The State. Theories of social organisation, e.g., democracy, and foreign relations.

Economics. Ownership and production. Use of wealth.

Treatment of employers and employees.

Individual relationship to State, to Neighbours, to God.

The Bible as a Library. Old Testament, Pentateuch, New Testament. Manuscripts, versions, and canons. How to use the Bible.

Historical roots of Christianity. The Hebrew prophets, Social aims and affinities of Jesus. The Kingdom of God.

Early Christianity and its leaders. Christian democracy and Roman Empire. Christian and Social Reconstruction.

Lecturer: Rev. John Mullineux.

VIII. GROUP ORGANISATION.

Two Hours.

a. Methods of Leisure-time Organisation. Boys' and Girls' Clubs and other organisations. Buildings, Programmes, Membership. Qualities of Recreation Leaders.

b. Materials. Games, folk dances, contests, community singing

Lecturer: Dr. Ray E. Phillips, and specialists.

IX. DRAMATICS.

Three Hours.

Introduction to stage management and production. Impromptu scenes. Study of plays by Galsworthy, Eastman, Virginia Church, Shakespeare. Reading and recitation of poetry.

Lecturer: Miss Leontine Sagan.

X. ARTS AND CRAFTS.

Four hours.

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Four hours.

Elementary course in clay modelling, weaving, spinning, crayon work, linoleum cutting and printing, papier mache.

Lecturers: Mrs. Perry E. Joy, and Mrs. H. Bubole.

XI. PHYSICAL EDUCATION.

Six hours.

- a. General Introduction and Administration. Discussions of methods and materials, buildings, playgrounds, athletic fields. Lectures and cinema films.
- b. Anatomy and Physiology. Development of strength, skill and endurance through training. Effect on muscles, heart, and capillarisation of body. The body, the osseous system, ligaments and joints, movement and muscular system. Thoracic and abdominal organs. Biochemistry of foods. The digestive process. Composition of blood and circulation. Respiration. The urinary system. Endocrine organs. Sense organs. The eye and ear.
- c. Practical work. Exercises, free standing; apparatus work, and tumbling. Athletics: running, high and long jump, throwing the discus and putting the shot. Gymnastic games and outdoor and indoor sports, as baseball and basketball (American). Swimming and water sports.

Lecturers: Witwatersrand Technical College instructors under directorship of Dr. E. Jokl.

- XII. MODEL WOODWORKING. Additional voluntary course, three hours per week, in modelling aircraft, seacraft, etc., from balsa.

Lecturer: Mr. Donald R. Phillips.

PRACTICAL FIELD WORK: First Year (1941).I. Women.

Social Welfare Investigation and Activity:---
Mtutuzeli, Orlando; Talitha Home. Poor Relief, Orlando.
Recreation Direction:---
Wayfarers: Orlando, Pimville, Western Native Township, New Clare.
Games instruction and direction: Talitha Home, Helping Hand Club, Bantu Sports Club, Wilberforce Institute.

II. Men.

Sports and Recreation Direction: Springs, Brakpan, and Benoni Locations, afternoons and week-ends. Boys' Clubs assisting leaders. Visits to Wilberforce Institute. Assistance to Bantu Men's Social Centre.
Y.M.C.A. Supervision of Y.M.C.A. at Wolhuter Men's Hostel. Direction of Sports and Games during vacation periods at Non-European Military Camps on Witwatersrand and at Piet Retief.

SECOND YEAR (1942) COURSES OF STUDY.XIII. SOCIAL PSYCHOLOGY.

Two hours.

Delimitation of field.
 Theories of formative factors in human nature.
 The social institutions and forces as determinants of total personality.
 Social interaction: the Crowd, Leadership, Public Opinion.
 Abnormal mental states. The neuroses and psychoses.
 Social factors in conditioning abnormality.
 Lecturer: Miss R. Bernstein, B.A.(Soc. Stud.) .

XIV. THE NEW PENOLOGY.

One hour.

Modern ideas of punishment and correction.
 Pre- and post-delinquent care.
 Problems of adjustment.
 Lecturer: Dr. Ray E. Phillips, and specialists.

XV. PROBLEMS OF FAMILY AND COMMUNITY LIFE.

One hour.

Creating new social solidarity. Parent-child relationships. Etiquette in personal and social contacts. Inter-racial etiquette. Correspondence.
 Lecturer: Mrs. Ray E. Phillips, B.Sc.

XVI. RURAL SOCIAL WELFARE PROBLEMS.

One hour.

Special problems of rural areas. Adaptation of methods and materials required. Studies of experimental work in Natal and Cape.
 Lecturers: Rev. Bernard Huss, Miss Sibusisiwe Makanya, and other visiting specialists.

XVII. COMMUNITY HEALTH.

Two hours.

Principles underlying prevention and spread of disease. Formation of sound health habits and attitudes. Medical information basically necessary for social workers. Causes, symptoms, progress, and probable outcome of the common diseases. Visits to hospitals and clinics.
 Relationship of social workers to hospitals and related institutions. The work of Red Cross, St. John Ambulance, Child Welfare Societies. The District Surgeon.
 Health Weeks, Lectures, Exhibits, Posters, Films, and other propaganda methods and materials.
 Sex Hygiene: presentation of sex information; formation of community standards; modern equivalent to tribal schools.
 Camps: conduct of, value from health standpoint.

XVIII. THE SOCIAL SURVEY.

Class room and field work.

Discussion of urgent problems in class; delimitation of field; preparation of record material, etc.
 Field work; class analysis; preparation of reports, presentation of material.
 Lecturers: Department of Social Studies, U. of Witwatersrand and collaboration of research workers.

XIX. PHYSICAL EDUCATION. (continuation of XI) Six hours.

For all students: Physical training, swimming, playground games, folk dancing, etc.

Lectures on organisation and administration of physical training courses, sports, athletics, etc.

For Recreation Directors and Y.M.C.A. Workers: Two hours per week special instruction in major sports, refereeing and organisation.

FOR ALL STUDENTS FIRST QUARTER, THEREAFTER FOR SOCIAL WELFARE SECTION ONLY, THE FOLLOWING:

XX. SOCIAL CASE WORK. Two hours.

Methods of family rehabilitation and case work techniques. Agencies. Records.

Field work for last three-quarters of year in approved social agency and for minimum of three days per week.

Lecturer and supervisor of field work: Mrs. A.F. J. van Heerden, B.A. (Soc. Stud.).

FOR ALL STUDENTS FIRST QUARTER, THEREAFTER FOR STUDENTS IN Y.M.C.A.

AND RECREATION DIRECTION: -

XXI. ARTS AND CRAFTS. Four hours.

Continuation of Course X under Mrs. H. Bubole.

XXII. DRAMATICS. Two hours.

Play reading and writing. Selection of casts. Costuming and scenery making. Presentation of plays.
Lecturer and producer: Miss May Edouin.

XXIII. MUSIC. One hour.

Cultivating taste for good music. Community singing. Festivals. Eisteddfodau. Making of simple instruments. Educational use of the gramophone. Choir organisation and music.

XXIV. RELIGIOUS EDUCATION. One hour.

Sunday School organisation. Presentation of material. Use of blackboard, charts, pictures. Conduct of the Bible Class. Making use of Biblical material. Grading classes and material.
Lecturer: Mr. Karlton Johnson.

XXV. YOUNG MEN'S CHRISTIAN ASSOCIATION. One hour.

Origin, History, Purpose and Methods. Detail of organisation in city and rural work. Practical conduct of association work in city and rural area.
Lecturers: Mr. John H. Hunt, O.B.E., Mr. Leonard Briggs, Mr. J. Richard Rathebe, and others.

PRACTICAL FIELD WORK: Students choosing Social Welfare work will spend a minimum of three days per week under competent supervision and in approved social agencies in practical investigation, recording of cases, and in constructive rehabilitative measures.

Students in Y.M.C.A. and Recreational Leadership sections will engage in practical work in Municipal Townships and in semi-rural areas within reach, working with children, youths and adults, also at the Bantu Men's Social Centre, Wolhuter Men's Hostel, and in the Non-European Military Camps.

NOTES ON TIME TABLE FOR JAN HOFMEYR INSTITUTE DIPLOMA IN SOCIAL STUDIES

We have been asked to plan for a two year course post J.C. or its equivalent. We suggest minimum age 21.

The University provides a 3 years Diploma course in Social Studies. No preliminary qualification is laid down but it is assumed that students for this course will have such a standard of education that they will be able to follow the courses. In general Matriculation is desirable as the courses are attended by those preparing for degrees for which Matriculation is required. Students are not now being accepted for any lower Diploma in Social Studies at the University.

Since this is a three year course and ordinary University fees must be paid African students proposing to take the course would not be provided for by the Jan Hofmeyr Institute.

The subjects contained in the course are Sociology, Psychology, Economics, Physiology, Social Biology, Sociology of Primitive Peoples.

Presumably these or allied subjects along with more practical ones and with actual social work should be allowed for in the time table.

Our first duty was to consider if any of the first year courses at the University could wisely be taken by Jan Hofmeyr Institute students provided that permission and satisfactory financial arrangements could be made with the University.

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With/exception of one class in the Sociology I course (Thursday 5.15) this does not seem to be the case.

Problems of time, transport, difficulties of fitting into a University course seem to make even this unwise and we recommend that the whole course be provided for by the Jan Hofmeyr Institute.

Probably the 20 students suggested for the first course (2 years duration) would not all be preparing for the same type of work (see preliminary memo.) and therefore some alternative courses and much alternative practical work should be permissible.

Probably too some other students not eligible for nor desiring to take the full diploma course would desire to join some of the classes. (It was suggested that gymnastic and sports organisers might be such).

In general it seems wise that the classes of the Jan Hofmeyr Institute should be held in the morning and some afternoons and most evenings be devoted to practical activities in Johannesburg and on the Reef. Only the first year time table is indicated

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JAN H. HOFMEYR SCHOOL OF SOCIAL WORK

PROJECTED COURSES, 1ST QUARTER, 1942:

I. PSYCHOLOGY

a. Individual.

The determinants of character.
Significance of conditioning influences of city life.
The "Eshock effects" attendant upon country to city migration.

b. Social.

The crowd.
The ideal of organisation for the "complete" individual and safe environment.
Therapeutic possibilities & limitations in social leadership.

c. Psychiatric Information.

Physical & psychological factors involved in behaviour disorders and social maladaptations.
Various kinds of neurotic and psychotic disorders and mental deficiencies.
Emphasis to be placed on the social significance of these disorders and known methods of prevention and treatment.
Organisation and operation of Mental Hygiene Association and relation of social workers to it.

II. NEW PENOLOGY seminar

New ideas of punishment. Pre- and Post-delinquent care.
Problems of adjustment.

III. Family Rehabilitation

Social Case Work Methods. Agencies. Records. Practical Field Work in Probation, Children's Aid, Talitha, Diepkloof, Lads' Hostel, etc.

IV. Problems of Family & Community Life.

Parent-child relationships.
Creating new social solidarity. Etiquette in personal and social relationships. Inter-racial etiquette. Correspondence, etc.

V. Group Organisation. Methods and Materials.

Work in Boys Clubs, Girls Clubs, Pathfinder-Scouts, Wayfarer and Wayfarer-Guides, Boys Brigades, Badge Tests, Y.M.C.A. Boys Departments.
Story Telling & Acting.
Youth Organisations. Debating Societies, etc.
Adult Organisations. Self Improvement Orgs., Housewives Leagues, Trade Unions, Rural Sporting orgs., etc.
Special Progs: Spelling Bees, Mock Trials, etc., etc.
Community Activities: Thrift Campaigns, Clean-up weeks, Tree Planting, picnics, excursions, use of museums, art galleries, zoos, etc. University extension courses. Farmers' organisations.
Use of films, magic lanterns.
Conduct of public meetings.

- VI. Community Health. Principles underlying prevention of disease.
 Formation of sound health habits and attitudes.
 Medical information basically necessary for social workers.
 Causes, symptoms, progress and probable outcome of the common diseases. Visits to hospitals and clinics.
 Organisation and operation of hospitals and related institutions, Relationship of workers to these.
 Work of Red Cross, St. John Ambulance, Child Welfare Organisations. The District Surgeon.
 Health Weeks, Lectures, Exhibits, Posters, Films, etc.
 Sex Hygiene: presentation of sex information; formation of community standards; modern equivalent to tribal schools.
 Camps: conduct of, value from health standpoint.
- VII. The Social Survey.
 Discussion of likely problem in class; delimitation of field; preparation of recording blanks, questionnaires, etc.
 Field work; class analysis, preparation of report, presentation of material.
- VIII. Religious Education.
 Sunday School organisation. Presentation of material. Use of blackboard, charts, pictures.
 Organisation and conduct of Bible Classes. Making use of biblical material. Grading classes and material.
- IX. Music.
 Cultivating taste for good music. Community singing, festivals, eisteddfodau. Making of simple instruments. Educational use of the gramophone. Male voice choir?
- X. Dramatics.
 Play production. Costuming, make up. Stunt nights; minstrel shows. Marionettes, pantomimes. Pageants. Source Material. Enlisting interest and support of whole community. Dramatising stories and biblical material. Play writing.
- XI. Y.M.C.A.
 Origin, History, Purpose and Methods.
 Organisation of city and rural work.
 Training in practical conduct of Association work in city and rural area.
- XII. Physical Education.
 a. For all students:
 Lectures by Dr. Jokl. Organisation and Administration of physical units, e.g., physical training courses, sports, athletics, etc.
 Practical Physical Training: swimming; playground games. Folk Dancing.
 b. For Recreational Directors and Y.M.C.A.
 Major Sports: football refereeing and orgn., Field Hockey, Fistball, etc.
- XIII. Arts and Crafts.
 Continuation under Mrs. Bubole.

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Jan H. Hofmeyr School
Y.M.C.A. WORK WITH THE N.M.C.

In view of the increasing demands of the Jan H. Hofmeyr School, it is necessary for Dr. Ray Phillips to be relieved of some of his responsibilities in connection with the Y.M.C.A. War Work. In order to ascertain how the services of Dr. Phillips may be best used in the work, and to have the position clearly defined, an informal Conference was held on February 29th, 1944, at Headquarters, at which were present Dr. and Mrs. Ray Phillips, Mr. D. Gnodde, Mr. R.J. van Buuren, Mr. J.R. Rathebe and Mr. J.H. Hunt.

After fully reviewing the position, it was agreed:-

- (1) That Dr. Phillips will confine his responsibilities to the personnel side of the work and the arrangement of concerts. This will include the recruitment of, and personal relationship with, the African workers.
- (2) Travelling: As a result of this arrangement, it was felt that it would not be necessary for Dr. Phillips to travel to the same extent as at present, therefore it was decided to ask the Y.M.C.A. National Executive Committee to fix the appropriate amount for travelling subsistence.
- (3) Concerts: In view of the stringency of the financial position it was agreed that the cost of these concerts should be kept within the limits of a monthly allowance, and that it was advisable that the Y.M.C.A. National Executive Committee should decide on the figure for this allowance with the understanding that any unspent amount may be carried over for future use. The position to be reviewed every six months.
- (4) It was felt that the float of £60 at present held by Dr. Phillips should be maintained to enable him to defray costs of concert parties, train fares of workers and Petty Cash as at present.
- (5) Agreed that while Mr. Rathebe retain his close relationship with Dr. Phillips in this work, he will be more closely attached to Headquarters, Transvaal.

Agreed that this Memorandum be submitted to the Y.M.C.A. National Executive Committee for consideration.

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1st March, 1944.
JHH/LEQ.

	8 - 9	9 - 10	10 - 10.45 <i>Theory of Play</i>	11 - 12	12 - 1
Monday	Prayers and Bible Study	Elementary Law	Physical Exercises	Culture Contacts	Music
Tuesday	"	Physiology	Records and Case Work	First Aid	<i>Phys. & Programme Arrangement</i>
Wednesday	"	Economics	Physical Exercises	<i>Theory of Diet-etics Play</i>	Music
Thursday	"	Elementary Law	Records and Case Work	Culture contacts	<i>Phys. & Hygiene</i>
Friday	"	Economics	Physical Exercises	Biology	Music
Saturday	"	Discussion of problems arising from practical work			
Sunday	Sunday schools etc.				

Afternoons and Evenings. Each student should give at least one afternoon and one evening to social work and should work two afternoons at Crafts, Cookery, Mothercraft etc. Work to be arranged to meet personal needs.

It is suggested that formal Sociology and Psychology be 2nd year studies only.

In the first year the study of clubs etc. would be largely practical. Specialisation on the organisations intended as life work to be undertaken the 2nd year.

The following in Johannesburg and neighbouring towns would give opportunities for practical work. Afternoons and evenings.

- Gamma Sigma Clubs
- Women's Prayer meetings (Thursday afternoon)
- Bantu men's social centre
- Various Womens Hostels
- National Council of African Women
- Thrift Clubs
- First Aid and Home Nursing Classes
- Scout or Guide or Wayfarer Detachments
- Diepkloof and Orlando Hostel and Talitha Home
- Boys and girls Clubs
- African Juvenile Affairs Board if established
- School Athletics and Sports classes
- Choral Clubs
- Community singing centres
- Various Sports Clubs
- Gardening Clubs
- Blind Institutions

For those desiring special rural community work arrangements could be made at places like Randjesfontein, Koppieskraal, Machavie

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