

Edelmann

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b. You are a 22 year old university student. You are graduating this month. You are due to report for military service in two months time. You regard the war here as a civil war, and do not want to fight against your own people. You feel the SALF¹ is defending an unjust cause. You do not want to go into the army, but are unsure of what to actually do about your call-up.

b. You are a 22 year old university student. You are graduating this month. You are due to report for military service in two months time. You regard the war here as a civil war, and do not want to fight against your own people. You feel the SADF is defending an unjust cause. You do not want to go into the army, but are unsure of what to actually do about your call-up.

c. You are a matric student, 17 years old. Your call-up papers have just arrived. You've never really thought about what it means to go into the army, but now you are confronted by it. There is a lot of pressure on you from friends and family to "do your duty" by going in to the army, but you are uneasy about it because of the stories you've heard about the army.

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CONSCRIPTION ADVICE SERVICE

MINUTES OF THE NATIONAL MEETING
OF REPRESENTATIVES OF THE
CONSCRIPTION ADVICE SERVICE
JOHANNESBURG, 17 - 18 SEPTEMBER 1988

1. REPORT-BACKS FROM CENTRES

Cape Town

Held an AGM last year. Realised the service was inadequate (difficult to get hold of; a small group; minimum feedback from and contact with other groups).

Goals set: recruit new counsellors,
establish efficient professional referral system,
improve publicity,
activate an education campaign.

Training course for counsellors over six weeks held earlier this year:
30 - 36 people; efficient and well-organised; built CAS's image.

A pleasant office has been opened which is open Mondays to Fridays 5.30 - 7.30 pm.
Runs on a roster system. Records kept.

Advertising: 'Weekly Mail' ad, campus, classifieds in suburban 'knock 'n drop' newspapers, 'calling cards'.

Education work: started work on videos on options (Board, exile, prison, going to the army); each self-contained;
participated in ECC Know Your Rights forums;
held workshop for parents.

Education work becoming a priority; more than just counselling on the agenda.

Next AGM to be held next week.

Durban

Operates with four individuals; contact numbers on pamphlets.

Don't have an office or evaluation meetings.

Links with psychologists have been set up.

One-day counsellors' training session was held. Hope to set up longer-term training system.

Good referral system to churches.

Community Servers Group is active in Durban - helps with Board cases.

Assisted in Know Your Rights meetings.

Needing to strategically reformulate the service.

Grahamstown

Still called 'GRACONS'.

Recently a 6-week counsellors' training course was held; out of this emerged a counselling group of 8 - 10.

Telephone answering machine service.

Hoping to move off-campus.

On-going educational programme a priority.
Counsellors hope to have a monthly meeting.
Excitement and enthusiasm amongst counsellors.
Many referral resources.
Overlap with Alternative Service Group.

Johannesburg

Advertising: not enough. 'Weekly Mail' ad; hand out flyers at public meetings.
Central Methodist Church office not 'user-friendly', but satisfactory in practice as is open mostly after office hours (4.30-7.00 pm Tuesdays).
Resources and log kept at office.
Monthly evaluation meeting (tied to COSG meeting); not very satisfactory.
Made contact with a psychologist who has been helpful. Short of other professional contacts.
Counselling training course held last weekend: 10-15 people.
Contact set up with Radio 702 Crisis Centre (one of their trainers attended our training course).
Have contact with Wits Counselling and Careers Unit.
CAS and COSG run together; thinking of splitting.

Pretoria

Office at St Albans Cathedral; Cathedral staff person there during the day who takes messages.
Needing to look at advertising and funds.
Have contact with psychologists.

2. 'WHAT ARE WE TRYING TO DO?'

- Provide a non-directive counselling service for worried conscripts.
- Perform the 'Know Your Rights' function that ECC used to perform.
- Educate (Pretoria found this a particular need).
- Give information, advice, education, counselling.
- Provide concern and support.
- Act as a sounding board for counselees, with a lot of information which they would not normally have access to.
- We are not a campaign organisation making political demands.
- The information/education we provide is technical and legal (i.e. it is about options and rights; not, for example, about the war in Angola). We must be careful not to blur our boundaries - we can't do the conscientising.
- It is part of our work, for example, to tell groups of young people about their rights and options.
- Help people reflect and understand what they believe.

3. REGULARISING OF PROCEDURES

Record-keeping

A counselling record form was drawn up - Cape Town to distribute a draft.

Working principle for keeping records: make them as open as possible; exercise discretion with each particular case.

Can use a system of numbers for anonymity.

Phone counselling

Policy is not to counsel or give information on the phone, but to set up face-to-face meetings as far as possible, even if all the caller requires is some information.

Confidentiality

We are committed to not revealing information about our counselees. If pressed (by military police, for example) we will enter into discussions only in the presence of a lawyer.

4. PUBLIC IMAGE OF CAS

There were feelings that:

- we are largely ineffectual;
- the public regarded ECC as the better place to go;
- we're perceived as being 'too neutral';
- unless people are candidates for the Board, we won't be of much help.

We should:

- be non-prescriptive;
- have no political line;
- give accurate information;
- not be too 'churchy'.

Expectations of counselees sometimes problematic: we are not a quick-fix set-up, which they sometimes think we are.

The standard of counselling affects our image:

- it is a necessity for counsellors to have been through a counselling training course and to regularly attend update/evaluation meetings;
- two-person counselling probably preferable;
- are counsellors approachable (age, dress, etc)?
- ongoing refresher courses in counselling skills (or, for example, Lifeline courses) desirable.

We must not be too end-product oriented. Counselees must feel listened to and respected. They must have gained insight and have felt that the counselling was a success as they have been empowered to make a decision.

5. PUBLICITY AND ADVERTISING

Durban to explore putting together a media package (pamphlets, posters, calling cards, etc), by professionals if necessary.

Until the media package is ready, Jo'burg to draw up a logo/masthead with a distinctive typeface CONSCRIPTION ADVICE SERVICE and distribute for use by all centres.

Regional flexibility on cartoons, 'jingles'.

Strongly recommended that Grahamstown GRACONS change to Conscription Advice Service - Rudi will take this recommendation back to Grahamstown and have it discussed.

CAS has been included in the Human Awareness Programme's 'Bridge' information book.

The 'Weekly Mail' advert is haphazard and confused. The following format was agreed upon; Neil will see to placing it:

CONSCRIPTION ADVICE SERVICE (-new logo-) For free and independent advice on any conscription query, call (names, towns, numbers) Call-up crisis? Call up CAS!
--

Pamphlet

The existing Jo'burg pamphlet was amended for use as a national pamphlet. Durban will produce the new (interim) national pamphlet, and distribute it. 15000 to be printed. Ideally black print on blue paper.

Janneke to translate the pamphlet into Afrikaans; will consult Wits Afrikaans Department on jargon terms. Durban to investigate the possibility of English and Afrikaans on the same pamphlet; if not feasible, a separate Afrikaans pamphlet (6000 copies) to be printed. If separate English and Afrikaans pamphlets are produced, each version to state on it in the other language "This pamphlet is also available in English/Hierdie pamflet is ook in Afrikaans verkrybaar".

Pamphlet to have printed on it: Issued by CAS, P O Box 15467, Vlaeberg, 8018.

Other press

Each centre responsible for trying to insert the same 'Weekly Mail' ad in other press. Regional ads may have local contact numbers only

Jo'burg to investigate 'New Nation' and church newspapers, which can be asked to insert the advert for free in the light of their church's pronouncements on the issue.

Cape Town to investigate 'Die Suid-Afrikaan'; Janneke 'Frontline'.

Centres are encouraged to write articles for local magazines and papers.

Campus radio stations - Cape Town to produce a radio ad. Jo'burg to investigate a Radio 702 ad.

6. FINANCE

Half of the money presently available is allocated to the national account for national work.

The remaining half will be distributed in equal portions to the four regions (Johannesburg/Pretoria, Durban/Pietermaritzburg, Cape Town/Stellenbosch, Grahamstown/Port Elizabeth). The longer-established centre in each region to assist the weaker centre, and together work out the distribution of their portion of the funds.

For the money which becomes available later, each of the 8 centres (rather than regions) to submit a budget to the central fund (treasurer: Janet). Each centre must bear in mind that it is applying for a limited amount, and that 50% of the funds are allocated for national work.

Janet to send a letter of thanks to the donors, and request what report-backs they require. (Treasurer to handle all such correspondence in future).

Once the new national media becomes available, it is to be sent to the donors.

Janet to send details to each centre of standard procedures for funding applications, budgets, bank accounts, etc.

Each centre to continue to raise funds locally.

CAS financial year is from 1 September to 31 August.

7. PRESS CONTACT

It is desirable that CAS develops a profile (especially amongst the press) as 'the organisation that knows the facts' (e.g., responding to Willem Steenkamp's column in Cape Town, which often contains factual inaccuracies).

Any letters sent by a centre to a newspaper to be forwarded to all the other centres.

8. NATIONAL RESOURCES

Working documents to be compiled as follows:

- Cape Town - Exemption/deferment
Exile/leaving the country
Liability for service/cycles/status of foreign nationals/Dad's Army
- Johannesburg - Non-combatancy
- Durban - The Board

All these need to be checked with lawyers. They will start as working documents distributed to all centres; once counsellors are familiar with them, they will be discussed at national meetings and progress into manual/booklet form. The following people are to act as national resources co-ordinators:

- Cape Town : Janet
- Durban : Anita
- Grahamstown : Rudi
- Johannesburg : Neil
- Pietermaritzburg : Mark Povall
- Pretoria : Linda

Their responsibilities are:

- to receive and distribute the working documents,
- publicise their availability,
- facilitate their use,

report back at national meetings.

The present Counsellors' Resource Manual

It contains 'philosophical' material which is lost in the proposed working documents.

Once the working documents are being used, the usefulness of the manual can be re-assessed. (It has been suggested that the manual needs re-writing, but its place may be taken by the new documents). COSG could look at meeting what is needed when the manual has been re-assessed.

Videos on the options

Cape Town is producing videos on the options.

The ECC Know Your Rights book

In its present form it is to be treated as one of the CAS working documents, with a view to re-doing it as one of the CAS booklets/manuals.

Neil to contact Mark as to the computer-accessibility of the booklet.

Official Documents file

It is useful for counsellors to have access to such official documents as call-up papers, etc.

All counsellors to collect such documents and bring them to next national co-ordination meeting to share with other counsellors.

9. NATIONAL CO-ORDINATION

Use of computers

Wordstar-convertible programmes are to be used for documents and papers which are to be distributed nationally.

National gathering

A national meeting, to which all CAS counsellors are invited, is to be held.

The meeting is intended for:

- development of ourselves as counsellors,
- information-sharing on counselling skills and knowledge,
- co-ordinating decisions about national structures, national committee, finances.

A working group will meet two days before to look at the working documents and papers.

Campuses to be included.

Proposed dates: 17, 18, 19 February 1989. Grahamstown to organise the venue. (Durban to serve as a back-up venue.)

Durban to draw up a draft agenda and distribute to the other centres (via the resources co-ordinator) for comment.

National convenors

David and Janet to act as national convenors. They will ensure that the national tasks are happening (up until the February meeting).

Links with other organisations

General principles:

CAS is not an activist organisation; it is a service organisation.

We may liaise with other organisations, but are not affiliated to them.

We do not co-host meetings, but can come in as experts at information meetings on our particular issue.

We can host meetings on our own.

Advertising in publications of other organisations: we don't share media or associate ourselves with other organisations on pamphlets, but we can advertise our advice service in their publications.

The nature of CAS's work is that it is limited; therefore CAS must stay in strict parameters.

COSG is a better home for activists or for people wishing to do education or support work.

Campus advice services

Because of the transience of student populations, it is difficult for campus services to build up continuity and counselling expertise, or an adequate information base. They are (or were) often under ECC auspices, which is problematic in the light of decisions taken about links with other organisations.

Discussion is needed with the campus services:

they are naturally going to be the magnet on campus for questions,

their counsellors should be trained by CAS so that they can assist people at the first level (so that these people will not be put off),

they must refer more serious cases to CAS,

they must not bill themselves as CAS,

they and CAS must have links with official university counselling services, which can refer cases to CAS, and to which CAS can refer cases for psychological counselling.

Constitution

Cape Town's constitution to be circulated to all centres.

10. SECURITY AND ETHICS

Exile

Each CAS to have one person who specialises in this area.

Principle is not to give addresses in other countries.

Follow-up

Unless a particular relationship has been established, or there are exceptional circumstances, principle is not to follow up counselees, even if they have undertaken to come back, but have not.

Long-term psychological treatment

Each centre to build up contacts with sympathetic psychologists and psychiatrists to which we can refer counselees for long-term treatment.

Problematic Board applicants

If a person intends blatantly lying to the Board (e.g. claiming that he is religious when he is not), we are within our rights to refuse to assist the person (apart from telling them how the Board operates).

Where people have a religious background and have simply disassociated themselves from a particular church, or where their values coincide with a religious system of values (and is in all likelihood derived from a religious background or upbringing), the task of the counsellor may be to connect such people with that religious background or upbringing. In such cases, the matter of fabricating anything for the Board (which the counsellee may have contemplated doing) does not enter as there is simply no need for it. The religious affiliation of Board applicants does not have to be as formal as church membership.

We should work with and assist people in this regard as long as we feel we could vouch for them to the Board.

A second counsellor should sit in on all discussions with such counsellees (as a witness) in the event of the counsellee making any claims to the Board about the advice he received from CAS.

Security

Counsellors have the right (in their personal capacities) to be involved in other organisations and actions (the '143', for example), but other counsellors ought to know of such involvements.

APPENDIX 1

TIME-LINE

Sept 88	Weekly Mail advert	Neil
	Logo/masthead	Neil
Oct 88	Counselling record form	Cape Town
	Finance instructions	Janet
	Constitution	Cape Town
Nov 88	Advertising 'campaign'	All
	National pamphlet	Durban
	Draft agenda for national gathering	Durban
Dec 88	Budgets	Regions, Janet
Jan 89	Resource packages/working documents	All
	Design aspects	Durban
Feb 89	National budget	Cape Town
	'Official' documents	All
	Co-ordination meeting	Cape Town
	National gathering	Durban

APPENDICES

1. Jobs arising from the meeting.
2. Provisional Constitution.
3. Financial Statement.
4. Address list of participants.

APPENDIX 1

JOBS ARISING FROM THE MEETING

- ✓ Feedback on the media package to Cape Town - all centres.
- ✓ Requests for stickers, calling cards, campus radio ads to Cape Town - all centres.
- Radio 702 advert - Johannesburg.
- Capital Radio advert - Grahamstown.
- Campus radio adverts - all centres (where applicable).
- 'Early Times', FNB 'Bob T' newsletter adverts - Johannesburg.
- Payment (partial?) for 'Vrye Weekblad' advert - Janet.
- Ongoing CAS column in 'Objector' - Johannesburg.
- Completion of 'History of Conscription' slide show - Johannesburg.
- Requests for video resources to Cape Town - all centres.
- Completion of Non-combatancy 'initial enquiry' pamphlet - Johannesburg.
- Completion of Foreign citizens 'initial enquiry' pamphlet - Cape Town.
- Completion of Government Options 'initial enquiry' pamphlet - Johannesburg.
- Feedback on 'initial enquiry' pamphlets to Cape Town - all centres (by 15 July).
- Completion of Board and Community Service booklet - Cape Town.
- Completion of Non-combatancy booklet - Johannesburg.
- Production of 'Options/Rights' booklet - Port Elizabeth and Grahamstown.
- New general video on militarisation/choices/options - Cape Town.
- Compilation of resources file - Durban (Sue).
- Distribution of press cuttings - East London (Sharlene).
- Production and distribution of national newsletter - Pretoria (Linda).
- Following up of community servers contacts in Bloemfontein - Durban (Sue).
- Compilation and analysis of case records for submission to van Loggerenberg committee - all centres.
- Information about submissions to van Loggerenberg committee - Johannesburg.
- Venue and agenda for 21-22 October national meeting - Port Elizabeth.
- Application for funding - Janet and Johannesburg.
- Distribution of stickers, calling cards, pamphlets, videos, etc - Cape Town.
- Consider the national constitution - all centres (by next national meeting).

CONSCRIPTION ADVICE SERVICE

CONSTITUTION

NAME

The name shall be the CONSCRIPTION ADVICE SERVICE.

OBJECTIVES

To give conscripts information and advice about their legal rights and alternatives to military service.

To educate the community about alternatives to military service.

MEMBERSHIP

Membership shall be open to all persons who subscribe to the objectives of the organisation and who participate in its activities.

OFFICE BEARERS

A National Convenor and a National Treasurer shall be appointed annually at an Annual General Meeting.

They will be accountable at all times to the Co-ordinating Committee.

CO-ORDINATING COMMITTEE

This will consist of the National Convenor, the National Treasurer and at least one person nominated from each regional CAS to each meeting.

The Co-ordinating Committee will meet at least twice per annum.

A quorum of a Co-ordinating Committee shall include representatives from at least four regional CASs.

Notice of a Co-ordinating Committee meeting shall be given to each regional CAS at least two weeks prior to that meeting.

FUNCTIONS OF THE CO-ORDINATING COMMITTEE

To be responsible for co-ordinating activities between the centres.

To see to the raising and allocation of funds that the Service requires for its meetings.

To call, and prepare the agenda of, the Annual General Meeting.

FINANCES

A bank account will be opened in the name of the Conscription Advice Service. Money received will be deposited in this bank account.

Signing powers for cheques will be vested in any two of the National Treasurer, the National Convenor and two others appointed by the Co-ordinating Committee.

Disbursement of money shall be ratified by the Co-ordinating Committee.

DISSOLUTION

Dissolution will be agreed upon at an AGM by a two-thirds majority.

Funds will revert to the donors.

AMENDMENTS

The constitution may be amended by a two-thirds majority at an Annual General Meeting.

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CONSCRIPTION ADVICE SERVICE

COUNSELLOR TRAINING WORKSHOP
4-5 August, 1989 Durban

THE CONSCRIPTION DILEMMA

- * militarisation of South African society
- * under-utilisation of skills in the SADF
- * interruption of career and family life
- * religious pacifist conscientious objectors doing non-military forms of national service
- * non-religious and non-pacifist conscientious objectors being jailed
- * friends and family members leaving the country rather than going into the SADF
- * troops in the townships
- * SADF raids into neighbouring territories

Military service in the SADF is no longer simply a "given", but raises serious moral and practical dilemmas.

ABOUT THE CONSCRIPTION ADVICE SERVICE

The Conscription Advice Service (CAS) offers a free and independent counselling and advice service to anyone experiencing difficulties or problems relating to military service - either the conscript himself or a friend or relative.

The service is non-directive. CAS does not try to influence the decision of counselees, but seeks to work together with them to clarify the various options (and their consequences) open to them, so that they can make an informed decision about the next steps to take.

CAS is active in Durban, Pietermaritzburg, East London, Port Elizabeth, Grahamstown, Cape Town, Pretoria and Johannesburg.

THE COUNSELLOR TRAINING WORKSHOP

The aim of this workshop is to introduce participants to the information and skills necessary for counselling someone with a conscription dilemma.

The workshop will occur in two parts:

Part 1 Friday August 4th (7.30pm - 9.30pm):

- Information on the various options facing conscripts, and the consequences of these options. These include:
- deferment and exemption;
 - soldiers' rights within the SADF;
 - the Board for Religious Objection;
 - going to jail;
 - leaving the country.

Part 2 Saturday August 5th (9.00am - 4.30pm):

- Introduction to counselling skills.
The Conscription Advice Service.

We hope that those participants who attend both parts of the course will consider becoming regular members of the CAS team in Durban.

Registration fee: R5.00

Lunch and teas will be provided.

TO INDICATE YOUR INTENTION TO ATTEND THE COURSE, OR FOR MORE INFORMATION, PLEASE CONTACT:

Sue Britton: 305-6001 (w) 78-4752 (h)

Loek Goemans: 301-8088 (w)

March 16, 1986

Agenda

1. Welcome, gathering, expectations sharing. Why have you come?
 2. Agenda review.
 3. Sharing in triads: experiences you have had with the military.
 4. Model role plays:
 - a. camper
~~xx~~ - what was wrong with the process? (mainly feedback from the counselee)
you could say "I don't know"
 - b. mother
 - into triads. What helped in the process, actions, words, phrases. What worked.
 - list three observations on what helped.
 - Lists up front. Sheila pull together, giving some theory as to why certain things work and ~~x~~ others dont.
- characteristics of good counselling process.
5. Application of learnings on characteristics:
role plays in triads - counsellor, counselee, observer.
Observer to give feedback as to helpful and unhelpful responses by the counsellor. Switche ~~xx~~ roles.
 - a. conscript in service
 - b. university student about to graduate, sussed, political
 - c. matric student. not very sussed, at the beginning of the process.

BREAK

Setting up a network

6. Physical structure: - first level counsellors
- referral system -- legal, health, church,
7. Logistics: counselling venue?
resources the counsellors need to have on hand -- manual.
screening (security)
8. Actually setting up the network: when? Publicity.
9. Scope - counsel returning servicepeople?

AGENDA: Conscientious Objector Support Group counselling workshop

1. Welcome, gathering, expectations sharing.
2. Agenda review.
3. Sharing experiences we've had related to the military.
4. Two model roleplays. Learnings from them about ^{the} characteristics of good counselling process.
5. Application of learnings: roleplays in triads.

BREAK

Setting up a network

6. Physical structure: - first level counsellors
- referral system -- legal, health, religious.
7. Logistics: contacting people for the referral system
counselling venue?
resources counsellors need to have on hand e.g. the manual
screening of counselees (security)
8. Scope of counselling - to include returning servicepeople?
9. Actually setting up the network: when?
publicity.

COUNSELLOR TRAINING WORKSHOP - CONSCRIPTION ADVICE SERVICE

Durban

4-5 August 1989

- 9.00 Registration.
- 9.15 Welcome, agenda review.
- 9.30 Exercise: an occasion you can remember being really well listened to.
- 9.45 Model role plays: - bad counselling
- good counselling.
From the observation of model role plays, develop list of characteristics (qualities) of good counselling.
Counselling theory.
- 10.45 TEA
- 11.15 Listening exercises.
- 12.00 Role plays in triads, covering:
* the various options facing conscripts;
* the various counselling situations the counsellor is likely to face e.g. telephone counselling, "third party approaches" (e.g. parent or friend);
* how to recognise the "balance point" - the point at which the counsellee needs to be referred for further specialist counselling (e.g. to psychologist, lawyer, church minister, doctor).
- 1.00 LUNCH
- 1.45 Role plays continued.
- 3.15 TEA
- 3.45 Where to from here? Further training etc.
- 4.15 Evaluation.
- 4.30 Close.

COUNSELLOR

TRAINING COURSE

4 - 5 August, 1989
Durban

THE CONSCRIPTION DILEMMA

- * militarisation of South African society
- * troops in the townships
- * SADF raids into neighbouring territories
- * under utilisation of skills and boredom in the SADF
- * interruption on family life
- * interruption of career
- * religious pacifist conscientious objectors doing non-military forms of national service
- * non-religious and non-pacifist conscientious objectors being jailed
- * friends and family members leaving the country rather than going into the SADF

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THE COUNSELLOR TRAINING COURSE

The primary aim of this course is to introduce participants to the information and skills necessary for counselling someone facing a conscription dilemma.

The course will occur in two parts:

- Part 1 Friday August 4th (7.30pm - 9.30pm): information on the various options facing conscripts, and their consequences. This will include information on:
- deferment and exemption;
 - soldiers' rights within the SADF;
 - the Board for Religious Objection;
 - going to jail;
 - leaving the country.

CONSCIENTIOUS OBJECTOR'S SUPPORT GROUP

PO BOX 1879

DURBAN

4000

*Still in operation?
- please info.
Teacher-Counsellor at
Pretoria Boys High*

9th May 1984

CONSCRIPTION AND CONSCIENCE

A workshop on counselling conscriptees to the SADF

SATURDAY 16TH JUNE 1984

8.30a.m. - 1.00p.m.

at Assumption Parish Hall

Cnr Nicholson Rd/Queen Mary Avenue - Durban

Cost: R10 including printed resource material

As a person with an interest in and responsibility to young people we invite you to a workshop on counselling conscriptees to the SADF.

Many young men have difficulty when faced with their call-up papers and turn to clergy or people with counselling experience to help them work through their problem. But many clergy and counsellors find themselves inadequately equipped with the specialized information that could help these young men, or with the particular non-directive counselling skills that would enable them to come to their own answers.

This workshop will offer an opportunity to obtain information on the latest legislation regarding religious objectors to military service and details of how they can now apply for alternative community service. It will also offer an opportunity to learn from the experience and skills of experts, including clergy and practising counsellors.

We particularly recommend this workshop to all clergy and people in positions where they are likely to be approached by conscriptees for help.

Please complete and return the tear off slip below if you would like to attend the workshop and please feel free to let others in a similar position or whom you feel would be interested to know about it.

If you would like more details, please contact Sue at 312609, Paul at 317719 or Gill at 289532.

Tear off and return to PO Box 1879, Durban 4000

.....
NAME: Chester B. Style Tel: 215371
ADDRESS: 8 Calida 14 Cato Rd Berea 4001

I wish to attend the workshop on counselling conscriptees
and: enclose a cheque/postal order/chash for R10
or: will pay on registration. (delete statement not applicable.)

CONSCRIPTION ADVICE SERVICE

COUNSELLORS' TRAINING COURSE

ABOUT THE CONSCRIPTION ADVICE SERVICE

The militarisation of South African life (including the policing of black townships by the South African Defence Force and raids into neighbouring countries), the introduction of 'community service' for religious pacifist objectors in 1983, and the publicity given to jailed conscientious objectors, are some of the factors that have created a public consciousness that military service, rather than being simply a 'given', raises immense difficulties for some people.

Common questions being asked are:

- I object to the role that the SADF plays in our country, and I don't agree with war and violence anyway - do I have to do military service?
- Are jail and exile the only options open to those who do not want to fight in the SADF?
- What happens to someone who refuses to obey an order in the army?
- What happens to someone who fails to report for a camp?
- How does one deal with the psychological scars of military training?

The Conscription Advice Service (CAS) offers an independent counselling and advice service to anyone asking these, or any other, questions relating to conscription.

Using the information we provide, people caught in a conscription dilemma are empowered to make appropriate and well-considered decisions.

CAS is active in Pretoria, Johannesburg, Pietermaritzburg, Durban, East London, Grahamstown, Port Elizabeth and Cape Town. In Johannesburg we have an office in the Central Methodist Church building which is open to callers on Tuesdays from 4.30 to 7.00 pm. At other times there is a telephone contact number.

THE COUNSELLORS' TRAINING COURSE

The primary aim of the course is to equip participants with the information and know-how which is necessary for counselling someone in a conscription dilemma.

There are two broad areas which the course covers:
the process of counselling (being a good counsellor);
and, the body of knowledge (about conscription issues) with
which the counsellor needs to be familiar.

The course makes use of talk-inputs, audiovisual material, films, role-plays, and revision exercises. At each of the sessions where we discuss one of the options to military service, we try to have a speaker who has actually chosen and experienced that option.

Participants will receive comprehensive reference notes.

AFTER THE COURSE

We expect that, on completion of the course, participants will become regular members of the CAS team which staffs our advice office.

Membership of CAS will entail being placed on the Tuesday counselling roster, and attendance at monthly counsellors' meetings where we discuss and evaluate the counselling. We like to have at least two counsellors at the advice office; one a more experienced counsellor, and the other a person who does not feel quite ready to counsel on his or her own. This person usually sits in on the counselling interviews.

CAS also has a working group which sees to the day-to-day running of the service, publicity and advertising, production of resource material, and contact with other CASs. Course participants may also wish to become part of this work group.

DATES

There will be one full-day session, **Saturday 3 June 1989**, 9.00 am to 4.30 pm, followed by six weekly sessions on **Monday evenings**, 7.30 to 9.30 pm (**5 June, 12 June, 19 June, 26 June, 3 July and 10 July**).

It is imperative that the participants attend all the sessions in order to obtain maximum benefit and to avoid repetition for other participants.

VENUE

Lourdes Convent, 19 Rockridge Road, Parktown, Johannesburg. (The convent is next to the JCE Knockando res, and behind the Kenridge Hospital. Limited parking is available in the grounds.)

COST

There will be a charge of R15,00 for each participant, to cover costs such as the use of the venue and course material. This is payable upon registration on Saturday 3 June.

PROGRAMME

SATURDAY 3 JUNE

- Introduction
- Principles of counselling
 - How to be a good counsellor
 - Practical exercises
- Liability for military service
- Non-combatancy
 - Category 1
 - Category 2
 - Unofficial non-combatancy
- Non-township duty status

MONDAY 5 JUNE

- Recognised religious objection
 - The Board for Religious Objection
 - Category 3 community service

MONDAY 12 JUNE

- Exemption
- Deferment
- The legal consequences of avoiding military service
- Leaving the country
 - Emigration (settling)
 - Emigration (exile)
 - Refugee status (settling)
 - Refugee status (exile)
- Homelands

MONDAY 19 JUNE

- Foreign citizens
 - Liability for military service
 - Status of immigrants

'Government options'
The Post Office
The Receiver of Revenue

MONDAY 26 JUNE

Refusal to serve
The law - failing to report/refusing to serve
Preparing for prison
Life in prison

MONDAY 3 JULY

The army experience
Purpose and methods of basic military training
Your rights in the SADF
Coping with ill-treatment and victimisation
Psychological effects

MONDAY 10 JULY

Referrals to lawyers, doctors, psychologists
Support groups
Peer groups
Parents' groups
The Churches' Alternative National Service Project (CANSP)

REGISTRATION

If you would like to attend the training course, please complete the enclosed reply form and send it to us as soon as possible.

FURTHER INFORMATION

If you require further information about the training course, or about the Conscription Advice Service, please contact:

Neil Mitchell 614-8106

or

Olive Gibson 614-4189.

CONSCRIPTION ADVICE SERVICE

COUNSELLORS' TRAINING COURSE

I would like to attend the course.

Name _____

Address _____

Telephone (h) _____ (w) _____

Please return to:

CONSCRIPTION ADVICE SERVICE

PO BOX 591

KENGRAY

2100

AGENDA: CONSCRIPTION ADVICE SERVICE WORKSHOP:

- | | |
|--|--------|
| 1. Welcome.
Introductions.
Expectations. (20) | 1.15pm |
| 2. Agenda review. (5) | 1.35pm |
| 3. Our experiences of the military. (20) | 1.40pm |
| 4. The counselling/advising process.
a. Model roleplays and evaluation/discussion. (45)
b. Listening exercises. (15) | 2.00pm |
| 5. TEA. (30) | 3.00pm |
| 6. The options facing conscripts. (50) | 3.30pm |
| 7. Roleplays and observations/questions. (30) | 4.20pm |
| 8. What do we need to do next? (30) | 4.50pm |
| 9. Evaluation of the workshop. (15) | 5.20pm |

CONSCRIPTION ADVICE SERVICE:

Durban: Richard 3015663 (w) 456574 (h)
 Anita 3015663 (w) 456574 (h)
 Sue 3056001 (w) 784752 (h)
 Paul 8162010 (w)

Pietermaritzburg: Mark 944079 (h)

Johannesburg: Neil 6148106 (h)

Grahamstown: Ron 22663 (h)

Cape Town: Anton 6502827 (w)

GOOD COUNSELLING:

- * sympathetic
- * recognition of the uniqueness of the case
- * listen
- * respond appropriately
- * allow the person to reach their own conclusions
- * help the person to view their situation from different angles
- * know the facts and how they fit together
- * make sure all the options are covered, including going in to the army
- * affirm religious/moral bases
- * check their support system
- * if appropriate, suggest further contact, but in a way they feel free to choose it or not

The COPING WITH CONSCRIPTION Course

all you ever wanted to
know about the ins and
outs of conscription but
were afraid to
ask.....

Education Building
University of Cape Town

Five Tuesday evenings:
14,21,28 March, 4,11 April 1989

from 7.30 to 9.30 pm.

*brought to you by
the Conscription Advice Service*

Call up Crisis ? Call up CAS !

Military Conscription Options

Increasing militarisation of South African life, including the policing of black townships by the SADF and raids into neighbouring countries, has resulted in increasing numbers of conscripts questioning the issues surrounding military service. Are exile or jail the only options open to those who do not want to fight in the SADF? Who qualifies for alternative community service? What about non-combatant options? What legal rights do conscripts have? What are the penalties for not notifying the SADF of a change of address? How does one deal with the psychological scars of military service?

This course will provide you with facts and insight into these and many other questions surrounding military service in South Africa today. This course will provide you with the opportunity to work through problems posed by the call-up.

If you are a conscript, or a conscripts friend, or a conscripts parent, or even the minister or teacher of potential conscripts, then you can use the information provided in this course.

This course is for you .

The Format

The course will make use of innovative and dramatic audiovisual material, role-play, film, scripted sketches and revision exercises. A comprehensive file of relevant information will also be handed to all participants in the course.

Course Programme

Session 1 - Tuesday 14th March

Introduction

Liability for military service: talk, slide show.

Simulation of the conscription dilemma.

Introduction to counselling: input, practice role-plays.

Session 2 - Tuesday 21st March

The purpose, methods and effects of basic military training: film and verbal input.

Life in the SADF: presentation by ex-servicemen.

Session 3 - Tuesday 28th March

Your rights in the SADF: role plays and input by a lawyer on coping with ill-treatment and victimisation; non-combalancy/non-township duty status; exemption and deferment.

Making choices: film and discussion.

Session 4 - Tuesday 4th April

Introduction to alternatives: slide show.

The Board for Religious Objection: video film, discussion, panel of religious objectors.

The prison option: input on the law and life in prison.

Session 5 - Tuesday 11th April

Evile: video film and discussion.

The legal consequences of avoiding military service: input from lawyer.

Families, friends and conscripts: a panel discussion

PARTY !

Call up Crisis ? Call up CAS !

REPLY FORM - PLEASE DETACH
AND MAIL TO US IMMEDIATELY

I would like to attend the "COPING
WITH CONSCRIPTION" course.

My name is:

Address:

Telephone: (h) (w)

Occupation:

Home language:

Organisation:

Relationship to conscript(s):

RETURN TO:

CONSCRIPTION ADVICE SERVICE,
PO BOX 15467,
VLAEBERG 8018.

OR

CALL CAS AT 689-1194

BY FRIDAY 10th MARCH 1989

CALL UP CRISIS ? Call up CAS !

Registration

Course participants should notify the organisers of the course of their intention to attend by Friday 10th March 1989.

A registration fee of R10 will be charged to cover course material expenses.

Registration will take place from 6.45 on the first evening of the course.

Participants are encouraged to attend all five sessions of the course in order to obtain maximum benefit and avoid repetition for other participants.

VENUE - Room 2D, Education Building, Lower Campus, UCT.

DATES - Tuesday evenings:
14,21,28 March, 4,11 April 1989

TIME - 7.30 to 9.30 pm.

CALL-UP CRISIS ? Call up CAS !

For free and independant advice on any conscription query call the Conscription Advice Service.

Call up Crisis ? Call 689-1194 !

CONSCRIPTION ADVICE SERVICE,
PO BOX 15467 ,
VLAEBERG 8018.

AGENDA: Conscientious Objector Support Group counselling workshop

CCS

1. Welcome, gathering, expectations sharing *
2. Agenda review.
3. Sharing experiences we've had related to the military.
4. Two model roleplays. Learnings from them about ^{the} characteristics of good counselling process.
5. Application of learnings: roleplays in triads.

BREAK

Setting up a network

Name for the network
phone address

6. Physical structure: - first level counsellors
 - referral system -- legal, health, religious.
7. Logistics: contacting people for the referral system
 counselling venue?
 * resources counsellors need to have on hand e.g. the manual screening of counselees (security)
8. Scope of counselling - to include returning servicepeople?
9. Actually setting up the network: when?
 publicity.

~~Helping people to...~~

10. "Working principles"

re: security - give info on *exile*?
 - give overseas addresses?

- where meet counselee
- dealing with phone
- counsellor support
- notes, records
- feedback meetings
- further training

Breita

Tam

Pan



Beatrice.

Charly

Paddy

Steve

Lannie.

Loch

Muir Voster

Jan

Yell

Mrs & Pat

CONSCRIPTION ADVICE SERVICE - OPTIONS FOR CONSCIENTIOUS OBJECTORS

1. Employment:

- a. Prisons, Post Office, Police, Fire Department, etc;
- b. Internal Revenue.

2. Deferment:

- a. normal;
- b. "emergency".

3. Board for Religious Objection:

- a. non-combatant service;
- b. non-uniformed non-combatant service;
- c. community service.

Refusal
4. Non-reporting in SA:

- a. "underground";
- b. "do nothing" and wait;
- c. public refusal to serve, trial, fine/prison.

5. Non-reporting outside SA:

- a. "independent homelands";
- b. neighbouring countries;
- c. Europe, North America, etc.

6. Exemption Board.

7. *Going in to the SAOF*

** informal recognition of noncombatants.*

USEFUL RESOURCES FOR COUNSELLING CONSCRIPTS

1. Conscientious Objection: A Counsellor's Resource Manual
Published by the South African Council of Churches, and available in Durban from IFOR offices, Room 54, Ecumenical Centre or EOC offices, Room 56, Ecumenical Centre
2. Know Your Rights in the SADF / Ken You Regte in die SAW
Published by the End Conscription Campaign, and available from Room 56, Ecumenical Centre and most bookshops.
Price: R4.99
3. National Service; Between Me and God
By Rev. T.O. Scarborough. 30 Biblical texts with questions, designed to help the conscript develop a better understanding of the issue of National Service over a period of one month.
Copies can be made from originals in the EOC office, room 56, Ecumenical Centre.
4. Various short pamphlets are available from the EOC office, which summarise the rights of conscripts.

CONSCRIPTION ADVICE SERVICE CONTACTS

Phone Paul 7016394 (h)
Rob 237166 (h)
Loek 3018088 (w) / 294320 (h)

CONSCRIPTION ADVICE SERVICE - QUESTIONS FROM THE WORKSHEET ON
WAR:

1. Describe the beliefs which are the basis for your claim for classification as a conscientious objector, and whether those beliefs would permit you to serve in a non-combatant position in the armed forces.

2. Describe how you acquired these beliefs.

3. Describe how these beliefs affect the way you live, and the type of work you do or plan to do.

Conscription Counselling:

(End Conscription Campaign, East London, April 11, 1987)

Length: 6 hours

Agenda:

Purpose:

- TEA
- 1. Welcome, gathering. (15)
- 2. Expectations. (10)
- 3. Purpose. (5)
- 4. Agenda review, process. (10)
- 5. Participants share experiences of the military and/or counselling conscripts. (60)
- 6. Model roleplays:
 - a. bad counselling
 - b. better counselling
 Evaluation of the roleplays and learnings. (60)
- LUNCH (60)
- 7. Introduction to counselling resources, especially the The counsellor's resource manual for conscientious objection. (15)
- 8. Options facing conscripts, including the Board for Religious Objection. (50)
- 9. Setting up a Conscription Counselling Service - structure and logistics. (30)
- 10. Implementation - where to from here? (30)
- 11. Evaluation. (15)
- TEA

Collection Number: AG1977

END CONSCRIPTION CAMPAIGN (ECC)

PUBLISHER:

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Location:- Johannesburg

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