

ANTI-WASTE.What to do with a garment or household article too worn to mend.

- (a) Take any pieces big enough and suitable to use for towels, teacloths, dishcloths or dusters, hem these, put on tapes (or cheaper stitched pieces of material) for hanging.
- (b) Take any pieces big enough for patch-work and stitch them together either in a definite pattern or "crazy pattern". Quilt covers, cushion covers, bedside mats, wash cloths, dusters, etc. can be made this way.
- (c) Cut pieces too small for patch-work into squares about two inches square. Put three of these together and stitch through the middle on to the corner of a piece of sacking. Then stitch another three one inch away and so on in a row. When one row is finished, add another row one inch away and so on. When you have finished, line with sacking or patch-work and you have a useful mat. etc.
- (d) Pieces too small for this snip into very small bits and stuff pincushions or pillows or if only sparsely filled the inside of a quilt or sleeping mat.
- (e) Make a coverlet or sleeping mat with patch-work cover and either newspaper or snipped pieces for a filling.
- (f) If you have old stockings too worn to darn, cut round and round spirally so as to get a long strip. Crochet this into a mat. If stockings of different colours are used, either a definite or a crazy pattern can be made. Stitch each length firmly to the next before crocheting.
- (g) Make an "oddments" reel of cotton that can be used for tackings and odd stitchings where the colour does not matter by taking all odd bits of sewing cotton, etc. and winding tidily on a reel. Many people are glad to give away a tangle of thread from which much good thread can be disentangled with a little patience.
- (h) Make a **cross** stitch crazy mat or quilt on sacking with odd ends of wool.
- (i) Crochet all odd bits of wool into little squares which can be joined to make a coverlet.
- (j) Knit odd bits of wool into scarves or strips which can be joined to form coverlets.

If you have any good ideas in this section, please send them in so that they may be handed on to others.

What to do with scraps of soap.

- (i) Put them into a little calico or canvas bag, and use like a piece of soap for washing or washing up.

- (ii) Boil them with clothes that need boiling (but coloured soap must not be boiled with white articles).
- (iii) Boil them with a little water to make a soap jelly that is splendid for rubbing on soiled parts of garments when they are put in to soak; or for putting in washing up water; or for soaking your hands so as to get your nails very clean.

Have you any other suggestions? If so, send them in.

#### What to do with scraps of bread.

- (i) Cut them neatly and put them into the dish into which stew is to be poured.
- (ii) If you make Bobotie, or fricadels or puddings, the scraps of bread can be soaked and used for these.
- (iii) Cut them neatly and dry them in the oven or in a tin placed near the fire so as to make rusks which are very good for children's teeth or smaller pieces which can be scattered into soup or stew.
- (iv) Dry them and grind them into bread crumbs which can be used for all sorts of things. Keep them in an air-tight tin or jar.

Have you any other good ideas? If so, send them in.

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#### NEWS AND NOTES.

##### Resignation.

We are sorry to say Goodbye to Miss Florence Brown, Reef Divisional Superintendent, who is leaving this Province to take up an appointment in Clarkebury Methodist Training Institution. We wish her well in her new work.

##### Recent Marriages.

On December 14th 1946, Miss Agnes Maredi, Headmistress of the Talitha Home school was married in the Dutch Reformed Church, Sophiatown, to Mr. Michael Matlejoane. During the service, the Talitha girls sang twice.

##### New Wayfarer Handbook.

Copies of this will shortly be available. Those leaders who wish to have a copy should send in at once, giving their name, detachment, and a clear address. The envelope should be addressed to - "The Wayfarer Secretary", P.O. Box 97, Johannesburg.

##### Items for the Bulletin.

We hope that during this year more people will send news and reports. These should be addressed to the Bulletin Editor - Mrs. T. Williams, P.O. Box 1013, Johannesburg.

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