

Women's International League 35.0.11  
Nutrition Conference London  
Nov. 1938

CABLES:  
RECITAL, LONDON.  
INLAND TELEGRAMS:  
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WHITEHALL 6733 (15 LINES)  
PRIVATE BRANCH EXCHANGE.

THE ROYAL EMPIRE SOCIETY,  
(WITH WHICH IS ASSOCIATED THE EMPIRE DAY MOVEMENT)  
NORTHUMBERLAND AVENUE,  
LONDON, W.C.2.

S. Africa is also concerned about the  
problem of nutrition.

We have four racial groups

- A White
- B Bantu
- C Coloured
- D Indian.

All shows signs of under- & mal-nutrition

~~The South African Bantu Nutrition~~

Former Migrations

I  
Famine  
Periods

Methods of Cultivation

Burning of trees - use of wood-cash } depends  
Surface Cultivation } on  
Change of ground. } plenty  
of land

European + Bantu Competitions for land

All land now owned.

Fixation of land ownership  
as between ~~White & Bantu~~ the  
Natives & Non-Natives

Land Act	1913	=	87%	Native
"	1936	+	5%	"
		Total	13%	"

Some of Native land best land.

I A.

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Distribution of Native Populations

	<u>Area 1936</u>
<u>Reserve Native Areas</u>	
(1913 Act)	2,962,450
+ Mine Natives	180,000
+ Industrial	100,000
	<hr/>
Add New Areas <sup>Act</sup> (1936)	3,242,450
+ Roadways ± 20,000	± 500,000
	<hr/>
	3,742,450
	<hr/>
	3,750,000
	<hr/>
<u>European Farms</u>	2,195,750
+ Mine Natives	± 31,150
+ Industrial "	± 10,000
	<hr/>
	2,236,800
	<hr/>
	500,000
	<hr/>
Less Released Areas	<hr/>
+ Roadways ± 20,000	1,736,800
	<hr/>
	1,750,000
	<hr/>
	950,000
	<hr/>
<u>Urban Areas</u>	
Foreign Natives in Mines ±	152,200
	<hr/>
<u>Total</u>	6,600,000.

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III. Natives in Native Areas

= 3 1/4 million or 10,450,000 mngwen  
= 3.21 mngwen per head  
= 16.05 " " family of five  
(16.05 x 2.19 = 33.8 acres)

of stubbs 18 1/4 mngwen per family of 5  
= 38.5 acres.

Add New Areas = 7,250,000 mngwen  
+ 1. Million mngwen Native owned  
= 18,700,000 mngwen

Add also Population of New areas  
± 500,000 "

∴ 3 3/4 million Bantu will have  
18 3/4 million mngwen  
or 5. mngwen per head  
or 25 " " family of 5  
= 53 acres " "  
(as against stubbs 38.5)

But note two points

(1) Popula increases ± 2% per year  
= 100% in 50 years.

(2) Only 15% (at most 20%) of land  
in Africa is cultivable.

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So at least in 1970. The position will be

7 1/2 million Natives will have  
\$ 18 3/4 million morgen  
= 2.5. morgen per head

w 18.5 " family of 5  
w 26.4 acres

(against stubbs 38.5 acres)

of which 5.3 acres cultivable  
against stubbs ~~17.4~~ 8.97 acres).

These figures relate only to  
Land Reserved for Native  
Occupation

Half  
profits  
tribbling &  
board in  
Civ. U.S. w. 20%  
of profits  
that an adequate  
return at  
min. income  
cost = 1.5 acres  
adequate return  
at moderate  
cost = 1.8 acres  
liberal  
return  
2.1 acres

III Natives on European Farms

13 1/4 million Natives  
after  
(2,500,000 deducted as on  
farms taken over for  
Released Areas)  
Natives on these farms includes

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(a) Squatters - rent paying  
+ 150.000.

(b) Labour Servants

Number? } See service for Occupations }  
(c) Full time servants } 2.000.000  
Number? }

(a) & (b) only are cultivators  
on their own.

III Notices in Domes

(a) Permanent 950.000.

(b) Temporary

Union from  
I + II + 420.000  
above

Do not  
be  
Deemed  
to  
Form

(c) Diffing of 25.000

(d) Crestin Camps 43000  
(taken from  
I + II above)

Two Classes

~~(A) led by employees~~

Above (A) led by themselves

(B) " " Employees

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Sanitary Antiquarian

Indigenous Diet

Grain - Maize - Millet

Beer - Millet

Vegetables - { Beans, Pumpkins, Peas?  
Weld, Spinach &  
Roots - in famine <sup>types of preservation as biscuits</sup>

Meat - Game

Ritual Meat

Beast Meat

Foods.

(Eggs?)

Milk - Sour

(Fresh Milk for  
Calves)

Two meals a day -

Famine periods not infrequent

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A Reeves

Changes in Diet

Wild spinards - Destroyed by  
Cattle & sheep  
" not too many cattle but  
too little land."

Roots - also

Meat . No game.

Disappearance of  
Ritual

Cattle the only form  
of saving.

Milk .

Field & cattle  
dropping through  
fence grazing &  
through draught

(at West Junction in  
hurry to supply  
of oxygen on  
Lancaster level .

The Queenstown incident  
= 30 mls for ~~fat~~ milk

P.T.D

Famine periods increase

Diseases

Dental Caries

Polio

Scour

28

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Typhus

V.D.



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Necessity for Males to go out

- ↳ Native Areas
- due to (a) Increased need
- (b) Lack of land
- (c) Decreased yield

↳ of male skulls away.

Two Effects:

- (a) Poor cultivation
- (b) Dependence on cash.
- ∴ Store purchased food.

h.b. Sale of grain on harvest  
Purchase of grain before in  
of prices.

(h.b. Refer also to effects of  
levies on food - to come  
later).

Times Foods from stores

(8.)

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B. Cunningham Stammers

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C. Urban Areas

Independence ways

By average wage £4-5-0

Man rents	1-10-0		
Train	8-6	1-18	6
		<hr/>	
		2-7	= 6

But note Budget

	Urban	Home	ways £3-10-
Compound ways	£2-10-		
House	fee	£1-2-6	
Water	"	7-6	
Fuel & light	"	15-0	man only
Food	"		
Balance	£2-10-	£2-5-	
to best family		£1-5-0	

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General Deterioration

- Affects
- (a) Heavy death rates
  - (b) inability meet mine Recruiting Reqs.
  - (c) Low level of physical strength - ind asset.
  - (d) increase in T.B. etc
- Shortage of Native Labour.

Questions of National Policy Involved

1. Land Development  
What is being done
2. Marketing and Levies  
Levies effects on home consumption
- (3) wages
- (4) Health Organisation
- (5) Education

child welfare  
health services

we must carry our own responsibility  
? Protections

Transcript

Policy of Separation

Whether Worthy in Part

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