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## "CAFDA IS CAPE TOWN'S CONSCIENCE"

### Cape Flats Distress Association CAFDA

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#### Warden

Dr. O. D. Wollheim

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### PREFACE

Pondokkies have become almost traditional in the Cape. They are small shanties made of scrap materials in which live, under appalling conditions of overcrowding and insanitation, large numbers of unskilled workers with their families and lodgers. The Cape Peninsula—where the Union's legislative capital is so much admired by Francis Drake and all the tourists who came after him—probably contains well over 30,000 pondokkies. In them live 150,000 Coloured and African people—the forgotten ones of our modern civilisation.

Cape Town has doubled its size in fifteen years owing to the very rapid industrial and commercial development which has taken place, bringing wealth and comfort to many. Large areas which our older residents remember as marshes and swamps, as dense wattle bush or as quiet forests, have been levelled and paved, have been covered with houses, factories, warehouses and shops. Those who have been away from the Cape for twenty years hardly recognise it when they return.

This rapid development mustered almost all the building resources of the Western Province and this, together with the disrupting effect of the war and the application of new and little understood racial policies after that, prevented the Mother City and its satellite towns from keeping pace with the social and ancillary services such rapid growth demands. New business projects need additional workmen; they in turn must have houses; houses need streets, pavements, stormwater drainage, water, light and sanitation; the people who live in them need schools, clinics and recreation grounds. These things were provided for those who could afford them, but private enterprise cannot be expected to build houses for people who cannot pay economic rents; Government and Local Authorities must of necessity work slowly in order that long term and large scale projects may be intelligently planned.

As a result the unskilled workman who earns on an average only £3 per week and who cannot be expected, if he has a dependent family, to manage on less than £5 per week, has found nowhere to go. He has hired a scrap of ground and thereon, out of bits of wood, cardboard, biscuit tins and whatever else he can find, has put up a shelter (if it can be graced by such a name) for himself and his family. A broad belt of such houses stretches across the Cape Flats from False Bay to Table Bay with an arm branching northwards to Bellville.

These are the places where CAFDA does its work, where it goes to help those who are challenged by problems of poverty, homelessness, ill-health, physical and mental disabilities. It tries to rebuild broken and maladjusted lives; it relieves distress and destitution which often overwhelm these people through no fault of their own: it tries to bridge the gap between earnings and what they really need to keep body and soul together; it tries to provide healthy activities for leisure hours; it struggles to stem the downward trend caused by the demoralising influences upon them; it tries to stimulate the will to self-help and to inculcate selfrespect.

In this report you will learn how it is done, but the story is in the bald and cold language of statistics. Your imagination must fill in the human stories, the tragedies and triumphs, the heartbreak and the happinesses which lie behind the figures.

CAFDA's work is only limited by what the public gives and its Committees see that your money is used to the fullest advantage.

"CAFDA IS CAPE TOWN'S CONSCIENCE"

#### PART 1.

#### FOREWORD

#### By the Chairman, Bishop Wilfrid Parker

It is a privilege to write a foreword to the record of CAFDA's work during 1954. The year was memorable for two reasons, one unhappy, and the other most cheering. The flood disaster will long be remembered, for although, mercifully, there was no loss of life the misery entailed was distressing beyond words. Thanks to the generosity of Cape Town which poured out to CAFDA, and to the splendid way in which the staff of CAFDA rose to the emergency, much suffering was alleviated. The Warden's graphic account, in his Report, will be read with deep interest, and I hope that readers will also study the statistics which speak for themselves.

The great development of the Industrial Training Centre. sponsored by CAFDA and the National Council for the Care of Cripples, is a matter for much thankfulness. It is a heartening experience to walk through the Workshop and to see some forty disabled men working happily and gainfully, and to realise that if it were not for this opportunity these same men would probably be dragging out a mean existence. As it is they are now an asset to the community instead of a liability.

You will be glad to read of CAFDA's many-sided day by day activities, and the Association's value to the community at large is only limited by lack of means to expand. I hope and believe that Cape Town will not only maintain its support, but will increase it.

It remains to express the most cordial thanks of the Executive to those who gave so generously to CAFDA's funds and for their gifts in kind; to other Welfare Agencies for their valuable co-operation; to Government Departments and to Divisional and Municipal Councils for help given in many directions; and last, but by no means least, to the devoted staff of CAFDA who give to the uttermost of their skill and energies, often at considerable cost to themselves, and to those voluntary workers whose help serves to lighten many burdens.

took soup and food to the worst of the affected areas.

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#### WARDEN'S REPORT

#### "WATER, WATER, EVERYWHERE ....."

It is inevitable in reporting on the 1954 work of CAFDA that one's mind should turn to the floods. On Sunday, 18th July, at about 8 a.m. I received a report that Cook's Bush was under water. An inspection a little later showed a scene of desolation such as I have seldom seen before. Probably a hundred rickety shanties were up to four feet in water and their occupants were lining the sides of the roads, bedraggled and wet, having had to wade up to their shoulders to get through the water surrounding their huts.

Frantic mothers were searching for their children; children, blue with cold and soaked to the skin, were crying; menfolk were wading in and around the pondokkies trying to save what they could. Floating on the water were sticks of furniture and other flotsam from the houses.

Surveying the scene, I wondered—rather desperately I admit how we were to cope with this emergency. If these people could not very quickly be brought under shelter and given warm and dry clothing and hot food, many would not live to tell the tale and the queues waiting for TB beds would grow even longer. I thought of the 30 odd rickety camp stretchers, the 15 to 20 mattresses, and the small store of blankets in our store; I thought of our empty pantry shelves and almost bare clothing store. How would we manage?

Very soon, as a result of a few telephone calls, the majority of the CAFDA staff, with all the vehicles we could muster and two ambulances from the St. John's Association were on the spot and the victims were brought to CAFDA and accommodated in the hall under camping conditions. The stretchers were given to the elderly and the mattresses and blankets shared out. Somehow, I still don't know how, the wettest were given dry clothing and all found hot food waiting for them. A bakery was knocked up and supplied bread and the CAFDA nonprofit store was opened for tinned foods, porridge, etc.

On the Monday the Press carried full reports and appealed for help. The warmhearted and generous response of the public is probably our most outstanding memory of these trying days. By 10 a.m. a huge lorry from a metal works turned up with money from a staff "whip round," some clothes and half an ox! From then on the stream of cars—some 200 of them on that one day—increased until we had a traffic jam around the gates. They brought loads of dry, warm clothes, large pots of steaming food, blankets and offers of personal help. Our own Soup Kitchen was stepped up to prepare 300 gallons of hot soup in three day and night shifts. A stately, chauffeur-driven, black limousine drove up with a huge parcel of the most expensive fleecy pastel blankets money could buy.

In spite of the unexpected mountains of materials piled into the CAFDA portals, the staff and the organisation coped. Clothing was quickly sorted with the help of voluntary workers and some of the CAFDA Boys' Club members; the campers in the hall were properly fitted out. In the meantime a long queue gathered at the Welfare Office asking for clothing and food. Those known to be affected were helped and others turned away. Volunteers accompanied by Social Workers took soup and food to the worst of the affected areas.

By the Tuesday, we had got fully into gear. A corps of voluntary workers, many with their own vehicles, was organised; the Red Cross Society had opened a Fund and a depot for materials; the Prince George Drive clinic had organised itself into a sub-depot for distribution of bulk supplies in the flooded areas near Muizenberg; we had commandeered other vehicles, drivers and social workers; the Press ran special box items shewing our particular needs; the public response grew from a torrent to almost avalanche proportions. The Red Cross van had arrived several times bearing clothing and blankets by the ton! As materials arrived, a worker took the name and address of the sender and recorded the items; voluntary workers stacked the materials out. The large and unruly queue outside the Welfare Office had been dispersed and told to wait at home. A convoy of vehicles had been organised carrying all the necessary materials and, under the direction of a Senior Social Worker, it visited all the worst hit areas.

On-the-spot investigations were made and needy people were given relief tickets specifying what they needed. The tickets were exchanged at the convoy for the goods specified. This system continued for just over a week, and the convoys covered Windermere, Vrygrond, Steenberg, Retreat, Grassy Park, Lotus River, Cook's Bush, Parkwood, Ottery, Wetton, Jakkalsvlei, Rylands and Welcome Estates, Athlone and Crawford. These areas were fully covered—the worst ones twice.

The CAFDA organisation had coped! As quickly as the stores were being filled with food, clothing, blankets, household utensils and mattresses, so quickly it was being efficiently sorted, stacked and distributed just where it could do the most good. One or two had tried to take advantage of the situation, but the loopholes were stopped at once. All who suffered were being helped and nothing was being wasted.

During the third week when things were getting back to normal, the social workers did an intensive survey of the areas worst affected and handed to the people lists of essential requirements to replace what had been lost or irretrievably damaged by the floods. The people then collected these materials from a central depot at CAFDA. This survey disclosed some heart-breaking cases. A bride's trousseau, gathered over many months with painstaking self-denial, finally ruined by water because it had to be kept in a suitcase under the bed, there being no wardrobe. Even where no water had entered rooms, the damp had risen through the floors and stained and spoilt Sunday best clothes thus stored in hundreds of homes. Furniture, musical instruments, gramophones, bought painfully over years on hire purchase were ruined.

Altogether over 3,000 families (representing some 15,000 persons) were attended to. 9,250 persons received clean and dry clothes, 2,000 blankets and 600 mattresses were handed out. For almost three weeks between 400 and 500 gallons of soup cooked non-stop day and night were distributed every 24 hours. Social workers made 4,000 recorded home visits, of which almost half resulted in assistance being given, the remainder being refused. 186 persons camped in the CAFDA hall for about a week and on the 1st August 102 spent another day and a night there. The full statistics of the CAFDA flood relief work are included in the Welfare Department statistics later in this report.

It is difficult to describe the extent to which the public was stirred by the news of the disaster and even more difficult to describe or even to envisage their response to the call. To give some idea, one school sent a convoy of six cars containing over 4,000 garments all sorted according to type and size in one go; a number of women turned up every day for a fortnight with enormous pots of piping hot and ready cooked soup; other women came in their cars and station wagons and worked like slaves from early morning until late in the evening loading, distributing, trampling through slush, driving and then starting the whole process all over again every day for a fortnight; 20 or 30 lads from the CAFDA Clubs turned up and worked with a will stacking, unloading, carrying, sorting and distributing; very large sums of money poured into the funds opened by the Red Cross, the Mayor of Cape Town and CAFDA; indignant letters to the Press led to meetings and resulted in the Floods Action Committee which has succeeded in spurring the local authorities and the Government into joint action to drain the Flats in the course of the next few years.

The sobering thought about all this is that it should have required a flood bringing disaster and misery to thousands of families to make people conscious of the needs of the Cape Flats. Even now few people realise that during a flood such as we had last July the people of Cook's Bush and Windermere are only a little more miserable than what they normally are in winter. The pondokkies do not keep out water when it rains and it does not matter whether a quarter of an inch or three inches of rain falls during a night, it still trickles drearily through the roof and the walls and oozes muddily on the floor. A flood only means that there is water instead of mud on the floor.

People earning £3 a week cannot be expected to build, out of these earnings, durable and watertight houses; no private enterprise will build for them because their incomes are insufficient to pay suitable rents. In the meantime only £8,500,000 annually are made available by Parliament for the total housing needs of the Union. In the meantime the non-European urban housing backlog in the Union at this moment (at only £300 per house) is estimated conservatively to require the expenditure of £300,000,000. What this backlog will be in ten years when the economic expansion now taking place brings to industrial areas, wherever they are placed, the added workmen required to operate them, no-one can imagine; nor can one imagine what effects the continuance of the present housing conditions will have upon the morale, health and efficiency of the industrial workers.

#### PART 3.

#### **ACTIVITIES AT CAFDA**

#### SOCIAL WORK

In reporting on social work it is again inevitable that the flood be mentioned. CAFDA's Welfare Department is used to dealing with emergencies but to deal with a calamity of these proportions was no easy matter especially since the usual case work had to continue without interruption. It was more than distressing for our Social Workers to see families who had been under their care for a long time and who had, due to careful supervision, increased their earnings, learned to budget and become independent self-respecting people, lose all their possessions and to see their hard-earned clothing and blankets and furniture destroyed by water. It has taken our social workers many months of intensive work to put these families back to the same level again and to re-instil in them some hope for the future. The following statistics have been compiled from records taken during the flood. It was not always possible to keep accurate records and it would be safe to add 25% to all these figures to give an idea of the work done.

AREA		HING Persons	No. of Blankets	No. of Mat- tresses	Families Utensils	Fams. Other
Grassy Park,	a dealer	1985	1 1 2 1 2 2	Contract of the second	belinn	11 ansee
Lotus River,		Sulta.				
Cook's Bush, etc.						dissin's
Tickets	344	1187	818	384	206	46
Retreat			780	barroloo	200	qiotouty
Tickets	24	83	TPI .		31	4
Other	TAC		403	102	51	T
Tickets	122	403	SRI		53	6
Convoy	782	3367	77	4		-
Interviews at Office	398	1608	408	. and	1	11.28
Hall: (families given shelter) mainly from			11-00	Odian v d Albioan Etimpear		
Cook's Bush	47	186	138	50	W LOT DOLT	and Research
Miscellaneous	15	79	110		- tish	in annual
Mr. Torrance						
(Oplands Farm,		OBREN				
Vrygrond)	43	248		ish to mist	101 1.0	
Mrs. Tamana		0.049	-			
Blouvlei	32	125	25			ARC
Welcome Estate Jakkalsvlei	} 198	638	12	0-	Ney cases	(cd <u>u)</u>
Surrey Estate	15	60	50	don <del>e s</del> ent	a iportha	Santaal
Windermere	317	1268	141	6	ioni boingi	4
Learning Tol	2337	9252	2190	546	290	60
Municp. Council	1143	4693	929	110	84	.14
Div. Council	1194	4559	1261	436	206	46
Critained Loud an	-Winner			net dois	and the second	20 10
DOC.	2337	9252	2190	546	290	60

FLOOD RELIEF, 18th JULY TO 14th AUGUST, 1954

Total No. of families attended to: Municipal Council (approx.) 1298 Divisional Council (approx.) 1803

3101

16 Families provided with clothing through S.P.C.L.—no details available. Flood Home Visits, Tickets given: CAFDA/Retreat/Windermere 1636 Other ..... 288

1924

Flood Home Visits, Tickets not given: Estimated at approximately the same number,

and west in the new order of the standard in t

Emergency accommodation provided 18th July—186 persons for 5 days. Emergency accommodation provided 1st August—102 persons for 1 day.

This Department, in addition to doing intensive social work, continues to co-ordinate all activities of CAFDA. The staff during the year consisted at the Retreat Centre, of: The Welfare Officer, the Medical Social Worker, two Case Workers and the Recording Clerk; at the Windermere Centre of one Social Worker. The total case load, as the following statistics clearly show, is steadily increasing.

#### WELFARE DEPARTMENT STATISTICS for the Year ending 31st December, 1954 (Excluding Flood Relief)

RETREAT CENTRE			
Cases Handled		1953	1954
Coloured	1292		1357
African	237		368
European	. 16-		8
Municipal Area: Coloured.	789		800
African	147		280
European	11-	-947	3-1083
Other Areas: Coloured	492		551
African	90		88
European	5-		5-644
No fixed address: Coloured	11	Charterowers and the country of	6
African	-		- and the sould
European		11	6-1733
Cases carried forward		531	623
New Cases		1014-1545	11101733
Home visits		1026	1263
Visits to other agencies		100	46
Interviews: Recorded		3860	3964
Not Recorded		655-4515	3854349
Cases referred from other			
Agencies:			
New caese		184	192
Old cases	109		82 islyatestast.
New cases (direct approach)		830	918-1110
Cases referred from CAFDA	141		
to other agencies		331	191
No. of Clinics attended		43	54
No. Families supervised at		1143 4692	Munico Council
Wood's Farm		14 1911	Jun 1400 viG
Housing application for			
new scheme		2337 - 9002	290
Full housing investigations			59

Analysis of Relief Given (excluding Flood)

STOTICS BEALS BORN					1953	1954
Food rations					361	368
Clothing		· · · · · ·			123	183
Cash	611.0	With the state	10.00	52.1	59	60
Miscellaneous	Sene.	\$1-3	liguen	Ohi	10-553	25-636
Analysis of Case Pro	blems	105	3011)		filler book to	954

	621 1154		Eastster	1. 59.52	Sec.	1.1.1.1	1.1		1000	
etings of the state of the state	No. of cases						No	o. of ca	ses	
		ir	whic	h			in which			
	Total		relief		7	Total		relief	122-	
	No.		given			No.		given		
Old-Age Pensions	113		22			109		18		
Blind Pensions	1		1			2		2		
Disability Grants	56		14			44		16		
Maintenance Grants	20		14			23	The	13		
Ex Volunteer	3-	-193	3-	-53		6-	-184	4_	-53	
	9	-100	0	00		U	101	Thefy	Satoli	
Employment in open Labour Market	244		82			207		80		
Sheltered Employ-										
ment (mostly In-								IN IN		
dustrial Training										
Centre)	69—	-313	6—			126-	-333	14-		
Medical	216		99			243		143	init incl	
Mental	15		3			22		5		
Admission to hospi-			1 2313			2000		25.10		
tals and homes	6	-237	141 23	-102		2-	-267	100 1	-148	
Housing advice and	U	201		102		100 10	201		10012	
disputes	278		12			162		7	America	
Ejectments	15					9		2		
and a second of the second sec	10							Farmer	-No.	
Emergency accomo- dation	41-	-334	6—			19	-190	5-		
CAFDA Nursery	163	001	12	10		122	10 0	3	Main	
and the second second second second	100		14	Labou		0				
Child Neglect and Juvenile Deling	17		5			11		3		
Marital and Non-	the Lines					vanies		B Sin		
support	81-	-261	25—	42		96	-229	48-		
Criminal	23	201	17	ald he		28	LOTT I	14		
and the second se	13		schere		toHoh	13		2		
D	11-	47	7-			4	45	DA 1		
	110	101 10	56			147	10	36	ni sulta	
	69		67			71		54		
Fire Cases	09	aouid	01			1. too		01		
		and the	Bear L	Jave the	Nur	nber		Percer	ntage	
manual and collected		distant.			0			of To		
<b>Comparative Figures</b>	for 195	3 and	1954	d.can	Prob	Contraction of the second		Probl	ems	
Comparison of Figures					1953	195	4	1953	1954	
Pensions and Grants	eha A	28 100	al. th	. Oar	193	184	1	13	13	
Employment		35000	nince.	at 9/1	313	333	3	21	24	
		10ª 101		14. 18	237	26'		16	19	
Housing		1.01 0		rintein	334	190		22	13	
Child Welfare and M					261	229	Doing	17	16	
Criminal, Legal and					47	4	5 cint	3	31	
		rauton		****				-		

	1953	1954
Christmas Food Parcels Issued Free	250	265
Soup Issued Free (excluding flood) pints	1978	2015
Blankets Issued Free (excluding flood)	303	70
Christmas Party (with gifts): Old People	220	251
Children under 6	150	150
Children 6-12	400	413

N.B.-For flood relief figures (not included here) see page 7.

#### WINDERMERE CENTRE

and a fair of the local data and the second da	1953		1954		
Cases handled: Coloured	322		249		
African	182		87		
European	6		2		
Cases handled (slips): Coloured	tiggen J.		242		
African	Et de		148		A-510
European.		-510		-728	
Cases in Municipal Area	488	010	720		
Cases in other Areas	22-	-510	8-	-728	
New Cases	397	010	573	120	
Home Visits	137		115		
Interviews at Office	1493		1537		aliquiti
Unrecorded Interviews in connec-	1430		1001		
tion with Pension Administra-				a ber	
and the second s			631		
tion	1999 - T. 199		031		
Analysis of Relief Cases		Seat Seat			
and the second	106		156		3.5edic
Relief: Food	A CONTRACTOR OF A				
Clothing and Blankets	12		31		
Cash	Inten		45	od dob	
Building Materials, etc	1.000	-118	3—	-235	
Analysis of Case Problems					
Old-Age Pensions	60		51		
	3		5		
Blind Pensions	-				
Disability Grants		100	55	194	100
Maintenance Grants	0-	-128	23-	-134-	-19%
Employment on Open Labour	40		D		
Market		51	67	C D	0.01
Sheltered Employment	5-				
Medical	79		238		
Mental	6	23. 25	14	000	0.00
Adm. to Hospitals and Homes	2-				-35%
Housing Advice and Disputes	28		40		
Ejectments	7	AV T	5	a himmedia co	Frankland
Fire	16—	51	14-	59	
Nursery	C Out		1		
Child Neglect	8		12		
Marital and Non-Support	54		56-		-10%
Juvenile Delinquency	102		1		
Criminal	現无 日本市政		28-		
Legal and Administration	6		11		
Repatriation	20		18		
Unspecified	35-		81-	-110-	
Pensions and Cuanta Administered					
Pensions and Grants Administered					
Old-Age Pension—Coloured				TEINW	bliefo
Disability Grants—Coloured	12:054		base11.07		Orland
War Veterans-European			1		

Old-fige I clision Coloured	
Disability Grants-Coloured	
War Veterans—European	

#### CASES HANDLED AND ANALYSIS OF CASE PROBLEMS

This Department has, as in previous years, had to deal with a great variety of problems. The rapid expansion of the Industrial Training Centre has entailed a great amount of additional work but has been extremely satisfying as good results could be seen after a comparatively short time.

#### Employment

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(a) In the Open Labour Market: The figure of 207 refers mostly to cases who have, for one or another reason, not been able to find employment for themselves, such as maladjusted persons, persons who have been ill for a long time, etc. A person who has recovered from a long illness cannot always easily find his way back into the open labour market. Such persons are very often given work at CAFDA and after they have regained their confidence, and the social worker has assessed their capabilities, they are placed in the open labour market by us or referred to the Department of Labour. CAFDA cannot act as an employment agency for the fit and able-bodied person, and we cannot, for instance, deal with domestic servants. Able-bodied people know very well that they will not receive assistance from CAFDA, and do not approach us.

(b) Sheltered Employment: This refers mostly to work done in the Industrial Training Centre, i.e., admissions, social supervision of trainees and their families, arrangement for subsidies from the Department of Labour, etc.

#### Medical

A very happy and useful co-operation exists between this Department, the Retreat Students' Clinic and the Prince George Drive Clinic (clinic at the John Power Memorial Camp). Our social workers attend every clinic evening and the close co-operation is of very great benefit to the people in these areas.

#### **Indirect Services**

CAFDA has also assisted by making premises available or in other ways: The Board of Aid, the District Nurse, the Pensions Office and the Animal Welfare Clinic, all at Windermere.

#### HOUSING

In the 1953 Report we stated that the Housing Scheme for 324 houses had been accepted by the Municipality and we hoped that a loan from the Housing Commission would be made to allow the CAFDA Utility Company to start on this scheme. The Commission turned down the scheme on the grounds of expense. The Government's policy with regard to 1% (Sub-Economic) loans was that houses should be of the smallest and most austere type so that the allocated funds, in view of the enormous backlog, should erect the largest possible number of houses. The Company was in great difficulties because its schemes had been delayed or turned down for over two years during which time interest and redemption as well as rates and taxes had to be paid out of its very slender resources of donated capital. At the same time the delay denied to the Company any income from rentals. Eventually a meeting between the Board of the Company and members and officials of the Commission took place at which a compromise solution was found and at the time of writing it is with a sense of relief that one can record the approval of a loan of £73,650 to erect the first 200 houses.

On the other hand the Company's difficulties are by no means over because the loan from the Housing Commission is only paid out in arrears of expenditure and the Company will be hard put to find additional money for much needed working capital. Amenities such as proper bathing facilities, electric lights and internal doors have been eliminated and the Company will have to find ways and means of raising the necessary funds to instal these, which it considers essential.

As will be seen from the statistics 290 applications for housing have been taken of which only 59 have been fully investigated. With the present staff it has been impossible to do more investigations but it is hoped to intensify this work soon so that families may be ready to move in without delay as the houses are completed.

#### DAY NURSERIES

his way back into the open		THERE I			1953	1954
Total possible attendance				uchpe	10171	11031
Actual Attendance			0.11		7924	8825
Percentage of possible attend	ance	es, the		legan d	77.9	80
Average daily attendance	1901.1.10	the Det		besteller	32.9	37.1
Number of days open	befit	3 201 V		inent a	241	238
Age distribution (December):	1-2 1	years			101 3.100	10.00 06
not receive assistance from		years			8 1	
	3-4 3	years	3	1906. BPP1	00 13	10
	4-5	years		Fenolo	9.13	16
lociativiserus Laines emoted	Over	5 years		predenter	10	6
Number of meals served				dil	23772	26475
Costs:					Tebour	
Provisions					£561	£758
Wages					371	364
Salary	CO TOT			w bins	237	320
Other	ind heu	510110	83	Studen	20	33
O. Our social workers stlend				n Pore	101. 001.1	colitics a
					£1189	£1475
					ca <u>l ol</u> goo	(i) (j) (i) (i)
Income:					Services	Indirect
Paid by Parents	a waid	era.ad	hat	daesab	£194	£164
Subsidy, Dept. of Social						331
	attainte					Inerthe
and a stand of a stand of a						The second secon
					£553	£495
he Housing Schemenforting	that th				-	
Cost per attendance						2/31d.
the state of the s						C. CONTRACTOR

#### CLOTHING AND MERCHANDISE

Owing to the ill-health of Mrs. Wollheim, who had supervised the Clothing Department voluntarily since 1949, a part-time member of staff had to be appointed to take charge of both the clothing and the merchandise sales. This Department collects, mends and prepares used clothes donated by the public and distributes them to carefully selected cases where the family income is insufficient to allow for normal buying. The destitute are supplied free and the remainder are charged nominal sums at carefully controlled and fully recorded sales.

The merchandise sales, in previous years, had consisted of the auctioning of surplus household commodities such as kitchen utensils, crockery, cutlery and furniture donated by the public. The Committee decided that better control over the distribution of these materials could be attained if donated merchandise were to be taken together with, and handled in the same manner as the clothing sales. Articles from these departments are handed out free in cases of fire, flood or destitution, but the estimated value of these materials are credited to sales and

à

debited to relief in order to give a more accurate picture of the volume of work done by this Department. In previous years the net merchandise sales could only be found in the Statement of Revenue and Expenditure. The figures for 1953 have been reconstructed and compared with the figures for 1954 so as to give the combined sales:

Sales: Retreat—Clot Windermere- Retreat—Mer	-Clot	hing a dise	and b	lankets				1953 £1772 387 330	1954 £8339 302 1272
Tor aldama gio	# 10 :		nesser	and a state		Hertell	obni .	£2489	£9913
Purchases:	sdj j	a bita					lo no		tion odd
Blankets	2.00	10.01	1870	o hand	hal		siz!!	£280	£244
Mending		resion	d 11. di	oi in	1	<b>b</b> 9800	10	226	219
Merchandise		100.0	CC	50		bin 's	· · · · ·	mau - en	71
Sundries	it	in the			1			92	62
Flood-Specia	al Pu	rchas	es		Care la	5		ger ar	1998
ACTINO SHEVE								A Conten	100

£598 £2594

N.B.—The sales figures for 1954 include £6700, being the estimated value of clothing, blankets, mattresses and household sundries donated (and purchased) during the flood period and handed out from the stores. An appropriate debit against material relief has been made. A large part of this amount represents blankets purchased by the S.A. Red Cross Society from their Flood Funds and handed to Cafda for distribution.

#### SOUP KITCHEN

						1953	1954
Expenditure		01	Ted B		lound	180	224
Receipts		risca e	a	had	J	68	103
Period operated-weeks	12			alundo		14	17
Total issue-gallons		a	1	11.49		3345	13700
Cost of preparation per gallon				d	b	8d.	2d.

NOTE.—These figures include soup distributed during the three weeks of flood relief. Little expenditure was incurred during these weeks owing to the fact that much ready cooked food was brought to CAFDA and included, and that most of the ingredients for soup cooked on the premises were donated. This would account for the low cost per gallon.

#### PROVISION STORE

							1953	1954
Total net purchases							£8618	£9251
							1247	1352
Transport and sundries							226	255
the section only in the section of t							£10091	£10858
Sales							£10276	£10732
	,8	i duster	osteo	Loss Gain	000,8	beauth	£185	£126

#### INDUSTRIAL TRAINING CENTRE

The Executive Committee is pleased to record that during the year under review the proposed partnership between CAFDA and the National Council for the Care of Cripples became a fact. A grant of money from the Council enabled CAFDA to extend its workshop by 2500 sq. ft., to add suitable offices, additional toilet accommodation and to provide for a suitable store.

In addition the McCullough Bequest, administered by the Chairman of the Cape Cripple Care Association, Mrs. Dr. Roux, generously made possible the adequate equipping of the Centre with proper tools, large and small.

A Manager/Placement Officer, Mr. Robert Lewy, was appointed and a joint Management Committee consisting of representatives of CAFDA and the Cape Cripple Care Association was constituted to look after the affairs of the Centre. The day to day management and control are in the hands of CAFDA.

The number of trainees was increased to 45 and contracts were negotiated with industrialists for the performance of work suitable for the rehabilitation of the physically disabled, and at the same time work which industrialists were glad to hand over to others. Modern production methods are followed so that a job is broken down into individual operations using jigs and purpose-built auxiliary equipment wherever possible. In this way skilled work can be done by unskilled persons, since it is repetitive and automatically controlled by the jigs.

Intensive rehabilitative social work has been done by the CAFDA Welfare Department and each trainee receives breakfast, lunch and two supplementary meals, liberally subsidised by the University Rag Fund. Honorary medical work is done by Dr. S. Kantor to whom we are deeply indebted for much time expended on the selection of trainees and the holding of the weekly clinic. Selection of trainees is in conjunction with the Department of Labour which also subsidises most of the trainees according to the Department's formula for aged and infirm relief work.

The period of training varies from six months to two years. depending upon the type of disability and the social conditions of the trainee. The Committee is happy to record that during 1954 18 men were successfully placed in the open labour market and only three discharged as unsuited for further training. The 18 who were placed have been transformed from being a burden upon society in respect of pensions and grants to an asset, because they are now productive working members of society.

The arrangement with the National Council is such that the Council bears losses up to  $\pounds1,000$  per annum in respect of cripples while the rest of the loss must be borne by CAFDA.

The Committee wishes to record with very great appreciation the happy co-operation which exists between the National Council for the Care of Cripples, the Cape Cripple Care Association and CAFDA in the operation of this most worthwhile scheme.

#### Statistics

For Financial Statements see pages 18 to 23.

Average number of trainees: 31.

Average cost per trainee per month: £3 3s. 9d.

Some interesting figures:

We produced:

25,000 Blackboard dusters,

4,500 Vaccine cases,

3,150 Glued table-tops,

6,300 Switch blocks, 375 Newspaper poster boards,

5,000 Cementing-in blocks,

5,000 Sandpaper blocks,

6,200 Drawing boards,

amongst other things.

#### COMMUNITY ACTIVITIES

#### Sports Field

The filling of the remainder of some eight acres of land has been completed and the land is now free from inundation. Grassing and top dressing are in progress at the time of writing. A Board of Control has been constituted and has met on several occasions. A Grounds Committee is being set up to arrange for the allocation of space, etc. Arrangements will also have to be made for fencing and tree planting since the trees referred to in the 1953 Report did not take. Co-operation with the National War Memorial Health Foundation in this project is much appreciated.

#### Leisure Time Work

At Retreat Club activities for young girls, young boys, senior boys and a sewing group were continued throughout the year. In addition a Soccer Football Club and a Boxing Club operate under their own steam. The weekly cinema on Saturday evenings was extended to include a matinee in the afternoon with very good results. A Sunday School and Mission Service were continued and the Rev. Norman conducted a monthly service to the staff and the Training Centre trainees.

At Windermere the following groups operated under the ægis of the CAFDA/Windermere Social Club. These were directed by voluntary workers, which included a number of University students: The Senior Girls' Cultural Club, Boy Scouts, Art Club, Girl Guides, Junior and Senior Boxing, Sewing Group, Junior Arts and Crafts, Ballet and a Junior Painting Class.

In addition CAFDA was helpful to the University students Health and Welfare Centres Organisation in a number of other club activities under the ægis of the Students' Health and Welfare Centres Organisation.

#### CHRISTMAS CELEBRATIONS

The usual parties were held: on the 14th December for 120 children under 6 years of age; on the 15th December for 400 children from 6 to 14 years (approximately 2,000 turned up and all received sweets, ice creams and presents after the party was over); on Friday, 18th December for 200 old people ranging from 65 to 108 years of age.

The assistance of Carols by Candlelight must be recorded with great appreciation for the beautiful presents which were provided. The usual Christmas Party activities were enjoyed by all.

In addition 250 destitute families were provided with Food Parcels of an average value of £3 per parcel, almost all the contents of which were donated by a number of firms in Cape Town.

#### WATER SALES

	site de	1953	1954	
Windermere	 	1,507,030	 1,539,720 gallons	
Vrygrond	 	547,000	 555,000 gallons	

These water sales are from lock-up taps provided by the Cape Town Municipality to counteract the black market in water selling in squatters' camps. Water is sold at ad. for 8 gallons instead of the usual 3d. to 6d. for 4 gallons. The taps are operated by disabled persons paid a wage.

#### PUBLIC RELATIONS

Reference in previous reports was made to a film on CAFDA's work entitled "Cape Town's Conscience." The film has now been copied and a sound track added which does away with the technical difficulties of showing the original. The film has been shown to many thousands of people during the year and has done a great deal to disabuse the public of misconceptions about CAFDA's work and to increase public sympathy and support. The film has more than justified itself in the additional revenue by way of donations which it has brought in.

#### FUND RAISING COMMITTEE

An active committee under the Chairmanship of Bishop Wilfrid Parker has been constituted to find ways and means of bringing in additional revenue to CAFDA. The Committee grew out of an *ad hoc* committee previously constituted year by year to run the Fête. The Committee came to the conclusion that the effort of producing a fête was not commensurate with the financial returns, and embarked upon a policy of organising a large number of smaller functions by way of Street Markets, intensified Christmas Card sales, Concerts, etc. This Committee now controls all aspects of CAFDA's fund-raising efforts, including the Street Collection. CAFDA's grateful thanks go to those public-spirited persons who have served us loyally on this Committee, the results of whose activities are now benefiting the Association's work.

#### VOLUNTARY WORK

Over 100 volunteers assist CAFDA regularly in its work. They work in sewing groups, the clothing distribution, the soup kitchen; they assisted in the floods, run clubs and recreation groups, serve on committees, organise fund-raising efforts and street collections, address envelopes and provide transport. In this way much money which would have had to be paid in wages and costs have been diverted to more useful social and rehabilitative ends. We, and those we serve, are deeply indebted to these public-spirited people.

#### WINDERMERE

During the year the Students' Health and Welfare Centres Organisation (SHAWCO) has blossomed into greater activity. This the CAFDA Executive Committee has welcomed because of the enormous resources of man power and the useful contributions which the University Rag Fund could make. These things could be used to great advantage to the community in Windermere. During the year a special Sub-Committee set up by the Executive has been negotiating with SHAWCO in order to find a suitable formula and machinery for the integration of the work of the two bodies at Windermere and for the avoidance of duplicating and overlapping.

These water sales are from loot-up buy provided by the Cape Town Municipality to counteract the black market in water selling in squatters' camps. Water is sold as all for 5 gallons inslead of the usual

Annual braining 000 at 1954

amongst other things.

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#### PART 4.

#### FINANCE AND GENERAL PURPOSES COMMITTEE REPORT

During the year the Finance Committee was enlarged and given additional functions to become a Finance and General Purposes Committee. It met every month during the year, considered financial statements presented by the bookkeeper from month to month and heard reports of the various activities from the various heads of Departments.

In accordance with the recommendations of the auditors and with modern practice the Balance Sheet and statements of Revenue and Expenditure are given to the nearest pound. This form of statement is easier to read and saves considerable sums in printing costs. The Balance Sheet shows an increase of over £6,000, which is accounted for mainly by the additions to the Industrial Training Centre Building for which a substantial grant was received from the National Council for the Care of Cripples, the purchase of new vehicles and an increase in sundry debtors which is the result of greatly increased turnover in the Industrial Training Centre. In order also to save printing costs it has been decided to dispense with a separate statement of Revenue and Expenditure for the Day Nursery and the Provision Store. These figures are incorporated in the General Accounts.

The operations showed an excess of Income over Expenditure for the twelve months of £2911, which is in welcome contrast to the excess of Expenditure over Income of the previous year of £1660, and of 1952 of £1830. This was due entirely to the tremendously increased donations during the year in flood relief (£12901 as against £6669 in 1953). On the other hand it should be remembered that Cafda was put to very great expense in the purchase of mattresses and household goods which were not provided by the public by way of donation. (Vide figure for Material Relief.) Some of this money was also used to replace the CAFDA van which had reached the end of its economic life. The Committee wishes to draw attention to the fact that Cafda's remaining vehicles are also rapidly nearing the end of their useful life and at least two will have to be replaced in the near future.

It should also be noted that the enormous increase in relief expenditure as well as the figures for the turnover of clothes, blankets and merchandise is due to the fact that the Committee decided to include suitable book entries to represent the donations of the public in kind. Estimated figures for the value of clothing received during the flood period and handed out have been included in Relief figures and the increased merchandise figures reflect the donations of foodstuffs, furniture and household commodities received not only throughout the year, but also during the flood period.

The Finance and General Purposes Committee is faced year after year with inevitable increases in costs reflected in the ever-rising prices of foodstuffs and the necessity for paying staff adequately in competition with the general economic wages now being paid. It is hoped that the general public will realise that an organisation such as Cafda must be kept going whether there is a flood or not and the Committee hopes that the donations received during 1954 will in a large measure be forthcoming again during 1955.

#### G. T. SEARLE,

Finance and General Purposes Committee.

Chairman.

#### THE CAPE FLATS DISTRES

#### BALANCE SHEET

LIABILITIES	nist goin	£9906
SUNDRY CREDITORS	6005	
JOHANNESBURG BUILDING SOCIETY	3901	.087110
(Loan Account secured by First Mortgage Bond	13,039,0377	
over Land and Buildings as per Contra)	9 <u>(1) 10</u>	rititeda
DEVELOPMENT FUND		41
TRUST FUND		1401
PENNY BANK	111	
UNIVERSITY OF CAPE TOWN RAG COMMITTEE	1290	
REVENUE AND EXPENDITURE ACCOUNT	र्राष्ट्रिय ह	13714
BALANCE, 1st JANUARY, 1954	6699	
Add: Grants received from the National Council for Cripple Care for:		
Motor Vehicle Purchase 500		
Industrial Training Centre Building		
Extension 3300 Industrial Training Centre Equip-		
ment 994		
the howed an excess of Income events for the event		
Less: Portion of Building Grant utilised during 1953 315 Equipment written off 886 1201	eiteitie eite site site site site ste	
They have a northerated and house have a state where	3593	
Add: Portion of Grant from University of Cape Town Rag Committee utilised for erection of		
Blouvlei Nursery School Building	511	
Add: Excess of Income over Expenditure for the	inette.	aurib o
twelve months ended 31st December, 1954	2911	
During the very the Students Hencentrul mentalit di	Danah	
and an internal and a second s		
NAME AN ADDRESS AND AND ADDRESS OF ADDRESS OF ADDRESS OF	2006	
the set and have an an in an art of the	1120 ba	
heads at hereine reflect the donations in heads a fine		CHIP100
the state of the second to the		295000
hald is figures reflect the donations of foodstaffs figures held commodifies received not only thromebool the resu- t the flood period spurgersent has guitesenter	er mere l'house durins	£250

We have examined the Books and Accounts and Vouchers of the Association and have obtained all the information and explanations we have required. We have satisfied ourselves of the existence of the securities. Proper Books and Accounts have been kept. In our opinion, the above Balance Sheet is properly drawn up so as to exhibit a true and fair view of the state of the Association's affairs to the best of our knowledge and the explanations given to us and as shown by the Books of the Association as at 31st December, 1954.

### DISTRESS ASSOCIATION

#### 31st DECEMBER, 1954

2 .

ASSETS	and La	BH COLO
On Hand	340	£810
At Bank	385	
On Savings Account	85	1111
Civitation and antique destantion and	de trairi	
SUNDRY DEBTORS		2651
Trade Debtors and Sundries	2582	
Staff Loan Accounts	69	
STOCKS ON HAND—As per Managerial Certificate	119110	121.451
Provisions	855	1451
Industrial Training Centre Stocks	596	
	000	
DEVELOPMENT FUND INVESTMENTS		41
(Including Accrued Interest)	-Antalian	
Savings Bank Accounts		
TRUST INVESTMENTS (Including Interest Accrued)	y Mairie	1401
	A lost	
University of Cape Town — Rag Committee	111	
Savings Bank Accounts	1290	
	117	
FURNITURE AND EQUIPMENT		1
At Cost, less amounts written off	1. 200 7	drich -
MOTOR VEHICLES	starts and	1728
At Cost, less Depreciation		
LAND AND BUILDINGS		16731
On Prince George's Drive, Retreat-At Cost,		
less Depreciation (Mortgaged as per Contra) Buildings at Windermere—At Cost		
Land at Windermere—At Sworn Appraisement	1952	alline.
Valuation	450	
Land at Grassy Park-At Sworn Appraisement	100	
Valuation	1230	
Blouvlei Nursery School Buildings at Retreat		
(Land in course of transfer)	511	
Subsidi room University of Cape	1.2853	
EXPENDITURE IN ADVANCE		248

### GURNEY, NOTCUTT & FISHER, Chartered Accountants (S.A.) Auditors.

£25062

Cape Town, 3rd May, 1955.

### THE CAPE FLATS

GENERAL REVENUE AND EXPENDITURE ACCOUNT FOR

0	ADMINISTRATION EXPENSES		118 1. 24 8	£5656
	Audit Fees		74	
	Bank Charges		8	
	Electricity and Water		339	
	Insurances	10110	78	
	Interest on Overdraft	20	4	
	Maintenance, Caretaking, Repairs to Build	ings	on Ba	
			752	
	Drinting and Stationery	DEBI	165	
	Printing and Stationery	Debte	38	
	Publicity	1010	2 1 3 3 1 3 3 3 5	
	Salaries		3322	
	Kitchen	H"ZO	52	
	Sundry Expenses		244	
	Superannuation Fund Contribution		310	
	Telephones, Telegrams and Postages		221	
	Unemployment Insurance		49	
4	The second s		ACTIVA A	
	INTEREST ON BOND	BUIL	upper)	240
"	NET COST OF NURSERY ACTIVITIES	nati a		99
33	Der Nurserry	SAV V	980	81
	Day Nursery	1311		
	Net Expenses Social Welford	1911		
	Less: Subsidy from Social Welfare	331	Univer	
	Department	331	Savine	
	Lat. Prostory of Bulliting Grant		10	
	Watersprites' Nursery	A ""# 1	16	
		aunt.	At Ela	
	NET RELIEF AND SOCIAL WELFARE EXPEN	SES	AL UQ	1287
10	Club Activities		125	
	Grants in Cash and Goods (Including Trave	lling	0.3 15	
			7571	
	Dent Windowmovo Office	3900	60	
	Salaries (Net)	COLL 8	2814	
	Industrial Training Centre—As per Annexure	A"	1025	
	industrial Training Centre—As per Annexure		122	
	Soup Kitchen		999	
	Transport		The same star of the	
	Christmas Celebrations	at the f	115	
	Sundries		40	
	Blouvlei Nursery School		TADOWN .	
	Blouvlei Nursery School			
	Less: Subsidy from University of Cape			11
244	Less: Subsidy from University of Cape Town—Rag Committee	26		
	Tour Trug Comments			
	FURNITURE AND EQUIPMENT PURCHA	SED		
"	DURING THE YEAR-WRITTEN OFF	-		10
	AMOUNTS WRITTEN OFF			99
,,			173	00
	Buildings	0.0.4.4.0	825	
	Vehicles	11.1" B X	040	
	TAXI BIBAINDONA DATATABA		tenies a	10
	LOSS ON PROVISION STORE TRADING			12
	EXCESS OF INCOME OVER EXPENDITURE	FOR		E scret
,,		CITY	ALL A COMPANY	c
" "	THE TWELVE MONTHS ENDED 31st DECEMI	SER,	1.650 0000	THE STATE
"	THE TWELVE MONTHS ENDED 31st DECEM	3ER, -	MEYNI	291
"	THE TWELVE MONTHS ENDED 31st DECEMI 1954	3ER, -	by the	291

#### DISTRESS ASSOCIATION

#### THE TWELVE MONTHS ENDED 31st DECEMBER, 1954

By		AND FU	NCTION	IS					£15589
	Donations							12904	
	Bequests							629	
	Street Collection							535	
	Ideas and Fun	ctions						1521	
in l	GRANTS	OFTA	PION"	11.15				-1	475
,,	Corporation of	the City	y of Cap		vn		1.21	250	MENTER
	Divisional Cour	ncil of t	he Cape					225	
	NET PROCEEN	DS FRO	M COM	MUNI	TY C	ENTE	RE'S		7662
-12.	Old Clothes, B	lankets.	Merchan	ndise,	etc.			7319	
	Cinema .		1301. YY		A.L. 22	1 .OK	ALL M	296	
	Uniema .						****	200	
	Water Distribu		a	NA P	0.90	9. <u>8</u> .1	ATRA	47	
	Water Distribu ADMINISTRA COMPANY	tion FION F	 EE—THI			UTIL	AI ST		120
"	Water Distribu ADMINISTRA	tion FION F	EE—THI HOUSE	 E CAI	FDA	1 <u></u> P	AI ST		120 43 9

We report that to the best of our knowledge and belief and according to the information supplied to us, the above Account reflects a true statement of the Revenue and Expenditure for the twelve months ended 31st December, 1954.

#### GURNEY, NOTCUTT & FISHER, Auditors.

Cape Town, 3rd May, 1955.

£23898

DASTRESS ASSOCIATION

THE TWEETER MENTERS ENDED THE DECEMPER, DEF

THE CAPE FLATS

### ANNEXURE "A"

### industrial

#### **REVENUE AND EXPENDITURE ACCOUNT FOR THE**

of the City of Cape Town

	4398	1054	DED		HE CA	DA UT	amo ava	
3793	596	1954	BER,	ECEIVI	31st D.	N HANL	STOCKS OI	Less:
	O TIM	AR	0.10				S	WAGE
97	0 1110						MAINTEN	
48							RICITY	
96							EXPENSES	
56			ANCE	ISUR	ION II		MEN'S COI	
55						SES	RY EXPEN	SUNDI
07010								
£7316								
£311		lown	ught d	S bro	T LOS	TION-I	WORK SEC	WOOD
£311 82	7371 7371 00 2015	lown	ught d	S bro	et los N	TION-N 3 SECT	WORK SEC REPAIRING	WOOD SHOE
£311 82	386	lown	ught d	S bro	et los N	TION-N 3 SECT	WORK SEC REPAIRING	WOOD SHOE
£311 82	report	lown  183	ught d	S broi	et los n	TION—1 G SECT ges Subsidy	WORK SEC REPAIRING als and Wa ss: Wages S	WOOD SHOE Materia
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f311 82 9W 9W 10 ti	304	lown  183 121	ught d	S bro	ET LOS	TION—I G SECT: ges Subsidy ubsidy	WORK SEC REPAIRING als and Wages S SS: Wages S SS: Sales Si DUES	WOOD SHOE Materia Les
£311 82 9W 10 O U 10 O	304	lown  183 121 	aght d  anii c aus a aus a asei 	S brot	ET LOS	TION—I G SECT ges Subsidy ubsidy	WORK SEC REPAIRING als and Wages S ss: Wages S ss: Sales Si RIES	WOOD SHOE Materia Les SALAR Paid
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208892

### DISTRESS ASSOCIATION

FORM

### TRAINING CENTRE

### TWELVE MONTHS ENDED 31st DECEMBER, 1954

Dear Zir,		 n		ALES AGES SUB ET LOSS, c	By ,,
I wish to b					
Cape Plats Days	19.55	18400	iation a	nd prolos	
hateroitheemer where					
		Raihe Baihe			
ship and the balan	1.71152	b a s			
Rag Committee 360 280	 own R 	Cape	versity of	TEEDING Solari S	Ву
640 630		, or	Charged	ess: Meals	
NTHS ended 31st ERAL REVENUE	ENER	ied to	1954, carr.	ECEMBER,	"
			DITURE		

TO THE WARDEN.

CAPDA.

£1035

### **MEMBERSHIP FORM**

To the Warden, Cafda, Prince George Drive, Retreat.

Dear Sir,

Stant ex University of Cape Town Bag South and Kapelin (Signed)

BLOCK LETTERS HTMOM SVJEWI SILIS AND SUBJECT STREET, 1984. CHIEF S

Address .....

# CAFDA

(Cape Flats Distress Association)

IS A GENERAL WELFARE AGENCY AND COMMUNITY CENTRE;

OPERATES IN THE RETREAT/GRASSY PARK AND WINDERMERE AREAS;

PAYS SPECIAL ATTENTION TO PROBLEMS OF POVERTY.

#### WE CAN USE YOUR

Discarded clothes, shoes, furniture, crockery, utensils, tools, musical instruments, playing cards, games, toys, beds, prams., cots, mattresses, knitting and darning wool . . . .

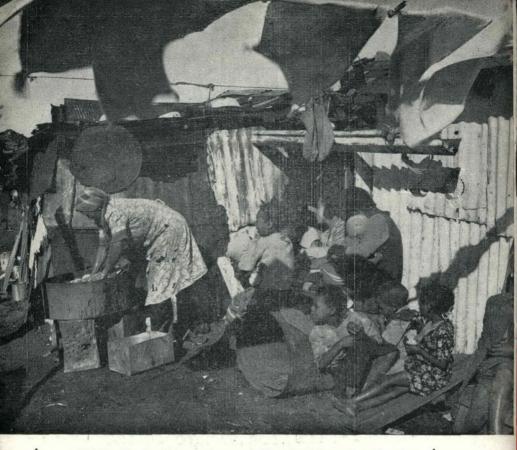
#### IN FACT—ALMOST ANYTHING

### Phone 7-9111 FOR LIST OF DEPOTS OR FOR VAN TO COLLECT

DONATIONS (which should be by crossed cheque, money order, postal order, or in a registered envelope) may be sent to

The Warden, CAFDA, Prince George Drive, Retreat,

When one works among people who live half-lives: in overcrowded homes, where children from early childhood live in a morbid atmosphere of orgies, deathbeds, and child-births, where they become acquainted in a shocking manner with the naked facts about the origin of the human being; in filthy streets, and insanitary conditions all round; in abject poverty, very often technically, if not actually, starving to death; having inadequate educational facilities and having very few opportunities of becoming anything but ordinary labourers; then one realises that the refinements of social work lose quite a bit of their usual fascination—they become as sounding brass, or a tinkling cymbal.—News Letter, Cape Town Social Workers' Association, December, 1948.



Within the last twenty years 150,000 Coloured and over 50,000 African people have come to the Cape Peninsula to provide labour for OUR factories.

They came from plain and simple or even primitive surroundings to this complicated and bustling city life.

Little or nothing has been done to house or help these particular people to make the change in this short time.

Most of them earn only half of what it costs them to live.

THIS REPORT TELLS YOU HOW CAFDA TRIES TO COPE WITH THIS PROBLEM.

"Cape Town's Conscience"

### S IS CAPE FLATS DISTRESS ASSOCIATION

(W.O. 319)

Prince George Drive, Retreat. Phone 7-9111.

#### **Eleventh Annual General Meeting**

The Eleventh Annual Meeting of the above Association will be held in the Library of the City Hall on Wednesday, 22nd June, 1955, at 3.15 p.m.

The President, Adv. D. B. Molteno, will preside.

All subscribers, interested persons and members of the public are cordially invited to be present.

Persons who have contributed more than 2s. 6d. to the funds of the Association since January 1954 are regarded as members with voting powers.

#### O. D. WOLLHEIM, Warden.

#### AGENDA.

- 1. Minutes of the Tenth Annual Meeting, and matters arising therefrom.
- 2. Reports of the Chairman, Bishop Wilfrid Parker, and the Treasurer, Mr. Gordon Searle.

3. Guest speaker, Adv. Hester Steyn, who will move the adoption of the Report.

- 4. Adoption of proposed amended Constitution duly circulated.
- 5. Election of Executive Committee (not fewer than 15 and not more than 20 members) and of Auditors.
- Election of Honorary Life Members: Miss M. A. B. Attlee, Mrs. M. H. 6. Ensor, Mrs. N. B. Spilhaus, Adv. D. B. Molteno, Mr. P. Carelse.
- 7. Any other business.

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Tea will be served at 3.15 p.m.

The minutes will be read at 4 p.m.

MINUTES OF THE TENTH ANNUAL GENERAL MEETING OF THE CAPE FLATS DISTRESS ASSOCIATION, HELD IN THE CATHEDRAL HALL, QUEEN VICTORIA STREET, CAPE TOWN, ON FRIDAY, 25th JUNE, 1954, AT 8.30 P.M.

Present : Mrs. N. C. Spilhaus, in the Chair; Mr. Chataway, High Commissioner for S. Rhodesia;

Rev. Skett, Mrs. Ensor, and some 25 members of the Association and the public. Apologies were received from Her Worship the Mayoress, who had had a slight accident, from Mrs. Newton Thompson, Bishop Parker and Adv. D. B. Molteno, the President.

The Chairman declared the meeting open, and asked those present to read the Minutes of the previous Meeting, which had been handed out.

Minutes of the previous meeting were confirmed and signed.

#### Vice-Chairman's Report :

Mrs. Ensor apologised for the absence of Bishop Parker, who was overseas.

She spoke with appreciation of the co-operation of the National Council for the Care of Cripples and the Cape Cripple Care Association in the extensions to the Cafda Industrial Training Centre, which could now accommodate up to 100 trainees. In her opinion Cafda was in the vanguard of rehabilitative services in the Union. Mrs. Ensor felt that there was a long waiting list for such training and suggested future extensions to include women.

In a detailed review of the work, Mrs. Ensor stressed the volume of social work done by the four staff social workers and the rehabilitative aspects of this work. She mentioned the possibility of using church halls for recreational work and regretted the difficulties of the underprivileged with the closing of shops for long week-ends.

In conclusion, Mrs. Ensor thanked all those who had so willingly given voluntary help to Cafda, and had so added to the efficiency and volume of work which Cafda was able to do.

The Chairman thanked Mrs. Ensor for her talk and for her devotion to the work of Cafda, and called on Mr. Deciman to present the Financial Statements. Financial Statements:

The statements were presented by Mr. Deelman, who drew attention to the unavoidable deficit during 1953 of £1,661. He stated that annual applications were sent to the Government for subsidies on the salaries of social workers, but that no success had been attained in this direction. He drew attention to the fact that Cafda was now a large and complicated organisation and that highly qualified staff was necessary to run such an organisation efficiently. He appealed to the general public to become regular monthly subscribers to Cafda, however small the amount, in order that Cafda might be assured of a stable source of income which would enable it to plan its activities in the most economical manner.

The Chairman thanked the Treasurer for his report and called on Mr. Chataway, High Commissioner for Southern Rhodesia, to move the adoption of the Annual Report. Adoption of Report:

Mr. Chataway expressed his appreciation at being asked to present the Report, and stated that the problems here were similar to those in his own country. The three main problems for the underprivileged were bad housing, poverty and character defects.

He considered the building of character to be most important and that this could not be accomplished without the elimination of bad housing and poverty, both of which he discussed at length.

Cafda was doing work in all of these spheres and probably most of all in that of character building through its Industrial Training Centre. He also mentioned other activities which worked in the same direction.

Most important of all, Cafda dovetailed its work with that of other organisations and thus prevented duplication. He mentioned the enthusiasm with which the Warden, the Vice-President, the voluntary workers and the staff went about their tasks. He moved the adoption of the Annual Report.

#### **Discussion** :

There being no discussion on the Annual Report, the Chairman stated that the report was a good record of steady, consolidating work which would make things easier for the future. She drew attention to the expansion of the Industrial Training Centre and welcomed the co-operation with the Cape Cripple Care Association. She stated that the social welfare work at Cafda was limited only by the funds available. The Day Nursery, too, served a good purpose, and cost the Association something to run. She was impressed by the low costs of running all these services at Cafda. In conclusion she paid tribute to the Warden.

Captain Fairley, Vice-President of the Cape Cripple Care Association, expressed the pleasure of the Cape Cripple Care at the collaboration with Cafda in the Industrial Training Centre and paidtribute to Dr. Roux, who had been of much assistance in negotiations with the National Council for the Care of Cripples.

The financial statements and the Annual Report were approved and adopted.

Mrs. Hyde-Jones expressed the appreciation of the Executive Committee to Mr. Chataway for moving the adoption of the Report and gratification to Mrs. Spilhaus for her work for Cafda and other organisations.

#### Election of President and Vice-President :

Adv. D. B. Molteno and Mrs. Spilhaus were duly proposed and seconded for the office of President and Vice-President respectively. There being no other nominations, they were declared elected.

#### **Election of Executive Committee:**

The Chairman read the names of the Cafda Executive, all of whom were willing to stand for re-election :

Mrs. Rose Brodie	Mrs. B. Wyatt	Rev. C. J. Skett
Adv. P. Charles	Mr. J. A. V. Ruck	Mrs. N. B. Spilhaus
Mr. W. Harnett	Dr. R. S. Cullis	Miss B. Westphal
Adv. D. B. Molteno	Mr. P. Carelse	Dr. R. E. van der Ross
Mr. Gordon Searle	Mrs. M. H. Ensor	Mr. F. P. S. Deelman
Mr. R. F. Spence	Mrs. Hyde-Jones	Dr. Budtz Olsen
Mrs. Dora Tamana	Bishop W. Parker	Dr. Budtz Olsen

She expressed gratitude on the part of the citizens of Cape Town for the work done by the members of this Committee. Mr. Geoff Sargeant moved that the Committee be re-elected en bloc. This was duly seconded and unanimously approved.

#### Votes of Thanks :

Date .....

The Warden thanked Mrs. Spilhaus for presiding over the meeting at such short notice and paid tribute to the Executive Committee who had helped him so much with his work at Cafda. He also thanked the staff for their support.

He invited those present to examine the exhibits by the Industrial Training Centre, and asked the members of the new Executive to meet immediately after the meeting for the appointment of Office-bearers.

Chairman.

The Meeting terminated at 10.15 p.m., after which tea was served.

#### CAFDA (CAPE FLATS DISTRESS ASSOCIATION)

#### DRAFT OF PROPOSED AMENDED CONSTITUTION PRESENTED BY THE EXECUTIVE COMMITTEE AT THE 11TH ANNUAL MEETING

#### NAME AND GENERAL.

1. The name of the Association shall be Cafda (Cape Flats Distress Association).

2. The Association shall be inter-racial, inter-denominational and non-political.

#### **OBJECTS AND POWERS.**

3. The objects of the Association shall be:

(i) To help needy and socially maladjusted families or persons on the Cape Flats to attain a higher standard of living and better integration into the community by such means as the Association may from time to time consider necessary and in particular by the provision of welfare services, material assistance and leisure time activities.

(ii) To focus public attention on and enlighten public opinion about the problems of poverty, bad housing and living conditions, lack of education and social maladjustment existing on the Cape Flats, and to work for the implementation of the recommendations of the Cape Flats Commission of 1942 and such other constructive proposals as the Association may from time to time approve for the provision of housing, education and employment, clinics and health services, roads and bridges, drainage and sanitation, for the people of the Cape Flats.

(iii) To establish community centres either alone or in conjunction with other bodies for the purpose of relief and the provision of community activities, education, day nurseries and creches, health and other services designed to improve the housing and social background of the people of the Cape Flats.

(iv) To establish and run alone or in co-operation with any other persons or bodies industrial training centres and/or sheltered employment centres for the training and rehabilitation of physically or mentally handicapped persons and hostels for persons undergoing training in such centres.

4. For the purpose of achieving its objects, the Association shall have power :--

- (i) To raise funds by public subscription or by any other means the Association may choose to adopt and to negotiate subsidies and grants from the Union Government or any statutory authority.
  - (ii) To collect blankets, clothing, furniture and other donations in kind and to undertake the cleaning, repair and reconditioning of articles collected and their distribution by sale, donation or otherwise to the best advantage among the people of the Cape Flats.
  - (iii) To undertake such activities as in the opinion of the Association will tend to promote the objects of the Association and for this purpose to enlist voluntary workers and to employ and remunerate such staff as may be necessary.
  - (iv) To acquire and maintain such vehicles, machinery, plant, furniture and equipment as may be necessary.
- (v) To purchase, acquire, and take transfer of property both movable and immovable and to invest in building societies and other approved financial institutions, to open and conduct a bank account, or accounts in the name of the Association, to borrow money by overdraft from the bank or by other means and for this purpose to mortgage or pledge the property of the Association.
- (vi) To carry on non-profit stores for the provision of the necessities of life at reasonable prices to needy dwellers on the Cape Flats.
- (vii) To make loans, advances and grants of its funds under such conditions as the Association may approve, such conditions being designed to ensure that assistance is given only to those really in need after due and proper investigation and that assistance will as far as possible achieve the permanent rehabilitation of the persons helped.
- (viii) To run canteens and soup kitchens for the supply of food and non-alcoholic drink.
- (ix) To acquire, lay out and administer playing fields and playgrounds for the use of needy dwellers on the Cape Flats.
- (x) Generally to do whatever is necessary or expedient with a view to attaining, or reasonably incidental to the attainment of the aforegoing objects.

#### MEMBERSHIP AND MEETINGS.

5. Any person or organisation who shall have donated not less than 2/6d, in cash or kind to the Association in any one calendar year shall be a member of the Association for that year.

6. The Executive Committee shall have the right to expel or suspend any member of the Association or of any Committee or sub-committee who, in the opinion of the Committee, has acted contrary to the interests of the Association. The Executive Committee shall not be required to provide reasons for any such action. No member expelled or suspended as aforesaid shall have any claim on the funds of the Association.

7. An annual general meeting of the Association shall be held before the end of June each year for the purpose of :

- (a) Electing the Executive Committee and Auditors for the ensuing year;
- (b) Receiving the Annual Report, Financial Statement and Auditors' Report for the preceding year;
- (c) Discussing the progress of the Association and making recommendations to the Executive Committee;
- (d) Transacting any other business which may be transacted in a general meeting.

8. Special general meetings may be convened at any time by the Chairman in his discretion and shall be convened by him if requested by resolution of the Executive Committee, or on the written requisition of at least 25 members of the Association.

9. The election of office-bearers and auditors and all decisions of the members in general meeting shall be by majority of those present and voting. Organisations who are members of the Association may be represented and vote at meetings by some person duly delegated in writing by the Committee of the organisation concerned.

#### OFFICE-BEARERS AND MANAGEMENT.

- 10. (a) The members of the Association in general meeting may elect a president and not more than two vice-presidents of the Association to hold office for the ensuing year,
  - (b) The members in general meeting may elect as honorary life members of the Association any persons who have rendered outstanding service to the Association.

11. The Association shall be managed by an Executive Committee consisting of not fewer than 15 and not more than 20 members elected by the members of the Association at the Annual General Meeting and co-opted and representative members as hereinafter provided.

12. The Executive Committee shall have power from time to time to co-opt as many members as may be necessary to fill casual vacancies in the Executive Committee, and not more than 5 additional members of the Executive Committee. The Executive Committee may conclude arrangements with organizations such as Students' Clinics with whom the Association may be working in close co-operation whereby such organizations are given the right to elect members (called "representative members") to the Association's Committee. The total number of representative members shall never exceed 5.

13. Any member of the Executive Committee who, unless excused by the Committee, shall not attend three consecutive meetings of the Committee, shall cease to be a member of the Committee.

14. The Executive Committee shall elect a Chairman and a Vice-Chairman. The Executive Committee may elect an Honorary Treasurer or may delegate the general control of and supervision of the financial affairs of the Association to the Chairman of the financial sub-committee of the Executive Committee.

15. All immovable property acquired by the Association shall be vested in Trustees who shall hold such property on behalf of the Association. The Executive Committee shall appoint Trustees who shall hold office until death, resignation or removal by the Executive Committee.

16. Subject to any resolution of members in general meeting all powers of the Association shall be exercised by or under the control and direction of the Executive Committee.

17. Neither members of the Executive Committee nor members of the Association shall incur any personal liability in respect of anything done or debts incurred by the Association.

18. The Executive Committee may from time to time delegate such powers and functions as it may think fit to sub-committees appointed by it, all members of which need not be members of the Executive Committee. All decisions of sub-committees shall be subject to review and rescission by the Executive Committee, but no action already taken in good faith by a sub-committee in furtherance of the objects of the Association and within the general powers delegated to it shall be invalidated by any such decision of the Executive Committee.

19. Five members of the Executive Committee shall constitute a quorum.

20. All decisions of the Executive Committee shall be taken by a majority vote, the Chairman having a casting as well as a deliberative vote.

21. The Executive Committee shall appoint a chief executive officer to be known as the Warden, who shall perform such duties as may from time to time be assigned to him by the Executive Committee, subject to the control and direction of the Executive Committee and sub-committees of the Association.

22. All decisions of the Executive Committee shall be recorded in a Minute Book and the Minutes of each meeting shall be confirmed and certified as correct by the Chairman at the next meeting. Sub-committees shall keep such minutes as the Executive may require.

23. Proper books and accounts shall be kept of all monies received and expended by the Association.

24. The Association shall open a bank account into which all monies received by the Association shall be paid as soon as practicable, subject to such arrangements as the Executive Committee may approve for the retention and control of necessary supplies of petty cash. The Executive Committee may from time to time decide who shall have power to sign cheques drawn on the Association's bank account, provided that not less than two signatories shall be required, at least one being the signature of a member of the Executive Committee.

25. The Executive Committee shall approve a report and financial statement for presentation to the Annual General Meeting which report shall deal with the work of the Association in the calendar year preceding such meeting.

26. The books and accounts of the Association shall be audited by an auditor elected by the members in Annual General Meeting. The auditor shall submit a report to each Annual General Meeting. The Executive Committee may fill casual vacancies in the office of auditor.

#### AMENDMENT OF CONSTITUTION.

27. This Constitution may be amended by resolution of a general meeting of the Association, provided that not less than 14 days' notice of the meeting and of the proposed amendment shall have been given by letter posted to the last known address of all members.

#### DISSOLUTION.

28. The Association may be dissolved by resolution of the members in general meeting, of which notice shall have been given as provided in Paragraph 27 hereof.

29. If upon winding up or dissolution of the Association there remains, after the satisfaction of all its debts and liabilities, any property whatsoever, the same shall not be paid to or distributed among the members of the Association, but shall be given or transferred to some other institution or institutions, having similar objects to the objects of the Association, to be determined by the members of the Association at or before the time of dissolution, and, in default thereof, by such judge of the Supreme Court of South Africa as may have or acquire jurisdiction in the matter.

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